

Cochrane Methods Training Event 2016:
Statistical methods training for
statisticians supporting CRGs
Birmingham, UK, 17-18 March 2016

Estimating and Interpreting Heterogeneity and Summary Effects

Wolfgang Viechtbauer
Maastricht University
<http://www.wvbauer.com>

1

Topics

- outcome measures for meta-analysis
- review of the random-effects model
- estimation of and inference for μ
- estimation of and inference for τ^2
- inference about (the distribution of) θ_i
- measures of heterogeneity (τ^2 , I^2 , and H^2)

3

Outcome Measures for Meta-Analysis

- commonly used outcome measures:
 - raw or standardized mean difference
 - (log) ratio of means ('response ratio')
 - risk difference, (log) risk/odds ratio
 - correlation (raw or Fisher r-to-z transformed)
 - raw mean, (logit) proportion
 - ...

4

Observed vs. True Outcomes

- y_i = observed outcome in the i th study
- θ_i = true outcome in the i th study
- assumption: $E[y_i] = \theta_i$ (i.e., unbiasedness)
- bias adjustments may be necessary:
 - standardized mean difference (Hedges, 1981)
 - log risk/odds ratio (Haldane, Anscombe, Gart, ...)
 - correlation coefficient (Olkin & Pratt, 1958)
 - ...

5

Sampling Variance

- variability in the estimates if one were to repeat the study (repeatedly sample) under identical circumstances (with constant θ_i)
- equations for the sampling variance of the various outcome measures can be derived

6

Assumptions

- normal sampling distribution
 - often only true asymptotically
- known sampling variance
 - often based on an asymptotic approximation
 - often we need to substitute observed values into the equation, so we really only get an estimate
- sampling variance is independent of θ_i

7

Example: Standardized Mean Difference

- standardized mean difference:

$$d = \frac{\bar{x}_1 - \bar{x}_2}{SD_p} \text{ is an estimate of } \theta = \frac{\mu_1 - \mu_2}{\sigma}$$

- bias correction:

$$g = \left[1 - \frac{3}{4(n_1 + n_2) - 9} \right] d$$

- asymptotic sampling variance:

$$v = \frac{1}{n_1} + \frac{1}{n_2} + \frac{\theta^2}{2(n_1 + n_2)}$$

8

Example: Standardized Mean Difference

- standardized mean difference:

$$d = \frac{\bar{x}_1 - \bar{x}_2}{SD_p} \text{ is an estimate of } \theta = \frac{\mu_1 - \mu_2}{\sigma}$$

- bias correction:

$$g = \left[1 - \frac{3}{4(n_1 + n_2) - 9} \right] d$$

- estimated sampling variance:

$$v = \frac{1}{n_1} + \frac{1}{n_2} + \frac{g^2}{2(n_1 + n_2)}$$

9

Example: Log Odds Ratio

- log odds ratio:

$$y = \ln \left[\frac{a/b}{c/d} \right] \text{ is an estimate of } \theta = \ln \left[\frac{\pi_1/(1 - \pi_1)}{\pi_2/(1 - \pi_2)} \right]$$

- bias correction:

$$y = \ln \left[\frac{(a + \frac{1}{2})/(b + \frac{1}{2})}{(c + \frac{1}{2})/(d + \frac{1}{2})} \right]$$

- asymptotic sampling variance:

$$v = \frac{1}{\pi_1 n_1} + \frac{1}{(1 - \pi_1) n_1} + \frac{1}{\pi_2 n_2} + \frac{1}{(1 - \pi_2) n_2}$$

10

Example: Log Odds Ratio

- log odds ratio:

$$y = \ln \left[\frac{a/b}{c/d} \right] \text{ is an estimate of } \theta = \ln \left[\frac{\pi_1/(1 - \pi_1)}{\pi_2/(1 - \pi_2)} \right]$$

- bias correction:

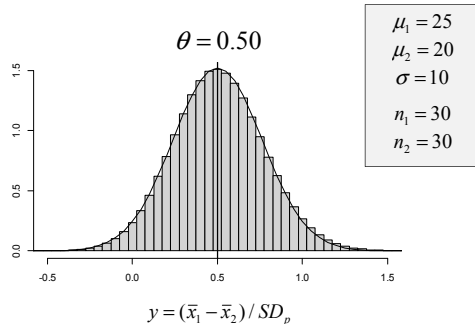
$$y = \ln \left[\frac{(a + \frac{1}{2})/(b + \frac{1}{2})}{(c + \frac{1}{2})/(d + \frac{1}{2})} \right]$$

- estimated sampling variance:

$$v = \frac{1}{a + \frac{1}{2}} + \frac{1}{b + \frac{1}{2}} + \frac{1}{c + \frac{1}{2}} + \frac{1}{d + \frac{1}{2}}$$

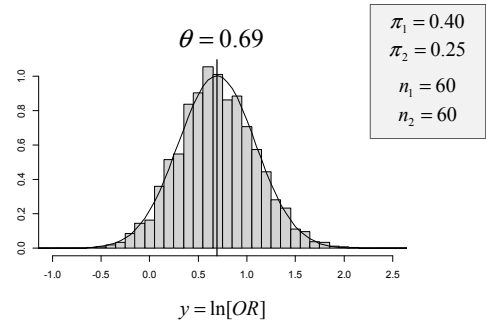
11

Example: Standardized Mean Difference



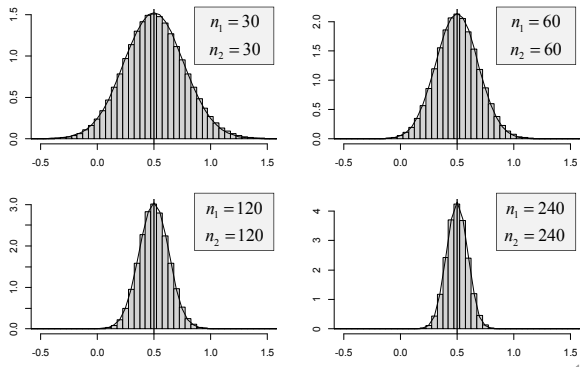
12

Example: Log Odds Ratio



13

Example: Standardized Mean Difference



Meta-Analytic Data

- $i = 1, \dots, k$ studies
- have y_i and corresponding v_i
- in essence, we assume:

$$y_i | \theta_i \sim N(\theta_i, v_i)$$

- and independence of the estimates
- approx. 95% CI for θ_i : $y_i \pm 1.96\sqrt{v_i}$

