

Comparing multiple treatments 2: statistical methods for network meta-analysis

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**We have no actual or potential
conflict of interest in relation to
this presentation**

12 new generation antidepressants

sertraline

milnacipran

reboxetine

paroxetine

mirtazapine

duloxetine



fluvoxamine

escitalopram

citalopram

bupropion

venlafaxine

fluoxetine

12 new generation antidepressants

A plethora **meta-analyses** has been published in the last years

“Although **Mirtazapine** is likely to have a faster onset of action than **Sertraline and Paroxetine** no significant differences were observed...”

“...statistically significant differences in terms of efficacy between **Fluoxetine and Venlafaxine**, but the clinical meaning of these differences is uncertain...”

“...**meta-analysis** highlighted a trend in favour of **Sertraline** over other **Fluoxetine**”

“**Venlafaxine** tends to have a favorable trend in response rates compared with **duloxetine**”

Fluoxetine: 28€

Venlafaxine:111€

Sertaline: 76 €

12 new generation antidepressants

sertraline

milnacipran

reboxetine

paroxetine

mirtazapine

duloxetine



fluvoxamine

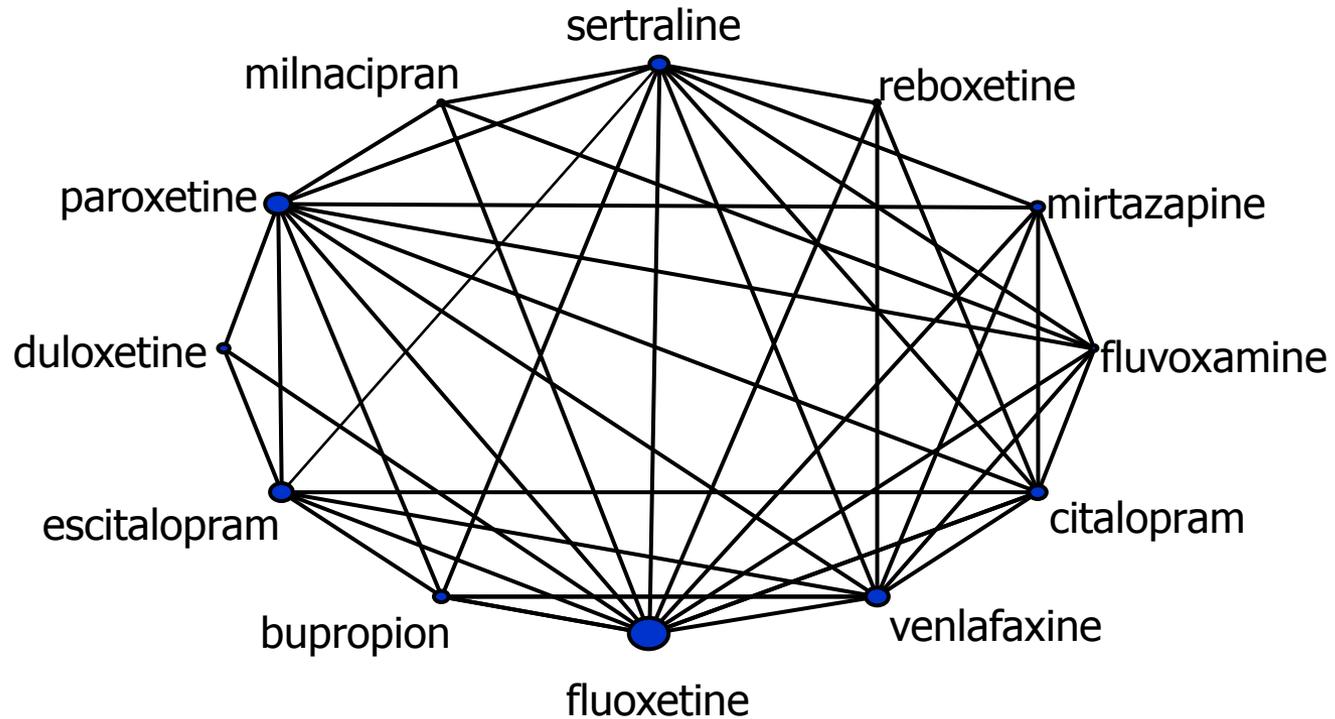
escitalopram

citalopram

bupropion

venlafaxine

fluoxetine



Comparative efficacy and acceptability of 12 new-generation antidepressants: a multiple-treatments meta-analysis

Andrea Cipriani, Toshiaki A Furukawa, Georgia Salanti, John R Geddes, Julian P T Higgins, Rachel Churchill, Norio Watanabe, Atsuo Nakagawa, Ichiro M Otori, Hugh McGuire, Michele Tansella, Corrado Barbui

Summary

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6736(09)60046-5

See [Comment](#) page 700

Department of Medicine and Public Health, Section of Psychiatry and Clinical

Background Conventional meta-analyses have shown inconsistent results for efficacy of second-generation antidepressants. We therefore did a multiple-treatments meta-analysis, which accounts for both direct and indirect comparisons, to assess the effects of 12 new-generation antidepressants on major depression.

Methods We systematically reviewed 117 randomised controlled trials (25 928 participants) from 1991 up to Nov 30, 2007, which compared any of the following antidepressants at therapeutic dose range for the acute treatment of unipolar major depression in adults: bupropion, citalopram, duloxetine, escitalopram, fluoxetine, fluvoxamine, milnacipran, mirtazapine, paroxetine, reboxetine, sertraline, and venlafaxine. The main outcomes were the proportion

