

## Editorial considerations for reviews that compare multiple interventions

Said Business School, Oxford, UK March 22, 2013



#### **Handout E2**

#### The Current Situation with Cochrane Overviews

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## **Objectives for this session**

- Review some history
  - the Comparing Multiple Interventions Methods Group
  - Guidance for Overview authors
- Approaches taken in the first 10 published Cochrane Overviews
  - Search
  - Analysis/Synthesis
  - Indirect comparisons
- Learn from your experiences to date
- Identify your burning questions

## What exactly are Cochrane Overviews?

- Possible answers (all different)
  - 1. What the Handbook suggests they should be
  - 2. What subsequent guidance from the CMIMG suggests they should be
  - 3. What actual Overviews in The Cochrane Library look like
- What should be the new guidance for the next revision of the Handbook?

## 2008 - Chapter 22 of the Handbook

#### Key characteristic of an Overview

- Reviews rather than trials are the focus of analysis & the target of search.
- Authors discouraged from searching for or examining trials
- Primary purpose of Cochrane Overviews
  - To summarize evidence from more than one systematic review of different interventions for the same condition or problem.

## Misconception

Any review that compares interventions must use the Overview format

## Handbook - Some Overviews might not compare different interventions

- Different outcomes of a single intervention
  - E.g. Hormone Replacement Therapy
- Different conditions, problems, or populations
  - E.g. Aspirin to prevent stroke after ...
- Adverse effects of an intervention used for more than one condition.
  - NSAIDs for rheumatoid arthritis or osteoarthritis

These other uses for Overviews are still valid, but today's discussion will focus on comparing interventions

## **Handbook – Indirect comparisons**

- Not dealt with in depth
  - "may include meta-analyses across reviews to provide indirect comparisons of the effects of different interventions on a given outcome"
  - "seek appropriate statistical and methodological support"
- Informal indirect comparisons subtly encouraged
  - "Authors should be cautious when comparing absolute effects across reviews if there are differences in control group risks"

# Pharmacological interventions for alcohol withdrawal

| Outcomes   | Illustrative comparative risks* (95% CI)   |  | Relative effect<br>(95% CI)  | No of Participants<br>(studies) | Quality of the evidence (GRADE)  | Comments |
|--|--|--|--|---------------------------------|--|----------|
|  | Assumed risk Corresponding risk  |  |  |                                 |  |          |
|  | Control  | Treatments versus<br>Placebo           |  |                                 | M &  |          |
| Alcohol withdrawal seizures -<br>Benzodiazepine<br>objective<br>Follow-up: mean 10 days  | Study popula   | Study population                       |  | 324<br>(3 studies)              | moderate <sup>1</sup>  |          |
|  | 80 per 1000  | per 1000 13 per 1000<br>(3 to 55)      |  |                                 |  |          |
|  | Medium risk  | Medium risk population                 |  |                                 |  |          |
|  | 69 per 1000  | 11 per 1000<br>(3 to 48)               |  |                                 |  |          |
| Alcohol withdrawal seizures -<br>Anticonvulsants<br>objective<br>Follow-up: mean 10 days   | Study population   |  | RR 0.52  | 1108                            | 2000   |          |
|  | 101 per 1000   | 53 per 1000<br>(25 to 108)             | (0.25 to 1.07)   | (10 studies)                    | moderate <sup>2</sup>  |          |
|  | Medium risk population   |  |  |                                 |  |          |
|  | 150 per 1000   | 78 per 1000<br>(38 to 161)             |  |                                 |  |          |
| Adverse events - Benzodiazepine  | Study population   |  | RR 3.28  | 71                              | 2002   |          |
| subjective<br>Follow-up: mean 10 days  | 28 per 1000  | 92 per 1000<br>(9 to 967)              | (0.31 to 34.52)  | (2 studies)                     | moderate <sup>3</sup>  |          |
|  | Medium risk population   |  |  |                                 |  |          |
|  | 46 per 1000  | 151 per 1000<br>(14 to 1000)           |  |                                 |  |          |
| Adverse events - Anticonvulsant<br>subjective<br>Follow-up: mean 10 days   | Study population   |  | RR 1.56<br>(0.74 to 3.31)  | 663<br>(7 studies)              | moderate <sup>4</sup>  |          |
|  | 50 per 1000  | 50 per 1000 78 per 1000<br>(37 to 165) |  |                                 |  |          |
|  | Medium risk population   |  |  |                                 |  |          |
|  | 34 per 1000  | 53 per 1000<br>(25 to 113)             |  |                                 |  |          |
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# Handbook – Primary Overview purpose was comparison of multiple interventions