Example: BCG Vaccine

- BCG: Bacillus Calmette-Guérin (BCG)
- BCG is a vaccine against tuberculosis (TB)
- effectiveness study: compare proportion of TB positive cases in a vaccinated and a non-vaccinated group



Camille Guérin

Albert Calmette

BCG Vaccine

Example: BCG Vaccine

	Tuberculosis		
	Positive	Negative	
Vaccinated	4	119	123
Not Vaccinated	11	128	139

$$p_T = 4/123 = .0325$$

$$p_C = 11/139 = .0791$$

$$RR = \frac{4/123}{11/139} = .41$$

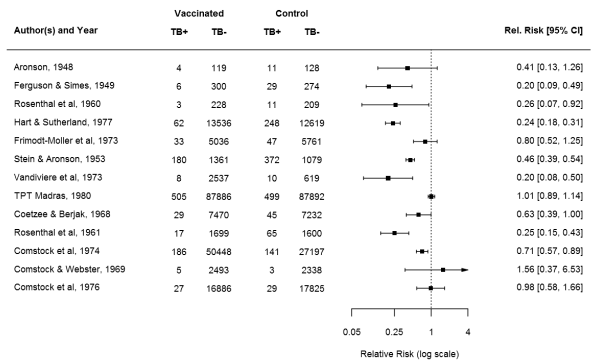
$$y = \ln[RR] = \ln\left[\frac{4/123}{11/139}\right] = -.89$$

$$v = \frac{1}{4} - \frac{1}{123} + \frac{1}{11} - \frac{1}{139} = .326$$

Example: BCG Vaccine

Study	Year	RR	$y = \ln(RR)$	v	Allocation	Latitude
1	1948	0.41	-0.89	.326	random	44
2	1949	0.20	-1.59	.195	random	55
3	1960	0.26	-1.35	.415	random	42
4	1977	0.24	-1.44	.020	random	52
5	1973	0.80	-0.22	.051	alternate	13
6	1953	0.46	-0.79	.007	alternate	44
7	1973	0.20	-1.62	.223	random	19
8	1980	1.01	0.01	.004	random	13
9	1968	0.63	-0.47	.056	random	27
10	1961	0.25	-1.37	.073	systematic	42
11	1974	0.71	-0.34	.012	systematic	18
12	1969	1.56	0.45	.533	systematic	33
13	1976	0.98	-0.02	.071	systematic	33

Example: BCG Vaccine



Testing for Heterogeneity

$$H_0 : \theta_1 = \theta_2 = \dots = \theta_k$$

$$\hat{\theta} = \frac{\sum w_i y_i}{\sum w_i} \quad \text{with} \quad w_i = 1/v_i$$

$$Q = \sum w_i (y_i - \hat{\theta})^2$$

if the effect sizes are really homogeneous,
then Q follows a chi-square distribution with
 $k - 1$ degrees of freedom

20

Example: BCG Vaccine

Q = 152.23

critical value (for $\alpha = .05$ and $df = 12$): 21.03

p-value: <.0001

reject $H_0 : \theta_1 = \theta_2 = \dots = \theta_{13}$

conclusion: the true effects are heterogeneous

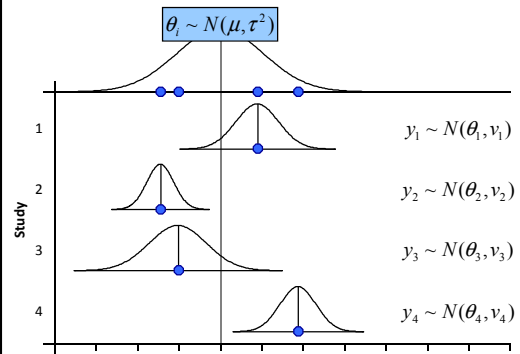
21

Note

- $Q \stackrel{H_0}{\sim} \chi_{k-1}^2$ only when assumptions are fulfilled
- in practice, not true (sometimes barely!)
- so this may be a rough approximation at best
- see also Hoaglin (2016) in Stat Med

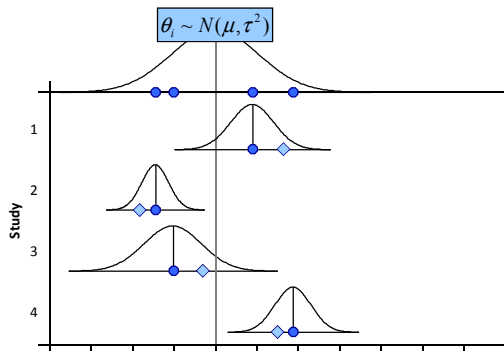
22

Random-Effects Model



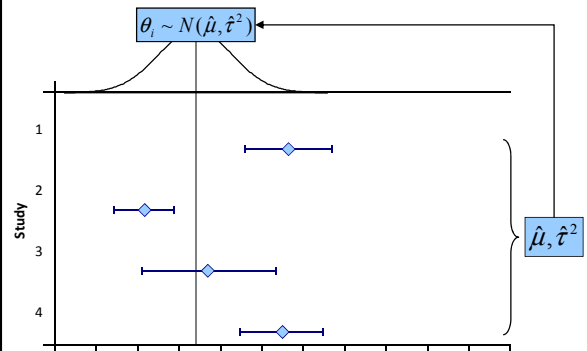
26

Random-Effects Model



27

Random-Effects Model



29

Random-Effects Model

Model $y_i = \overbrace{\mu + u_i}^{\theta_i} + \varepsilon_i$ $\varepsilon_i \sim N(0, v_i)$
 $u_i \sim N(0, \tau^2)$

Parameter Estimate $\hat{\mu} = \frac{\sum w_i y_i}{\sum w_i}$ $w_i = \frac{1}{v_i + \hat{\tau}^2}$