12 new generation antidepressants

paroxetine — reboxetine

duloxetine — mirtazapine

escitalopram — fluvoxamine

milnacipran — citalopram

sertraline — venlafaxine

bupropion — fluoxetine

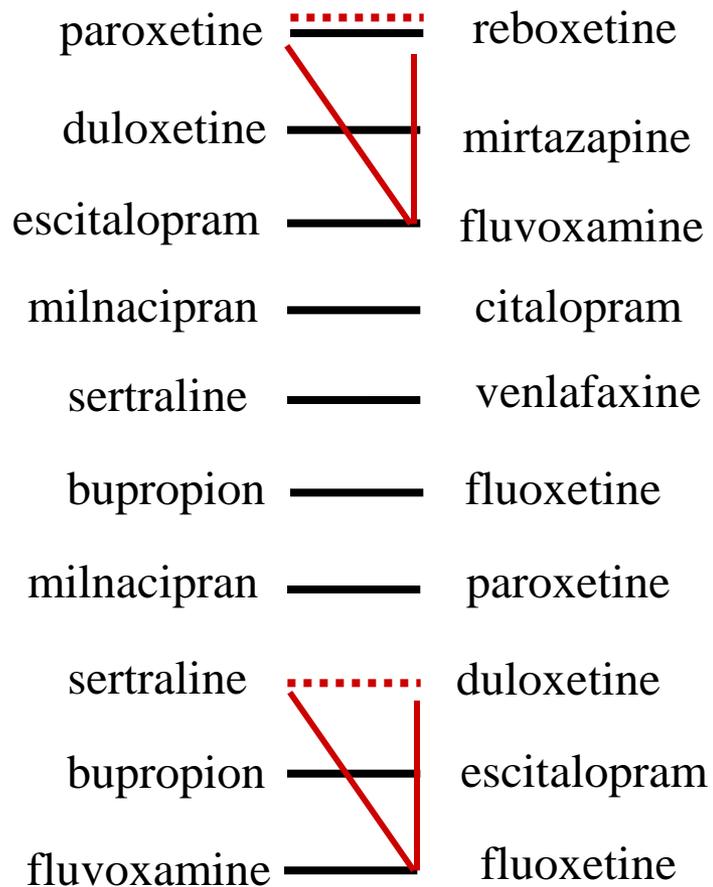
milnacipran — paroxetine

sertraline ? duloxetine

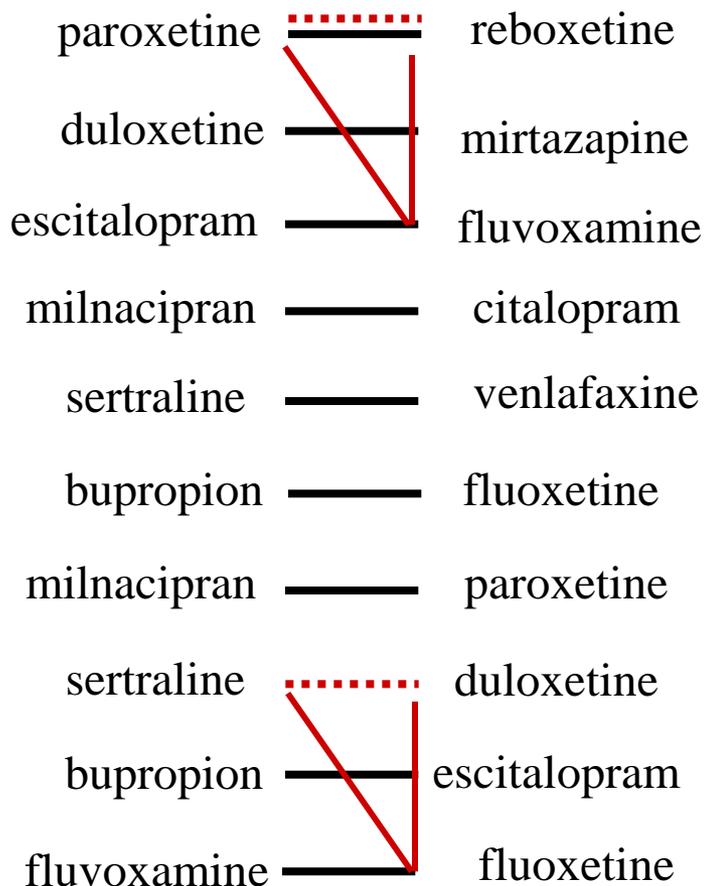
bupropion — escitalopram

fluvoxamine — fluoxetine

12 new generation antidepressants



12 new generation antidepressants



paroxetine	0%
sertraline	7%
citalopram	0%
escitalopram	26%
fluoxetine	0%
fluvoxamine	0%
milnacipran	1%
venlafaxine	11%
reboxetine	0%
bupropion	0%
mirtazapine	54%
duloxetine	0%

Probability of being the best

4 Fluoride modalities for preventing dental caries: series of pairwise meta-analyses

Treatment comparison		Studies
Placebo	Toothpaste	69
	Gel	13
	Rinse	31
	Varnish	3
Toothpaste	Rinse	6
Toothpaste	Varnish	1
Gel	Rinse	1
Gel	Varnish	?

Multiple treatments and series of meta-analyses

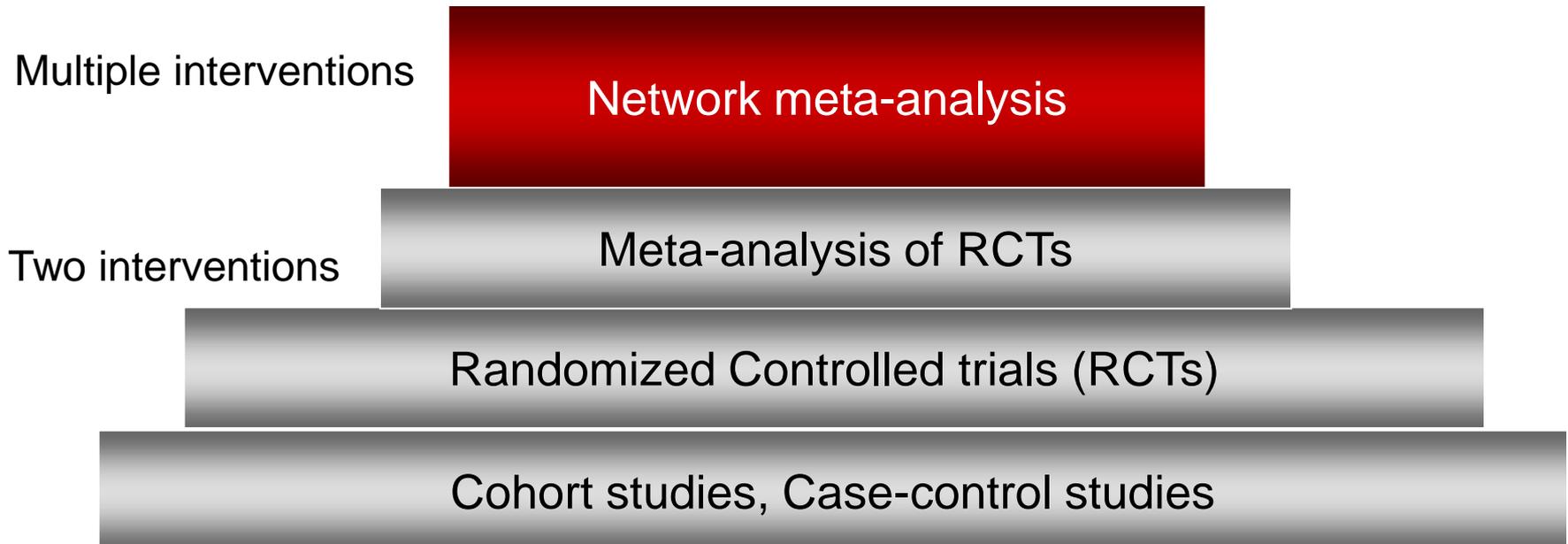
With pairwise meta-analyses we cannot answer the following questions:

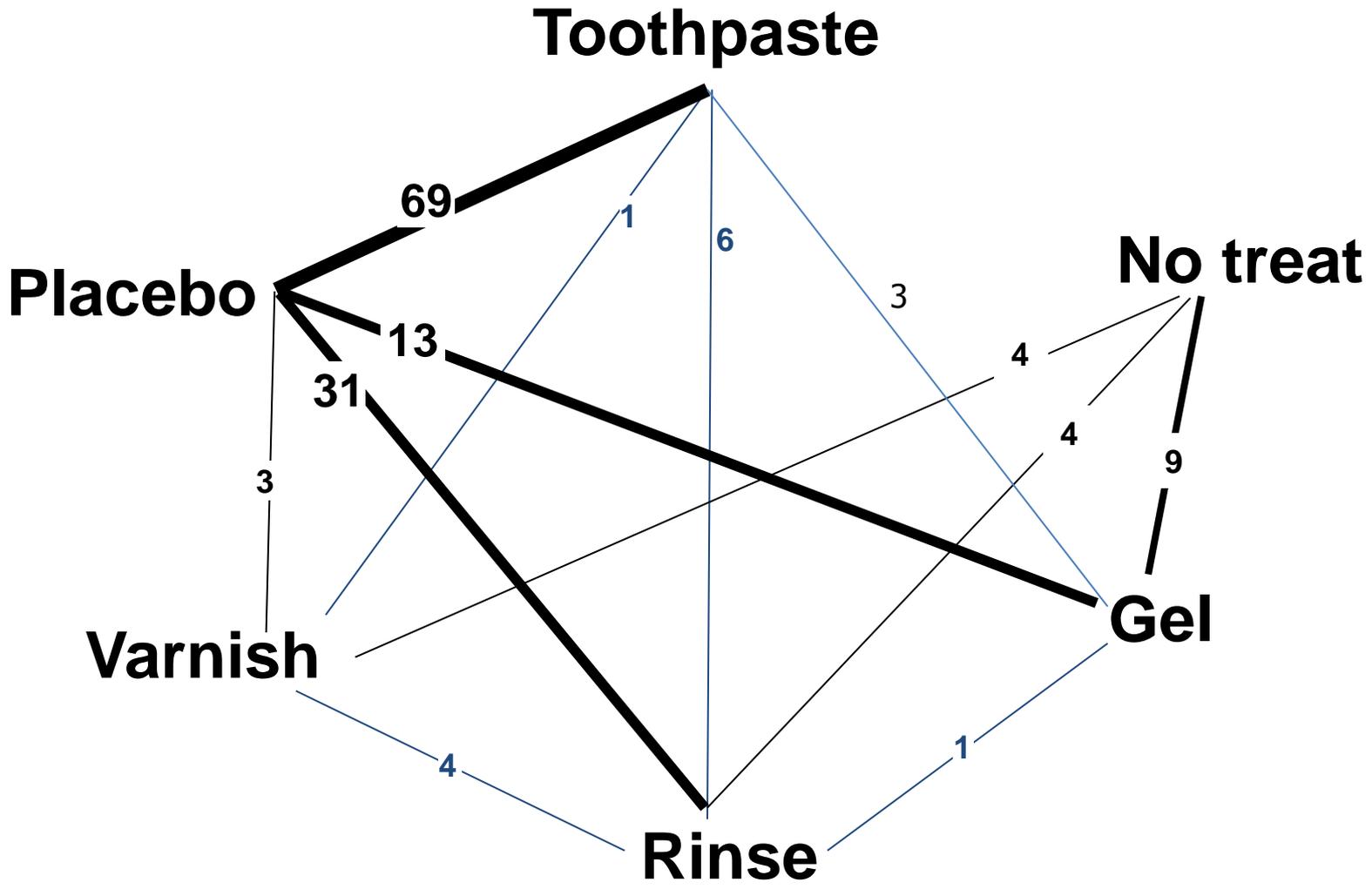
- Which fluoride modality is the best?
- What is the ranking of fluoride treatments according to effectiveness?
- Which is better: Gel or Varnish (0 studies)

A new methodological framework

Other names:

Multiple treatments meta-analysis,
Mixed treatment comparisons

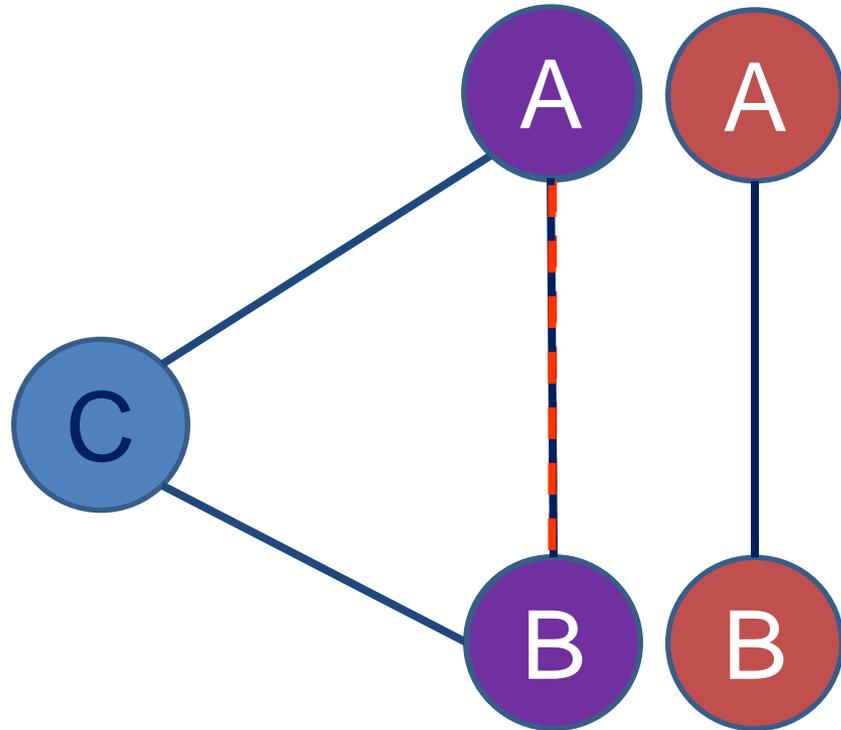




Aims of the workshop

- To explain **indirect** and **mixed** comparison of interventions
 - Assumptions
 - Statistical methods
- To understand the statistical models for **network meta-analysis**
- To discuss presentation of results from network meta-analysis
- To understand inconsistency models