- Attractive because
  - Might provide a way to "lump"
  - Potentially reader friendly
- Some problems flagged for later development
  - Out of date reviews
  - Key interventions with no Cochrane Review
  - Reviews with varying approaches to populations, comparators, or outcomes
  - Trials included in more than one review
  - Multi-arm trials
  - Updating

# 2010 - Comparing Multiple Interventions Methods Group

- Continued development of network meta-analysis methods
  - Formal statistical approaches to comparing interventions
  - Which treatment is most effective, has fewest adverse effects?
  - Reader friendly (if not necessarily author friendly)
- How should NMA be used in Cochrane Reviews?
  - Of all sorts, not just Overviews
- How do Overviews and NMA fit together?
- Willing to assist CRGs with individual Overviews or NMAs

# Overviews and NMA Can this marriage be saved?

- Handbook Chapter 22
  - Overview authors should look at Reviews, not at trials
- NMA Trials are really important
  - Individual trial data used in the analysis
    - use of summary statistics from a meta-analysis may be possible in some instances
  - Conditions and assumptions to be met before including a trial in the analysis
    - Would the trial descriptions in reviews be detailed enough to assess this?

## **CMIMG – 2011 Milan Meeting**

# Evolution of Cochrane Intervention Reviews and Overviews of Reviews to better accommodate comparisons among multiple interventions

- 5 Co-ordinating Editors
- 1 Managing Editor
- 1 Trials Search Coordinator
- 1 Field Convener
- 1 Centre Director
- Authors of Overviews and Intervention Reviews
- The Editor in Chief.

## 2011 Milan meeting – Recommendations Which we have now revised!!!

- Encouraged use of NMA in both Intervention Reviews & Overviews
- A recommendation to include trials in Overviews
- Hybrid approach to search
  - Start with reviews
  - Update if needed
  - Find trials for missing interventions
- Synthesis
  - Might include both trials and reviews
- A sequential process from Overview to Intervention Review

## 2012 - Paris meeting

#### The meeting

- Open meeting 26 people + 6 CMIMG co-convenors
- Lively half-day discussion
- Informed by a discussion among the Co-Eds earlier that week

#### The message

 A clear message that the Milan recommendations were confusing & needed rethinking

#### The follow-up

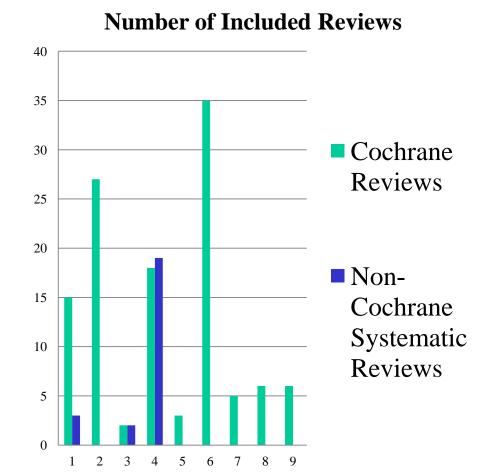
- CMIMG discussion leading to the current paper
- Also being considered by Methods Exec, MARS and Coeds
- New Handbook guidance planned