Var and SE of the Estimate $Var[\hat{\mu}] = \frac{1}{\sum w_i}$ $SE[\hat{\theta}] = \sqrt{\frac{1}{\sum w_i}}$

Inference $z = \frac{\hat{\mu}}{SE[\hat{\mu}]}$ $\hat{\mu} \pm 1.96SE[\hat{\mu}]$

30

DerSimonian-Laird Estimator for τ^2

- method of moments estimator

$$\hat{\tau}^2 = \frac{Q - (k - 1)}{\sum w_i - \frac{\sum w_i^2}{\sum w_i}} \quad w_i = \frac{1}{v_i}$$

- if estimate is negative, then set it equal to 0
- semi-parametric in nature

31

Example: BCG Vaccine

$$\hat{\tau}^2 = \frac{Q - (k - 1)}{\sum w_i - \frac{\sum w_i^2}{\sum w_i}} = \frac{152.23 - (13 - 1)}{609.7007 - \frac{94820.58}{609.7007}} = .3088$$

estimated variance in the true log relative risks

32

Example: BCG Vaccine

$\hat{\mu} = -.7141$ $(e^{-.7141} \approx .49)$
 (estimated average log relative risk) (estimated average relative risk)

$SE[\hat{\mu}] = .178742$

$z = -4.00$

95% CI: $(-1.0644, -.3638)$ $(e^{-1.0644} \approx .34, e^{-.3638} \approx .70)$
 (95% CI for the true average log relative risk) (95% CI for the true average relative risk)

33

Note

- exponentiation is a non-linear transformation
- if $E[\theta_i] = \mu$, then $E[g(\theta_i)] \neq g(\mu)$
- $e^{\hat{\mu}}$ estimates the **median** true relative risk
- if you really want to estimate the mean:

$$e^{\hat{\mu} + \hat{\tau}^2/2}$$

- but nobody does that ... ☹

34

Credibility/Prediction Interval

- interval where approximately 95% of the true outcomes are estimated/predicted to fall:

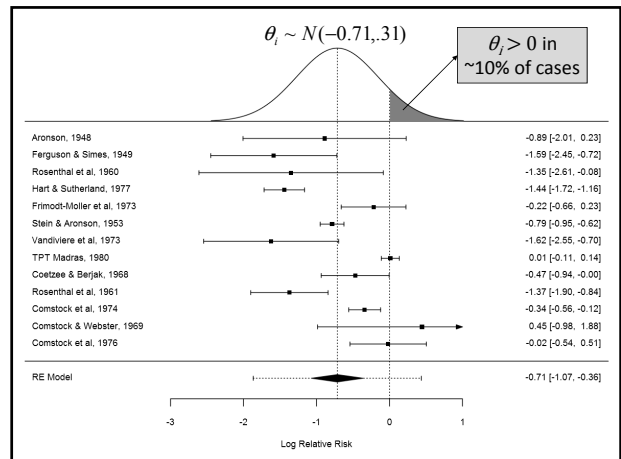
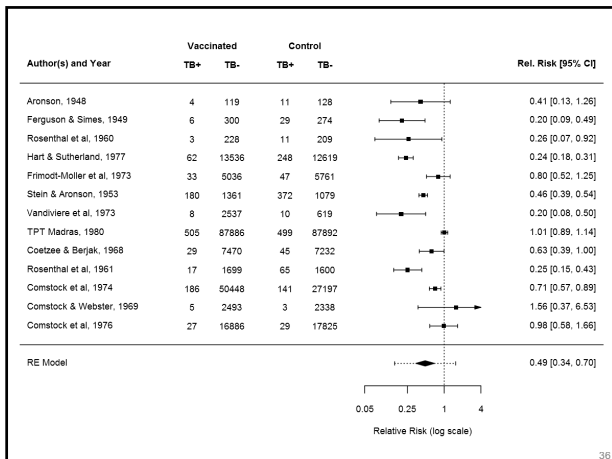
$$\hat{\mu} \pm 1.96\sqrt{\hat{\tau}^2}$$

- example:

$$-0.71 \pm 1.96\sqrt{.31} = -1.80 \text{ to } 0.37$$

back-transformed: 0.16 to 1.45

35



Credibility/Prediction Interval

- interval ignores uncertainty in $\hat{\mu}$ (i.e., $Var[\hat{\mu}]$)
- an improved 95% interval:

$$\hat{\mu} \pm 1.96\sqrt{\hat{\tau}^2 + Var[\hat{\mu}]}$$
- example:

$$-0.71 \pm 1.96\sqrt{.31 + .032} = -1.86 \text{ to } 0.43$$

back-transformed: 0.16 to 1.54

Empirical Bayes Estimates

- also called best linear unbiased predictions (BLUPs) for the true effects
- optimally combines information from y_i and $\hat{\mu}$ to estimate θ_i (minimum MSE)

$$\lambda_i = \frac{\hat{\tau}^2}{\hat{\tau}^2 + v_i}$$

$$\hat{\theta}_i^{EB} = \lambda_i y_i + (1 - \lambda_i) \hat{\mu}$$

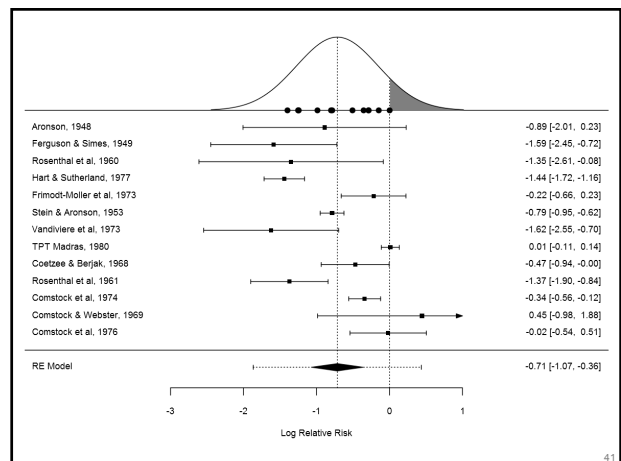
Example: BCG Vaccine

$RR_1 = .41$
 $y_1 = -.89$
 $v_1 = .326$

$\exp[\hat{\mu}] = .49$
 $\hat{\mu} = -.71$
 $\hat{\tau}^2 = .309$

$$\lambda_1 = \frac{\hat{\tau}^2}{\hat{\tau}^2 + v_1} = \frac{.309}{.309 + .326} = .487$$

$$\hat{\theta}_1^{EB} = (.487)(-.89) + (1 - .487)(-.71) = -.80$$

$$\exp[\hat{\theta}_1^{EB}] = \exp[-.80] = .45$$


Meta-Analysis with R (*metafor*)

- install with: `install.packages("metafor")`
- (only need to do this once, or after reinstalling R, or to upgrade to a new package version)
- load package with: `library(metafor)`
- (have to do this each time you (re)start R)
- **put your commands in a script file!!!**
- if you are new to R, consider using RStudio
- comments start with `#` (use them!)