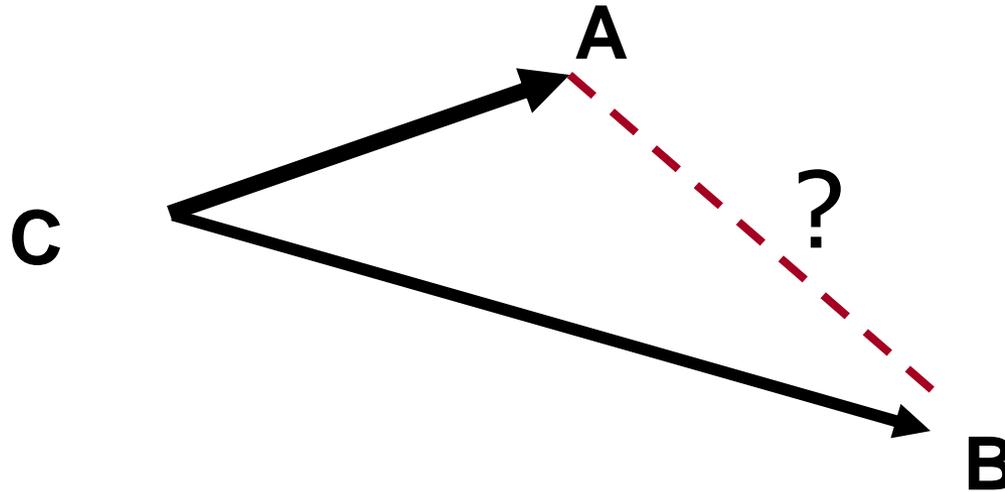
Indirect and mixed effects



Indirect effect
Direct effect
Mixed effect

Indirect comparison

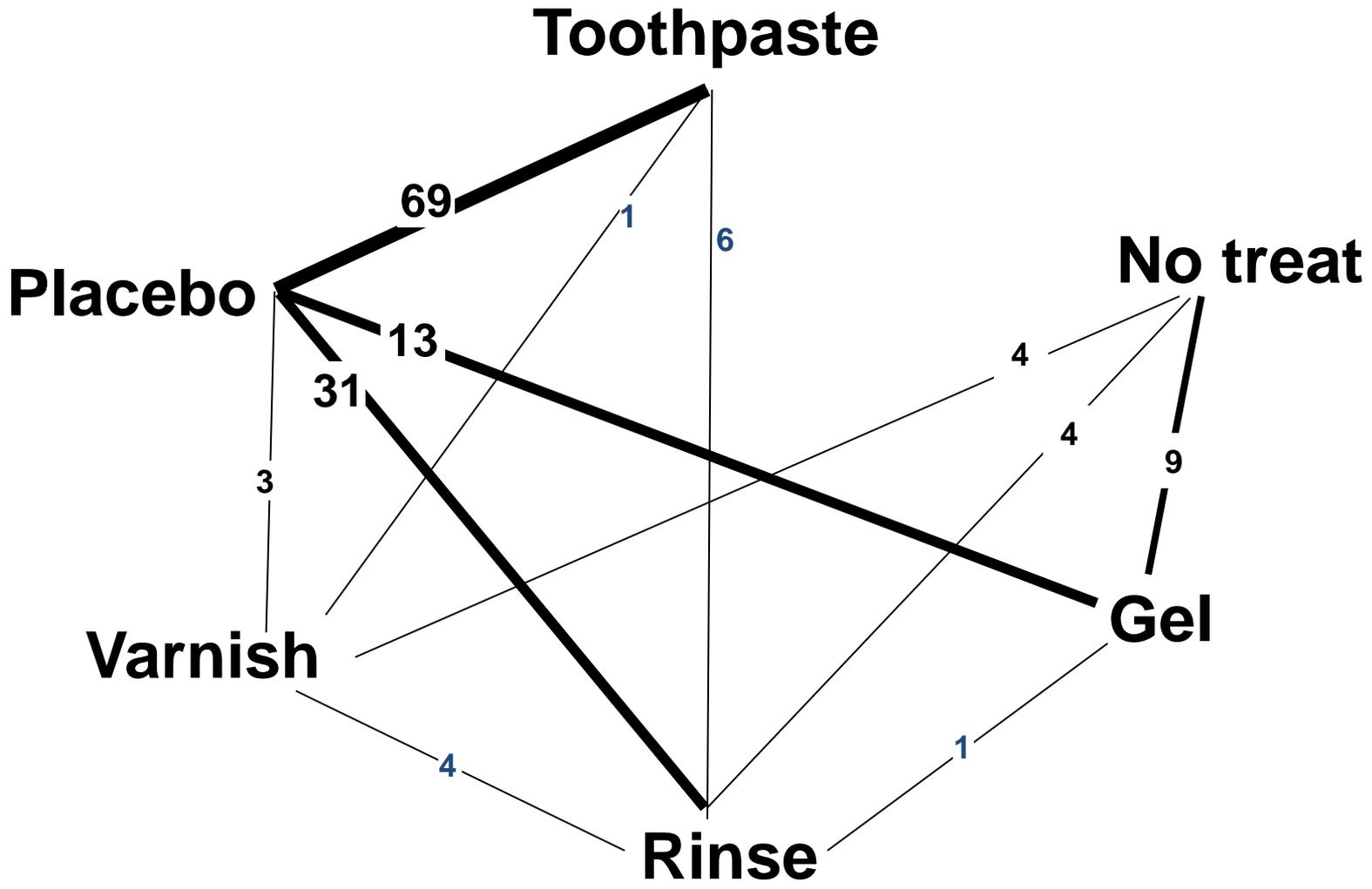
- We can obtain an *indirect estimate* for A vs B from RCTs comparing A vs C and B vs C:



$$SMD_{AB} = SMD_{AC} + SMD_{CB}$$

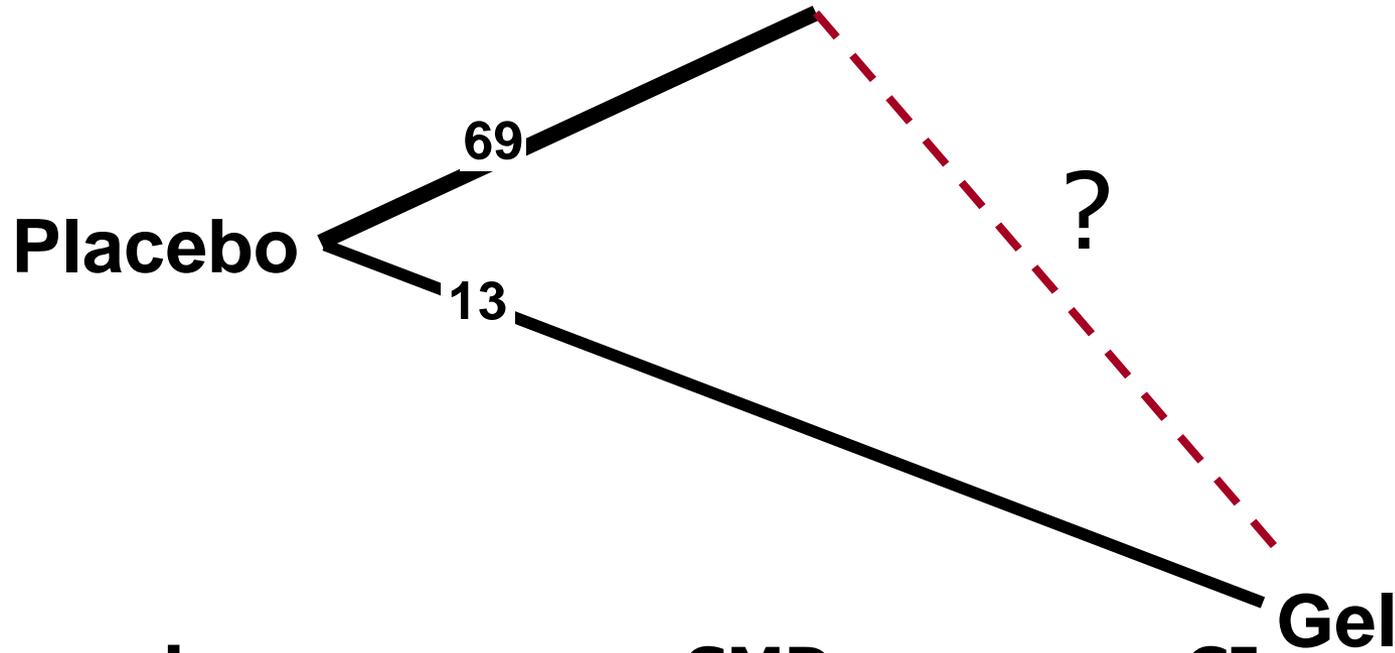
$$SMD_{AB} = SMD_{AC} - SMD_{BC}$$

$$Var(SMD_{AB}) = Var(SMD_{AC}) + Var(SMD_{BC})$$



Example

Toothpaste



Comparison

Placebo vs Toothpaste

Placebo vs Gel

SMD

-0.34

-0.19

CI

(-0.41, -0.28)

(-0.30, -0.10)

How to compare Gel to Toothpaste?

Exercise

$$\text{Indirect } SMD_{GvsT} = SMD_{PvsT} - SMD_{PvsG}$$

$$\text{Indirect } SMD_{GvsT} = -0.34 - (-0.19) = -0.15$$

$$\text{Variance Indirect } SMD_{GvsT} = \text{Variance } SMD_{PvsT} + \text{Variance } SMD_{PvsG}$$

$$\text{Variance } SMD_{PvsT} = ((\text{high CI} - \text{low CI})/3.92)^2$$

$$\text{Variance } SMD_{PvsT} = ((-0.28 - (-0.41))/3.92)^2 = 0.0011$$

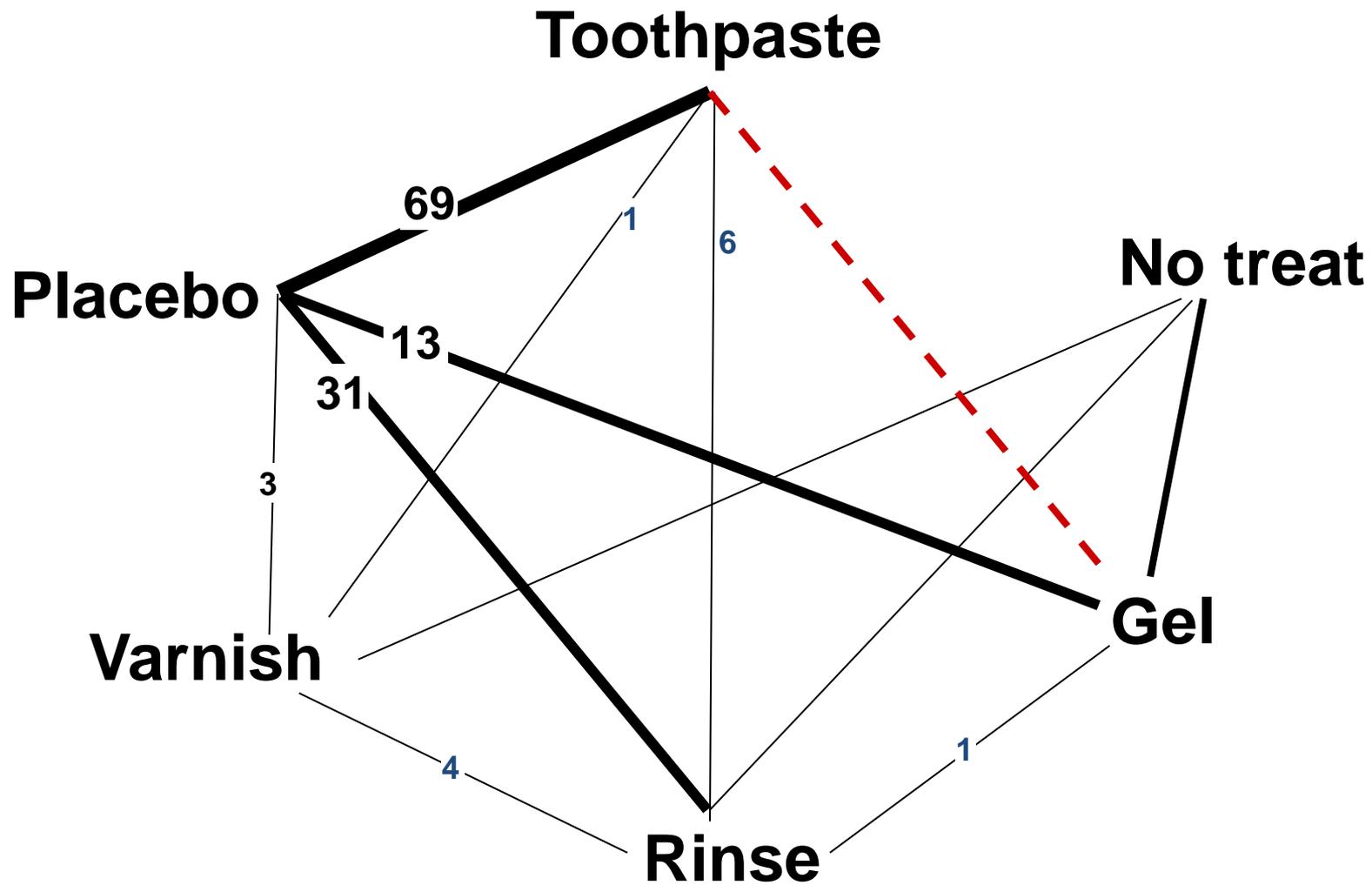
$$\text{Variance } SMD_{GvsT} = ((-0.10 - (-0.30))/3.92)^2 = 0.0026$$