## 2013 – Oxford Meeting

- Coordinating Editors
  - Recommended a new review type clearly distinguishable from Overviews or Intervention Reviews
    - Not sure what we'll call these
    - "NMA Reviews" for our discussions today
  - OK to have overlap between NMA reviews & Intervention Reviews
- MARS & Methods Exec
- All of you
  - Recommendations and suggestions for the CMIMG as we prepare new handbook guidance

#### **Ten Published Cochrane Overviews**

- Approaches to search
  - Cochrane Reviews only
    - 4 Overviews
  - Cochrane and non-Cochrane reviews
    - 3 Overviews
  - Cochrane Reviews with updating search
    - 1 Overview
  - Trials only
    - 1 Overview



### **Ten Published Cochrane Overviews**

- Approaches to analysis
  - Direct comparisons only
    - 1 Overview

## **Surgical Approaches to Cholecystectomy**

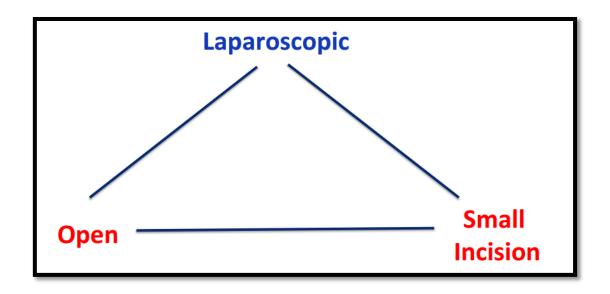


Table 5. Summary of Findings table: OC vs SIC

Table 6. Summary of Findings table: OC vs LC

Table 7. Summary of Findings table: LC vs SIC

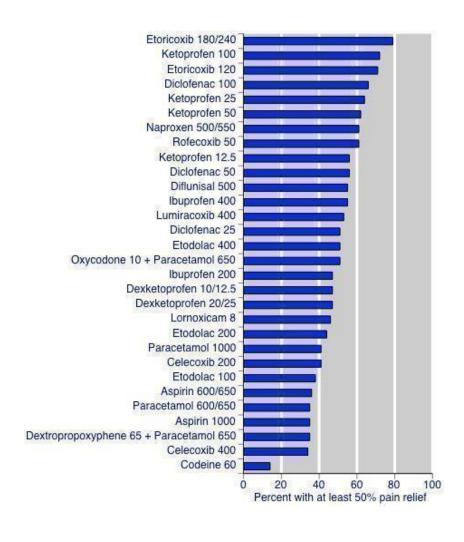
### **Ten Published Cochrane Overviews**

- Approaches to analysis
  - Direct comparisons only
    - 1 Overview
  - Formal statistical indirect comparisons
    - 3 Overviews

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- Approaches to analysis
  - Direct comparisons only
    - 1 Overview
  - Formal statistical indirect comparisons
    - 3 Overviews
  - "Informal" indirect comparisons
    - 2 Overviews

# Single dose oral analgesics for acute postoperative pain in adults



#### **Ten Published Cochrane Overviews**

- Approaches to analysis
  - Direct comparisons only
    - 1 Overview
  - Formal statistical indirect comparisons
    - 3 Overviews
  - "Informal" indirect comparisons
    - 2 Overviews
  - Evidence map
    - 4 Overviews

#### Effectiveness of financial incentives

- Outcomes of interest
  - Healthcare professional behavior
  - Patient outcomes
- Reviews included
  - 2 Cochrane reviews
  - 2 non-Cochrane reviews

## A Priori Classification of Types of Incentives

- Payment for working for a specified time period (e.g. salary, sessional payment)
- Payment for each service/episode/visit (fee-for-service)
- Payment for providing care for a patient or specific population (e.g.capitation)
- Payment for providing a pre-specified level or change in activity or quality of care (e.g. includes target payments, bonuses)
- Mixed and other (comprising more than one of the above groups or not classifiable)