42

Loading External/Internal Datasets

- for an external dataset, change the working directory to where the data file is stored
 - Windows: File → Change Dir
 - MacOS: Misc → Change Working Directory
 - RStudio: Session → Set Working Directory

```
dat <- read.table("data_bcg.txt", header=TRUE)
```

- for an internal dataset:

```
dat <- get(data(dat.bcg))
```

43

```
> ### load BCG vaccine data
> dat <- get(data(dat.bcg))
> dat
```

trial	author	year	treated				ablat	alloc
			tpos	tneg	cpos	cneg		
1	1	Aronson 1948	4	119	11	128	44	random
2	2	Ferguson & Simes 1949	6	300	29	274	55	random
3	3	Rosenthal et al 1960	3	228	11	209	42	random
4	4	Hart & Sutherland 1977	62	13536	248	12619	52	random
5	5	Frimodt-Moller et al 1973	33	5036	47	5761	13	alternate
6	6	Stein & Aronson 1953	180	1361	372	1079	44	alternate
7	7	Vandiviere et al 1973	8	2537	10	619	19	random
8	8	TPT Madras 1980	505	87886	499	87892	13	random
9	9	Coetzee & Berjak 1968	29	7470	45	7232	27	random
10	10	Rosenthal et al 1961	17	1699	65	1600	42	systematic
11	11	Comstock et al 1974	186	50448	141	27197	18	systematic
12	12	Comstock & Webster 1969	5	2493	3	2338	33	systematic
13	13	Comstock et al 1976	27	16886	29	17825	33	systematic

44

Computing Observed Outcomes

- can of course use external software for data management and preparations
- to compute outcomes: `esalc()` command
- basic syntax:

```
dat <- esalc(measure="", ..., data=dat)
```

to specify the outcome measure (RD, RR, OR, MD, SMD, ROM, ...)

to specify the variables needed to compute the observed outcomes

name of data frame containing the variables

45

```
> ### calculate log relative risks and sampling variances
> dat <- esalc(measure="RR", ai=tpos, bi=tneg, ci=cpos, di=cneg, data=dat)
> dat
```

trial	author	year	...	yi	vi
1	1	Aronson 1948	...	-0.8893	0.3256
2	2	Ferguson & Simes 1949	...	-1.5854	0.1946
3	3	Rosenthal et al 1960	...	-1.3481	0.4154
4	4	Hart & Sutherland 1977	...	-1.4416	0.0200
5	5	Frimodt-Moller et al 1973	...	-0.2175	0.0512
6	6	Stein & Aronson 1953	...	-0.7861	0.0069
7	7	Vandiviere et al 1973	...	-1.6209	0.2230
8	8	TPT Madras 1980	...	0.0120	0.0040
9	9	Coetzee & Berjak 1968	...	-0.4694	0.0564
10	10	Rosenthal et al 1961	...	-1.3713	0.0730
11	11	Comstock et al 1974	...	-0.3394	0.0124
12	12	Comstock & Webster 1969	...	0.4459	0.5325
13	13	Comstock et al 1976	...	-0.0173	0.0714

log relative risks and sampling variances

46

Random-Effects Model

- basic syntax:

```
res <- rma(yi, vi, method="DL", data=dat)
```

name of variable for the observed outcomes

name of variable for the corresponding sampling variances

to select the τ^2 estimator (DL, ML, REML, PM, EB, ...)

name of data frame containing the variables

- to print results, type: `res`
- or use: `print(res, digits=2)`

47

Random-Effects Model

- default is `method="REML"`
- use `predict()` to get credibility/prediction interval (and back-transformation if applicable)

```
predict(res, digits=2)
predict(res, transf=<>, digits=2)
```

- for exponentiation: `transf=exp`
- for z-to-r transformation: `transf=transf.ztor`
- to obtain BLUPs: `blup()`

48

```
> ### fit random-effects model
> res <- rma(yi, vi, method="DL", data=dat)
> res
```

Random-Effects Model (k = 13; tau^2 estimator: DL)

```
tau^2 (estimated amount of total heterogeneity): 0.3088
tau (square root of estimated tau^2 value):      0.5557
I^2 (total heterogeneity / total variability):   92.12%
H^2 (total variability / sampling variability):   12.69
```

```
Test for Heterogeneity:
Q(df = 12) = 152.2330, p-val < .0001
```

Model Results:

estimate	se	zval	pval	ci.lb	ci.ub
-0.7141	0.1787	-3.9952	<.0001	-1.0644	-0.3638

```
> ### estimated average relative risk (and 95% CI/CR)
> predict(res, transf=exp, digits=2)
```

```
pred ci.lb ci.ub cr.lb cr.ub  cr.lb/cr.ub = bounds of a 95%
0.49 0.34 0.70 0.16 1.54  credibility/prediction interval
```

49

```
> ### best linear unbiased predictions of true log ORs
> blup(res, digits=2)
```

	pred	se	pi.lb	pi.ub
1	-0.80	0.41	-1.60	0.00
2	-1.25	0.35	-1.94	-0.56
3	-0.99	0.43	-1.84	-0.13
..
13	-0.15	0.24	-0.62	0.33

```
> ### best linear unbiased predictions of true ORs
> blup(res, transf=exp, digits=2)
```

	pred	pi.lb	pi.ub
1	0.45	0.20	1.00
2	0.29	0.14	0.57
3	0.37	0.16	0.87
..
13	0.86	0.54	1.39

50

Exercises

- look at: `exercises.r`
- example 1:
 - effects of diuretics in pregnancy on the risk of any form of pre-eclampsia (Collins et al., 1985)
 - outcome measure: (log) odds ratio
- example 2:
 - effectiveness of self-management education and regular medical review for adults with asthma on the mean number of days off work/school (Gibson et al., 2002)
 - outcome measure: standardized mean difference
- save your syntax! (will come back to examples later)

51

Estimators for τ^2

- DerSimonian-Laird estimator
- Hedges (& Olkin) (Cochran) estimator
- Hunter-Schmidt estimator
- Sidik-Jonkman estimator
- maximum likelihood estimator
- restricted maximum likelihood estimator
- empirical Bayes / Paule-Mandel estimator
- generalized Q-statistic estimator
- ...