$$\text{Variance Indirect } SMD_{GvsT} = 0.0011 + 0.0026 = 0.0037$$

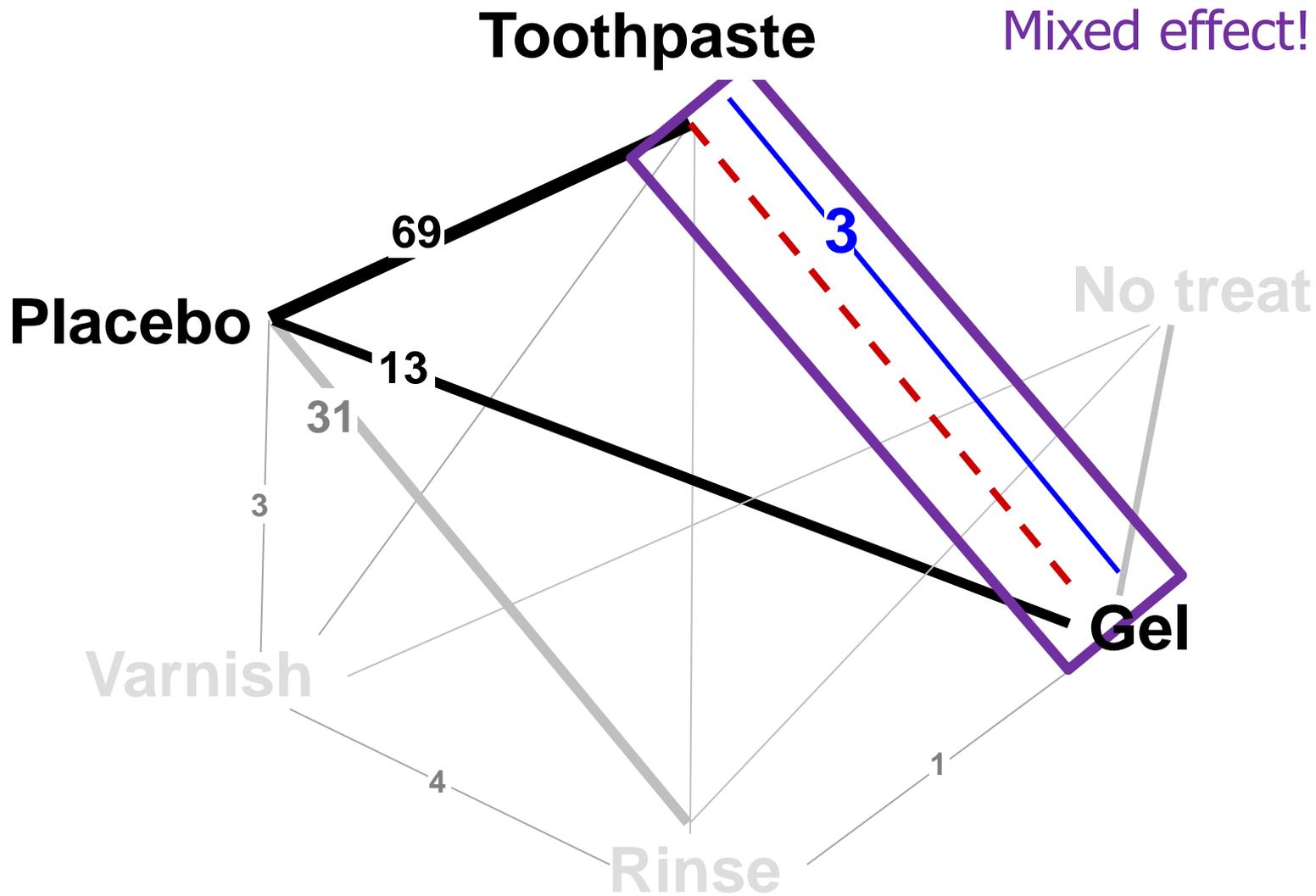
$$\text{SE Indirect } SMD_{GvsT} = \text{sqrt}(0.0037) = 0.061$$

$$\text{95\% CI for Indirect } SMD_{GvsT} = (-0.15 - 1.96 \times 0.061, -0.15 + 1.96 \times 0.061)$$

$$\text{95\% CI for Indirect } SMD_{GvsT} = (-0.27, -0.03)$$



Indirect SMD Gel vs Toothpaste: -0.15 (0.0037)



Indirect SMD Gel vs Toothpaste: -0.15 (0.0037)

Mixed comparison

- Summarize **direct** and **indirect** effect size into a single **mixed** effect

$$\text{Mixed SMD} = \frac{\frac{\text{SMD}_{\text{Direct}}}{\text{var}(\text{SMD}_{\text{Direct}})} + \frac{\text{SMD}_{\text{Indirect}}}{\text{var}(\text{SMD}_{\text{Indirect}})}}{\frac{1}{\text{var}(\text{SMD}_{\text{Direct}})} + \frac{1}{\text{var}(\text{SMD}_{\text{Indirect}})}}$$

$$\text{var}(\text{Mixed SMD}) = \frac{1}{\frac{1}{\text{var}(\text{SMD}_{\text{Direct}})} + \frac{1}{\text{var}(\text{SMD}_{\text{Indirect}})}}$$