#### **Outcomes From The 4 Reviews**

- Consultation/Visit rates
- Processes of care
- Referrals/Admissions
- Compliance with guidelines
- Prescribing costs

### Data on Incentive-Outcome Pairs Review G

| Outcome   | Consultation or<br>Visit rates | Processes of care | Referrals or<br>Admissions | Compliance with guidelines | Prescribing costs |
|---|--------------------------------|-------------------|----------------------------|----------------------------|-------------------|
| Intervention  |                                |                   |                            |                            |                   |
| Payment for working for a specified time period   |                                |                   |                            |                            |                   |
| Payment for each service/episode/visit  |                                |                   |                            |                            |                   |
| Payment for providing care for a patient or a specific population                               |                                |                   |                            |                            |                   |
| Payment for providing a pre-<br>specified level or providing a<br>change in activity or quality |                                |                   |                            |                            |                   |
| Mixed or other systems  |                                |                   |                            |                            |                   |

### **Data on Incentive-Outcome Pairs Review A**

| Outcome   | Consultation or<br>Visit rates | Processes of care | Referrals or<br>Admissions | Compliance with guidelines | Prescribing costs |
|---|--------------------------------|-------------------|----------------------------|----------------------------|-------------------|
| Intervention  |                                |                   |                            |                            |                   |
| Payment for working for a specified time period   |                                |                   |                            |                            |                   |
| Payment for each service/episode/visit  |                                |                   |                            |                            |                   |
| Payment for providing care for a patient or a specific population                               |                                |                   |                            |                            |                   |
| Payment for providing a pre-<br>specified level or providing a<br>change in activity or quality |                                |                   |                            |                            |                   |
| Mixed or other systems  |                                |                   |                            |                            |                   |

## Data on Incentive-Outcome Pairs Study Level Analysis

| Outcome   | Consultation or<br>Visit rates | Processes of care | Referrals or<br>Admissions | Compliance with guidelines | Prescribing costs | Overall effect within intervention |
|---|--------------------------------|-------------------|----------------------------|----------------------------|-------------------|------------------------------------|
| Intervention  |                                |                   |                            |                            |                   |                                    |
| Payment for working for a specified time period                   |                                |                   |                            |                            |                   |                                    |
| Payment for each service/episode/visit                            |                                |                   |                            |                            |                   |                                    |
| Payment for providing care for a patient or a specific population |                                |                   |                            |                            |                   |                                    |
| Payment for providing a prespecified level or providing a         |                                |                   |                            |                            |                   |                                    |
| change in activity or quality Mixed or other systems              |                                |                   |                            |                            |                   |                                    |
| Overall effect within outcomes                                    |                                |                   |                            |                            |                   |                                    |

## Pain management for women in labour

- Table 13. (1.) Results by individual review hypnosis
- Table 14. (2.) Results by individual review biofeedback
- Table 15. (3.) Results by individual review sterile water
- Table 16. (4.) Results by individual review immersion in water
- Table 17. (5.) Results by individual review aromatherapy
- Table 18. (6.) Results by individual review relaxation techniques
- Table 19. (7.) Results by individual review acupuncture
- Table 20. (8.) Results by individual review massage, reflexology and other manual methods
- Table 21. (9.) Results by individual review TENS
- Table 22. (1.) Results by individual review inhaled analgesia
- Table 23. (2.) Results by individual review parenteral opioids versus placebo/IM opioids versus different IM opioids
- Table 24. (2.) Results by individual review parenteral opioids IV opioids versus different IV opioids/parenteral opioids versus different intervention

#### Recommendations

- For discussion this afternoon
- From the background paper
  - Overviews should return to being reviews of reviews (and rarely include indirect comparisons)
  - Indirect Comparisons require examination of individual trials
- From the Coordinating Editors
  - NMA should be done in a new Review type

#### Your turn!

- Other issues in the authoring & editorial process
  - for Overviews
  - For Reviews that compare multiple interventions



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