53

Generalized Q-statistic Estimator

- define:

$$Q_{gen} = \sum w_i (y_i - \hat{\theta})^2 \text{ with } \hat{\theta} = \sum w_i y_i / \sum w_i$$

for any fixed but arbitrary weights

- MoM: find $E[Q_{gen}]$ and then solve for τ^2
 - DL estimator: $w_i = 1/v_i$
 - HE estimator: $w_i = 1$
 - another interesting option: $w_i = 1/\sqrt{v_i}$

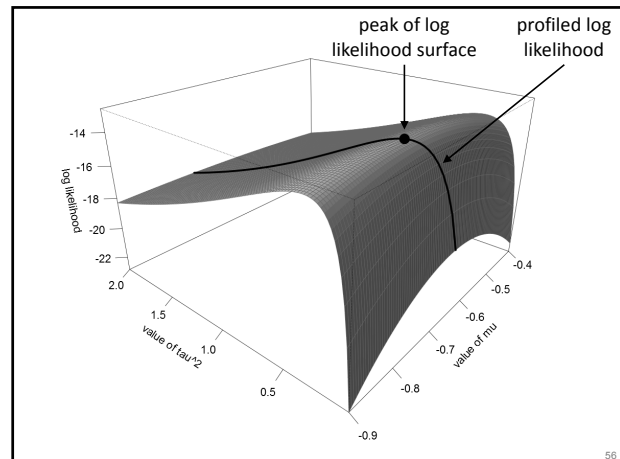
54

ML and REML Estimation

- model implies: $y_i \sim N(\mu, \tau^2 + v_i)$
- can easily write down the log likelihood (ll)
- for given τ^2 , MLE of μ :

$$\hat{\mu} = \sum w_i y_i / \sum w_i \text{ where } w_i = 1/(\tau^2 + v_i)$$
- so profile out μ from ll and optimize over τ^2
- REML takes linear combination of the y_i 's, so that resulting data are independent of μ (and then we again optimize over τ^2)

55



56

Paule-Mandel Estimator

- define:

$$Q_{gen} = \sum w_i (y_i - \hat{\mu})^2 \text{ with } \hat{\mu} = \sum w_i y_i / \sum w_i$$
and use weights $w_i = 1/(\tau^2 + v_i)$
- then $Q_{gen} \sim \chi_{k-1}^2$ (so then: $E[Q_{gen}] = k - 1$)
- so find that value of τ^2 , so that $Q_{gen} = k - 1$
- identical to the empirical Bayes estimator (Morris, 1983; Berkey et al., 1995)

57

Bias and Efficiency

- bias (before truncation of negative values):
 - HS and ML are negatively biased
 - SJ is positively biased (esp. for small τ^2)
 - HE, DL, REML, EB/PM, GENQ are (approx.) unbiased
- efficiency:
 - HS and ML are most efficient (usually)
 - HE is least efficient (usually)
 - DL, SJ, REML, EB/PM somewhere in between
 - for GENQ, depends on the weights used

58

Example: BCG Vaccine

Estimator	$\hat{\tau}^2$	SE	I^2	H^2
DL	0.31	0.230	92.1	12.7
HE	0.33	0.207	92.6	13.4
HS	0.23	0.128	89.6	9.6
SJ	0.35	0.150	92.9	14.1
ML	0.28	0.144	91.4	11.6
REML	0.31	0.166	92.2	12.9
EB/PM	0.32	0.174	92.3	13.0

59

Bias in Estimators

- when model assumptions break down, even unbiased estimators can become biased
- problem stems (in part) from poor estimates of the sampling variances (when sample sizes are small and/or the event is rare)
 - DL and HS based on $w_i = 1/v_i$
 - HE is unweighted
 - SJ based on $w_i = 1/(\hat{\tau}_0^2 + v_i)$
 - ML, REML, EB/PM based on $w_i = 1/(\hat{\tau}^2 + v_i)$

60

Estimators for τ^2 in metafor

- specify via `method=""` (DL, HE, HS, SJ, ML, REML, EB, PM, GENQ)
- for GENQ, must specify weights; for example: `rma(yi, vi, weights=1/vi, method="GENQ")`
- ML, REML, EB, and PM are iterative (see progress with `verbose=TRUE`)
- non-convergence can be solved

61

Confidence Interval for τ^2

- the precision of $\hat{\tau}^2$ depends mostly on k
- k is often small in applications
- so τ^2 is usually estimated imprecisely
- may want to obtain a CI for τ^2

62

Confidence Interval for τ^2

- Wald-type CI: $\hat{\tau}^2 \pm 1.96 \times SE[\hat{\tau}^2]$ (don't!)
- Q-profile
- GENQ method
- profile likelihood
- ...