Mixed comparison

Indirect $SMD_{GvsT} = -0.15$

$Var(\text{Indirect } SMD_{GvsT}) = 0.004$

Direct $SMD_{GvsT} = 0.04$

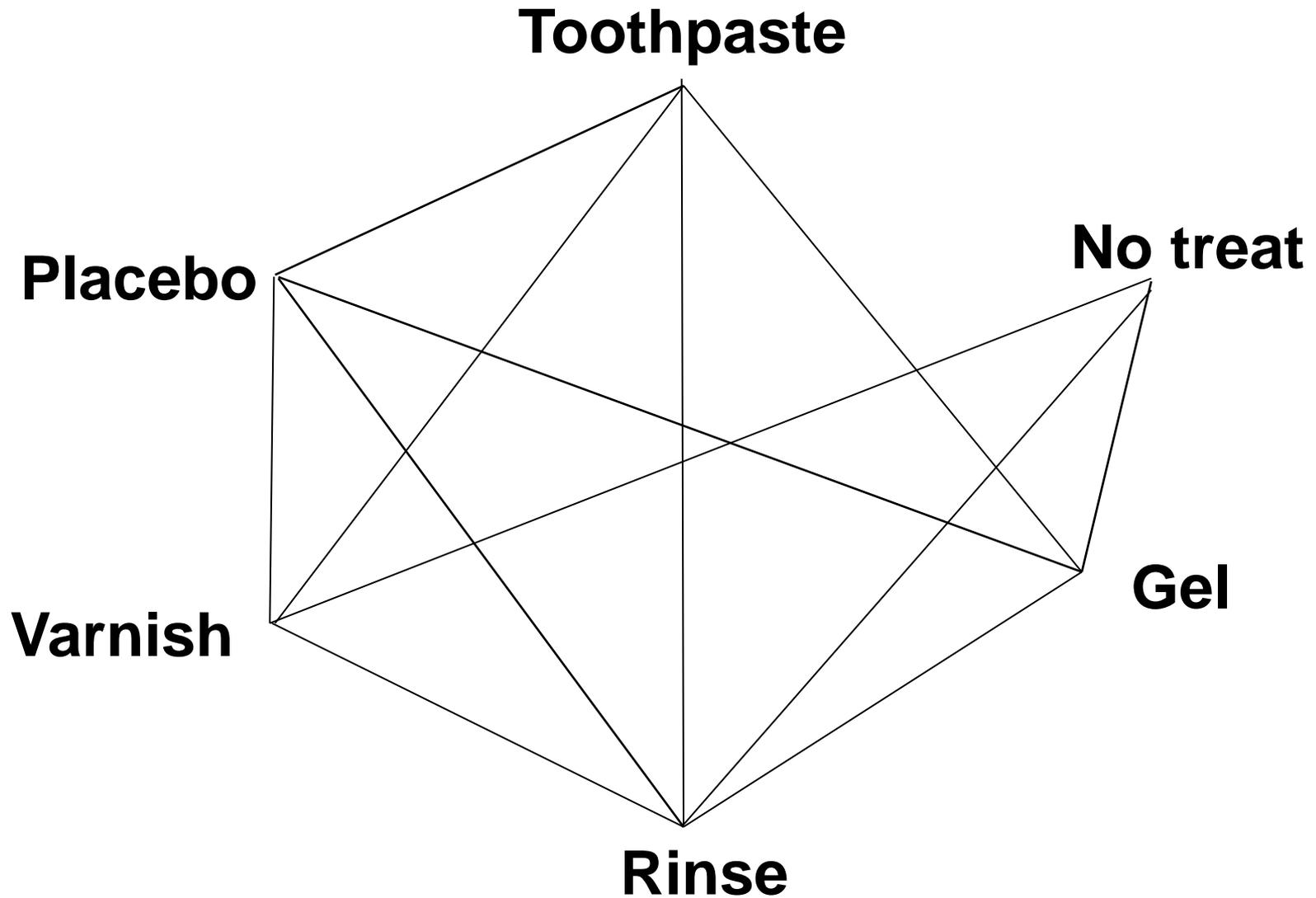
$Var(\text{Direct } SMD_{GvsT}) = 0.011$

Mixed $SMD_{GvsT} = -0.10$

$Var(\text{Direct } SMD_{GvsT}) = 0.003$

We gain precision!

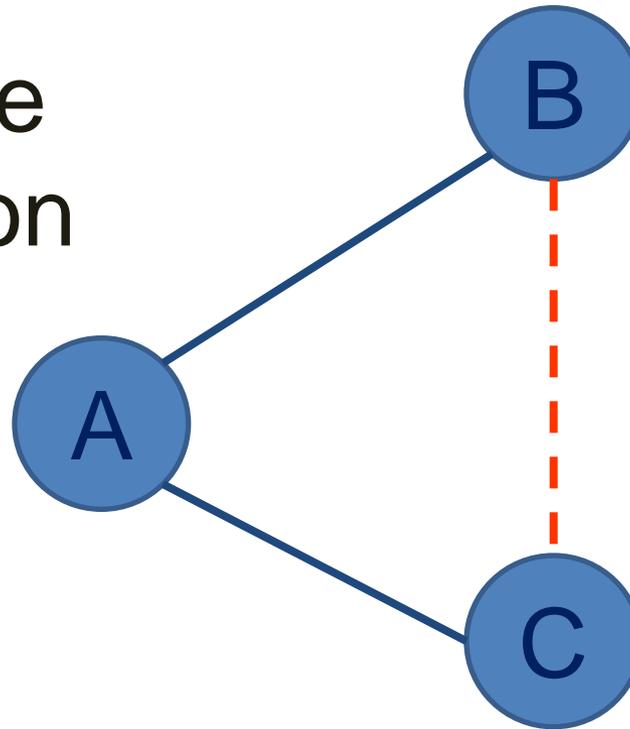
You can do this with any measure... InOR, InRR, RD, mean difference, HR, Peto's InOR etc...



Extend the idea of mixed effect sizes in the entire network

Transitivity

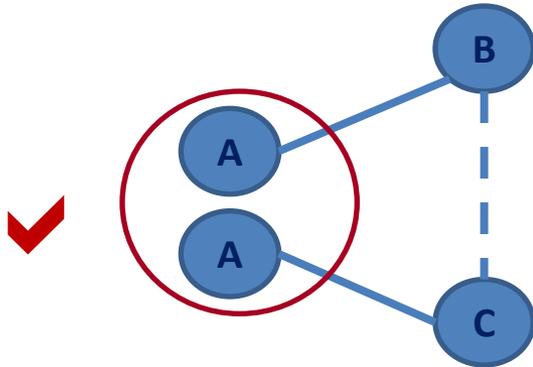
Untestable
assumption



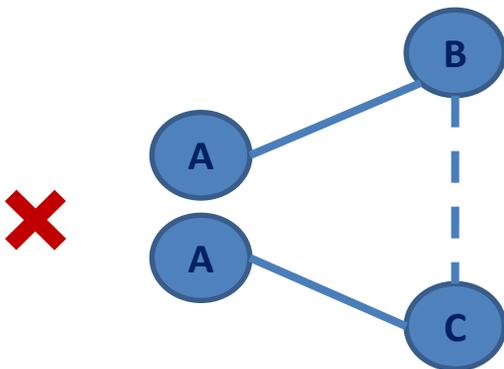
*The anchor
treatment A is
'transitive'*

....but you can evaluate
clinically and epidemiologically
its plausibility

Transitivity requires... (1)