63

Q-Profile Method

$$Q = \sum \frac{(y_i - \hat{\theta})^2}{v_i} \stackrel{H_0}{\sim} \chi^2_{k-1}$$

$$Q_{(\tau^2)} = \sum \frac{(y_i - \hat{\mu}_{(\tau^2)})^2}{v_i + \tau^2} \sim \chi^2_{k-1}$$

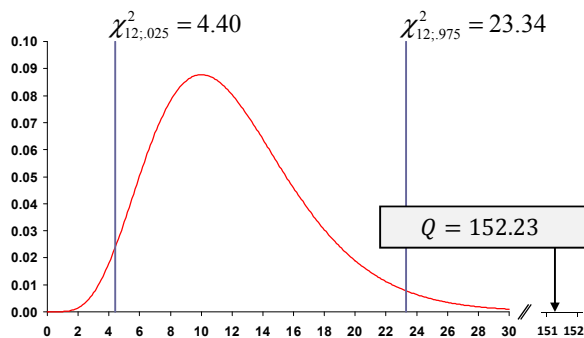
95% Confidence Interval for τ^2

let $\hat{\tau}_{LB}^2 = \tilde{\tau}^2 : Q_{(\tilde{\tau}^2)} = \chi^2_{k-1, 0.975}$

let $\hat{\tau}_{UB}^2 = \tilde{\tau}^2 : Q_{(\tilde{\tau}^2)} = \chi^2_{k-1, 0.025}$

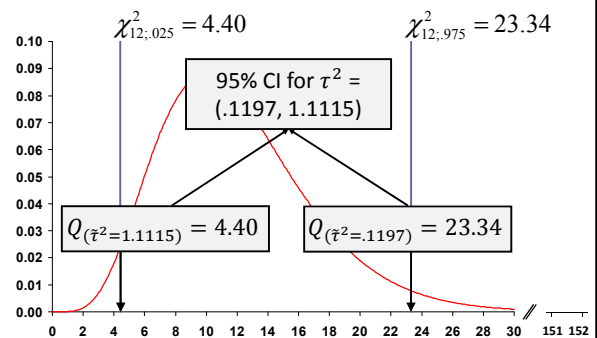
64

Example: BCG Vaccine



65

Example: BCG Vaccine



68

Software

`confint(res)`

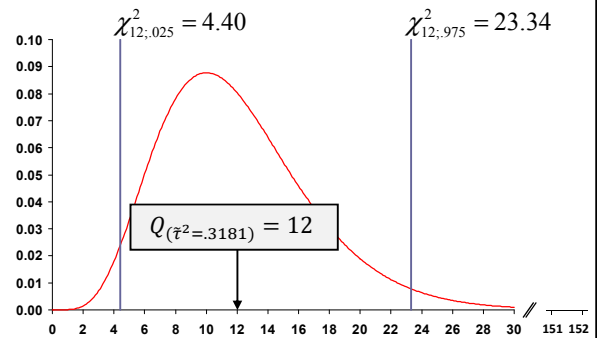
res = an object that is a fitted RE model from the `rma()` function

```
> res <- rma(yi, vi, method="DL", data=dat)
> confint(res)
```

	estimate	ci.lb	ci.ub
tau^2	0.3088	0.1197	1.1115
tau	0.5557	0.3460	1.0543
I^2(%)	92.1173	81.9177	97.6781
H^2	12.6861	5.5303	43.0680

69

Example: BCG Vaccine



70

GENQ Method

- Biggerstaff & Jackson (2008) & Jackson (2013) derived the exact distribution of Q_{gen}

$$Q_{gen} \sim \sum \lambda_i \chi_1^2$$

where λ_i depends on τ^2

- can use this to derive an exact CI for τ^2

71

Software

`confint(res)`

res = an object that is a fitted RE model from the `rma()` function using `method="GENQ"`

```
> res <- rma(yi, vi, weights=1/vi,
             method="GENQ", data=dat)
> confint(res)
```

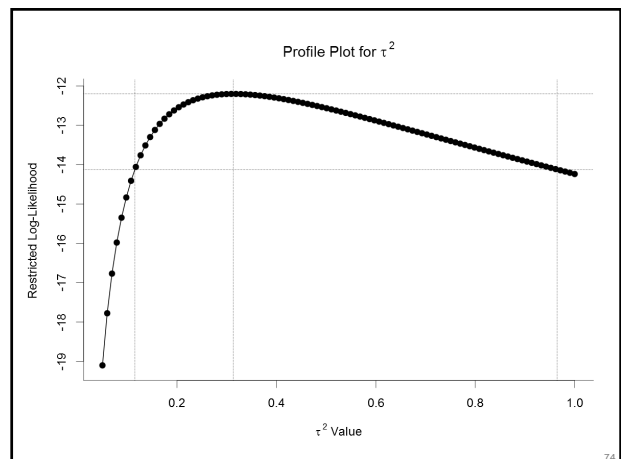
	estimate	ci.lb	ci.ub
tau^2	0.3088	0.1011	1.6361
tau	0.5557	0.3179	1.2791
I^2(%)	92.1173	79.2728	98.4108
H^2	12.6861	4.8246	62.9228

72

Profile Likelihood Method

- $LRT = -2(\ln l_{\tau^2=0} - \ln l_{\tau^2}) \stackrel{H_0}{\sim} \chi_1^2$
- find all τ^2 values that would not be rejected
- can do this with ML and REML

73



74

Software

```
res <- rma.mv(yi, vi, random = ~ 1 | trial, data=dat)
confint(res)
```

```
> res <- rma.mv(yi, vi, random = ~ 1 | trial, data=dat)
> confint(res)
```

	estimate	ci.lb	ci.ub
sigma^2	0.3132	0.1152	0.9647
sigma	0.5597	0.3395	0.9822

75

Note

- method consistency:
 - Q-profile CI can exclude $\hat{\tau}^2$ when not using PM
 - so should use PM together with Q-profile
 - GENQ CI will contain $\hat{\tau}^2$ (GENQ)
 - profile likelihood CI will contain $\hat{\tau}^2$ (ML/REML)
- 95% CI for τ^2 may include 0, but Q-test rejects at $\alpha = .05$ (a 90% CI will be consistent)

76

Quantifying Heterogeneity

- the raw estimate of τ^2 is difficult to interpret (is the value small/large?)
- cannot compare τ^2 estimates across different effect size or outcome measures (e.g., log risk ratios, standardized mean differences, correlations, ...)

77

Quantifying Heterogeneity

I^2 estimates (in %) how much of the total variability in the effect size estimates is due to heterogeneity among the true effects

$$I^2 = 100\% \times \frac{\hat{\tau}^2}{\hat{\tau}^2 + \tilde{\nu}}$$

$$\tilde{\nu} = \frac{(k-1) \sum w_i}{(\sum w_i)^2 - \sum w_i^2} \quad w_i = 1/v_i$$

$$= 100\% \times \frac{Q - (k-1)}{Q} \quad \text{(when estimating } \tau^2 \text{ with the DL estimator)}$$

78

Example: BCG Vaccine

$$k = 13 \quad Q = 152.23 \quad \hat{\tau}^2 = .3088$$

$$I^2 = 100\% \times \frac{.3088}{.3088 + .0264} \left. \vphantom{I^2} \right\} = 92\% \quad \tilde{\nu} = .0264$$

$$= 100\% \times \frac{152.23 - (13-1)}{152.23}$$

79

Quantifying Heterogeneity

H^2 estimates the ratio of the total amount of variability (heterogeneity plus sampling variance) to the amount of sampling variance

$$H^2 = \frac{\hat{\tau}^2 + \tilde{\nu}}{\tilde{\nu}}$$

$$\tilde{\nu} = \frac{(k-1) \sum w_i}{(\sum w_i)^2 - \sum w_i^2} \quad w_i = 1/v_i$$

$$= \frac{Q}{k-1} \quad \text{(when estimating } \tau^2 \text{ with the DL estimator)}$$

80

Example: BCG Vaccine

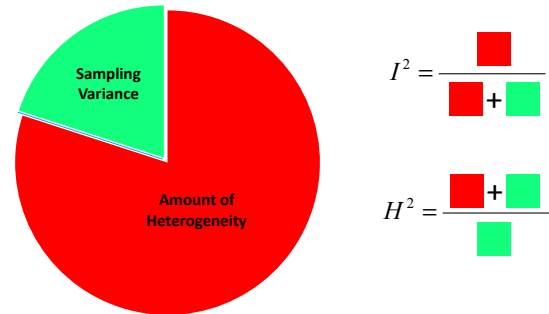
$$k = 13 \quad Q = 152.23 \quad \hat{\tau}^2 = .3088$$

$$H^2 = \frac{.3088 + .0264}{.0264} = 12.69 \quad \tilde{v} = .0264$$

$$= \frac{152.23}{13-1}$$

81

Quantifying Heterogeneity



82

CI for I^2 and H^2

- can plug bounds of CI for τ^2 into equations for I^2 and H^2 to obtain CIs for these measures
- exact for Q-profile and GENQ method
- intervals are often very wide

83

Software

`confint(res)`

res = an object that is a fitted RE model from the `rma()` function

```
> res <- rma(yi, vi, method="DL", data=dat)
> confint(res)
```

	estimate	ci.lb	ci.ub
tau ²	0.3088	0.1197	1.1115
tau	0.5557	0.3460	1.0543
I ² (%)	92.1173	81.9177	97.6781
H ²	12.6861	5.5303	43.0680

84

Refined Tests/CIs for μ

- inference for μ assumes known sampling variances (v_i) and amount of heterogeneity (τ^2)
- → incorrect Type I error rate / CI coverage
- refined methods have been developed that account for the uncertainty in τ^2

85

Knapp and Hartung Method

- estimate μ with weights $w_i = 1/(v_i + \hat{\tau}^2)$
- then compute: $s^2 = \frac{\sum w_i (y_i - \hat{\mu})^2}{k-1}$
- $Var[\hat{\mu}] = \frac{s^2}{\sum w_i}$ and $SE[\hat{\mu}] = \sqrt{Var[\hat{\mu}]}$
- $t = \hat{\mu}/SE[\hat{\mu}]$ and $\hat{\mu} \pm t_{crit}SE[\hat{\mu}]$
- use t-distribution with $k - 1$ df
- use `knha=TRUE` in `rma()`

86

```
> ### fit random-effects model with Knapp & Hartung method
> res <- rma(yi, vi, method="DL", data=dat, knha=TRUE)
> res
```

Random-Effects Model (k = 13; tau^2 estimator: DL)

tau^2 (estimated amount of total heterogeneity): 0.3088
 tau (square root of estimated tau^2 value): 0.5557
 I^2 (total heterogeneity / total variability): 92.12%
 H^2 (total variability / sampling variability): 12.69

Test for Heterogeneity:
 Q(df = 12) = 152.2330, p-val < .0001

Model Results:

estimate	se	tval	pval	ci.lb	ci.ub
-0.7141	0.1807	-3.9520	0.0019	-1.1078	-0.3204

```
> ### estimated average relative risk (and 95% CI/CR)
> predict(res, transf=exp, digits=2)
pred ci.lb ci.ub cr.lb cr.ub
0.49 0.33 0.73 0.14 1.75
```

87

Credibility/Prediction Interval

- 95% interval with K&H method:

$$\hat{\mu} \pm t_{crit} \sqrt{\hat{\tau}^2 + Var[\hat{\mu}]}$$

- use $k - 1$ df for consistency
- Riley, Higgins, & Deeks (2011) use $k - 2$ df

88

Permutation Test

- if $H_0: \mu = 0$ is true, then sign of y_i is arbitrary
- compute $z = \hat{\mu}/SE[\hat{\mu}]$ in the usual manner
- then randomly permute signs of the y_i values, refit model, and compute test statistic
- repeat m times: z_1, z_2, \dots, z_m
- p-value: $2 \times$ proportion of times that z is as extreme or more extreme than z_1, z_2, \dots, z_m
- exact test requires 2^k permutations (note: $p \leq .05$ only possible with $k \geq 6$)
- see Follman & Proschan (1999)

89

```
> res <- rma(yi, vi, method="DL", data=dat)
> permutest(res, exact=TRUE)
```

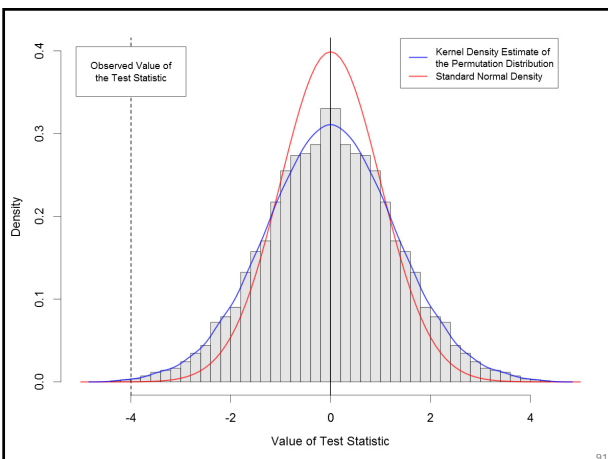
Running 8192 iterations for exact permutation test.

|=====| 100%

Model Results:

estimate	se	zval	pval*	ci.lb	ci.ub
-0.7141	0.1787	-3.9952	0.0017	-1.0644	-0.3638

90



91

Should I Use Them?

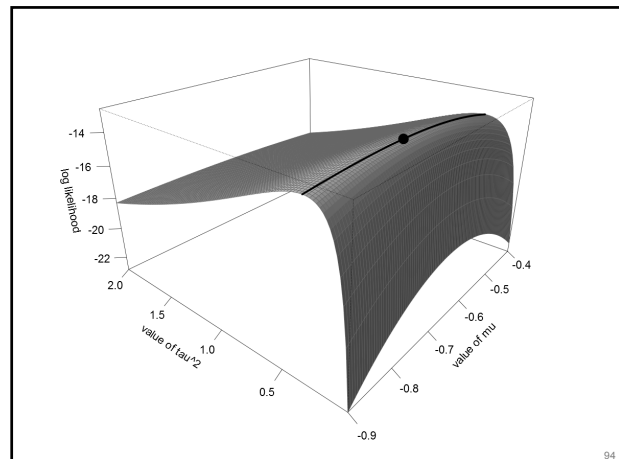
- simple answer: yes
- K&H method should be the default
- with small k , CI can be very wide
- how it should be! (making inferences in the RE model with small k is hard)
- added bonus of K&H method: choice of τ^2 estimator becomes much less important
- permutation test is even better (but not useful for small k & obtaining CI is tricky)

92

Profile Likelihood CI for μ

- can also use profile likelihood method to get CI for μ (Hardy & Thompson, 1996)
- (not implemented in metafor)

93



94

Non-Normal True Effects

- assumed $\theta_i \sim N(\mu, \tau^2)$ throughout
- if not (approximately) true:
 - relatively little effect on inferences for μ
 - more problematic when making inferences for τ^2
 - can totally screw up inferences about the distribution of θ_i (i.e., CR/PI)
- consider models with non-normal θ_i (e.g., Lee & Thompson, 2008; Baker & Jackson, 2008) or mixture distributions (e.g., van Houwelingen et al., 1993, 2002)

95

Literature

- Baker, R., & Jackson, D. (2008). A new approach to outliers in meta-analysis. *Health Care Management Science*, 11(2), 121-131.
- Colditz, G. A., Brewer, T. F., Berkey, C. S., Wilson, M. E., Burdick, E., Fineberg, H. V., & Mosteller, F. (1994). Efficacy of BCG vaccine in the prevention of tuberculosis: Meta-analysis of the published literature. *Journal of the American Medical Association*, 271(9), 698-702.
- Collins, R., Yusuf, S., & Peto, R. (1985). Overview of randomised trials of diuretics in pregnancy. *British Medical Journal*, 290(6461), 17-23.
- Follmann, D. A., & Proschan, M. A. (1999). Valid inference in random effects meta-analysis. *Biometrics*, 55(3), 732-737.
- Gibson, P. G., Powell, H., Wilson, A., Abramson, M. J., Haywood, P., Bauman, A., Hensley, M. J., Walters, E. H., & Roberts, J. J. L. (2002). Self-management education and regular practitioner review for adults with asthma. *Cochrane Database of Systematic Reviews*, Issue 3.
- Hartung, J., & Knapp, G. (2001). On tests of the overall treatment effect in meta-analysis with normally distributed responses. *Statistics in Medicine*, 20(12), 1771-1782.
- Hartung, J., & Knapp, G. (2001). A refined method for the meta-analysis of controlled clinical trials with binary outcome. *Statistics in Medicine*, 20(24), 3875-3889.
- Hedges, L. V. (1981). Distribution theory for Glass's estimator of effect size and related estimators. *Journal of Educational Statistics*, 6(2), 107-128.
- Hardy, R. J., & Thompson, S. G. (1996). A likelihood approach to meta-analysis with random effects. *Statistics in Medicine*, 15(6), 619-629.

98

- Hoaglin, D. C. (2016). Misunderstandings about Q and 'Cochran's Q test' in meta-analysis. *Statistics in Medicine*, 35(4), 485-495
- Higgins, J. P. T., & Thompson, S. G. (2002). Quantifying heterogeneity in a meta-analysis. *Statistics in Medicine*, 21(11), 1539-1558.
- Higgins, J. P. T., Thompson, S. G., Deeks, J. J., & Altman, D. G. (2003). Measuring inconsistency in meta-analyses. *British Medical Journal*, 327(7414), 557-560.
- Lee, K. J., & Thompson, S. G. (2008). Flexible parametric models for random-effects distributions. *Statistics in Medicine*, 27(3), 418-434.
- Olkin, I., & Pratt, J. W. (1958). Unbiased estimation of certain correlation coefficients. *Annals of Mathematical Statistics*, 29(1), 201-211.
- Riley, R. D., Higgins, J. P., & Deeks, J. J. (2011). Interpretation of random effects meta-analyses. *British Medical Journal*, 342, d549.
- Sanchez-Meca, J., & Marin-Martinez, F. (2008). Confidence intervals for the overall effect size in random-effects meta-analysis. *Psychological Methods*, 13(1), 31-48.
- van Houwelingen, H. C., Zwinderman, K. H., & Stijnen, T. (1993). A bivariate approach to meta-analysis. *Statistics in Medicine*, 12(24), 2273-2284.
- van Houwelingen, H. C., Arends, L. R., & Stijnen, T. (2002). Advanced methods in meta-analysis: Multivariate approach and meta-regression. *Statistics in Medicine*, 21(4), 589-624.
- Viechtbauer, W. (2007). Confidence intervals for the amount of heterogeneity in meta-analysis. *Statistics in Medicine*, 26(1), 37-52.
- Viechtbauer, W. (2010). Conducting meta-analyses in R with the metafor package. *Journal of Statistical Software*, 36(3), 1-48.

99