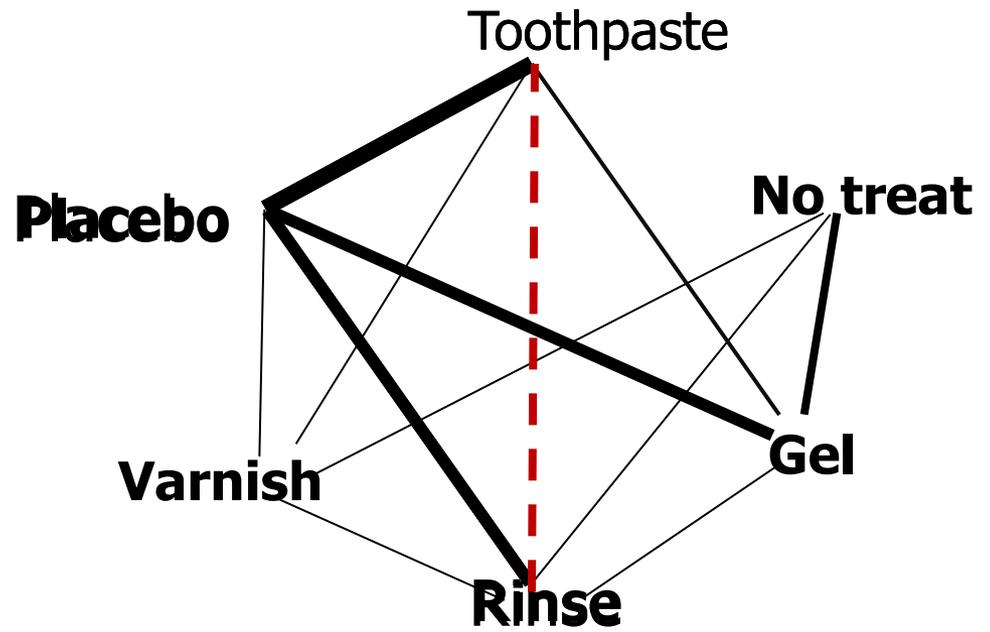
The 'anchor' treatment A to be similarly defined when it appears in AB and AC trials.
e.g. a treatment given at different doses but no systematic difference in the *average* dose of A across AB and AC studies



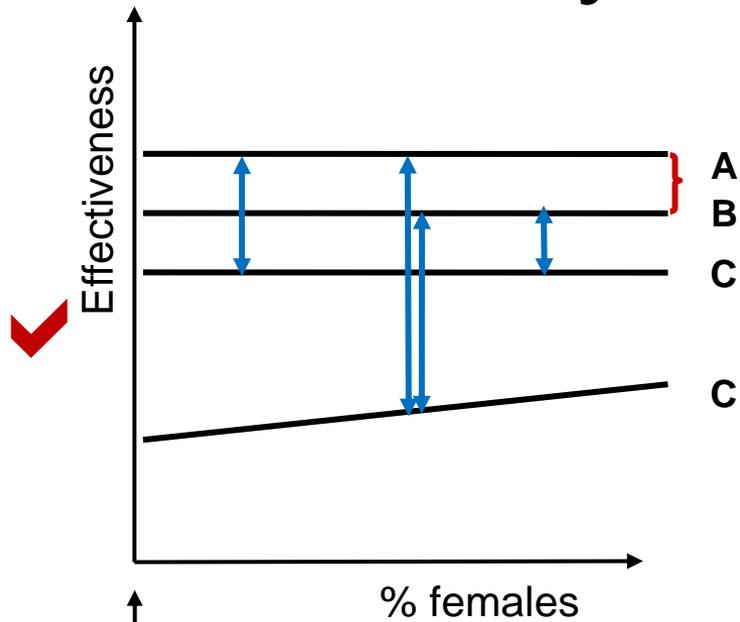
The 'anchor' treatment A may be different in AB and AC studies
e.g. injection versus pill

Transitivity requires... (1)

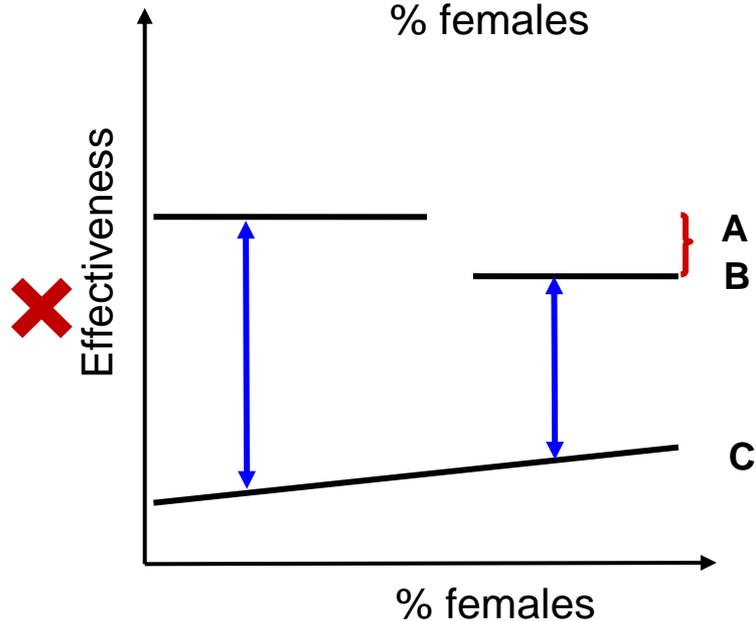
- However, placebo toothpaste and placebo rinse might not be comparable as the mechanical function of brushing might have a different effect on the prevention of caries.
- If this is the case, the transitivity assumption is doubtful (Salanti 2009).



Transitivity means that...



AC and BC trials do not differ with respect to the distribution of effect modifiers

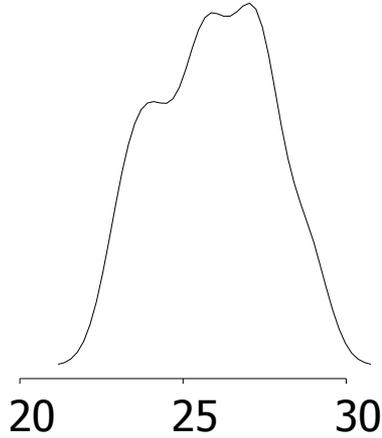


Difficult to defend when you have older and newer treatments, and variables are often unobserved

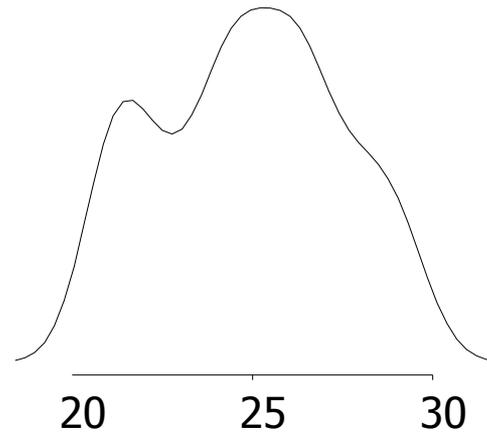
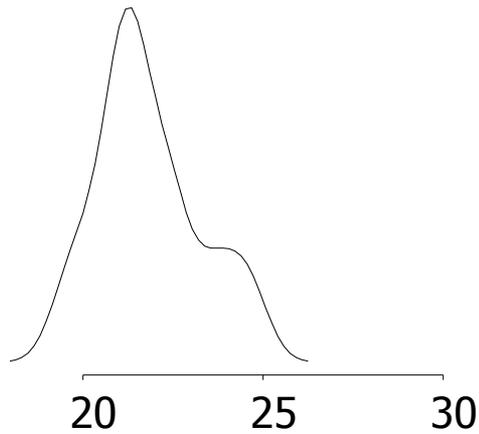
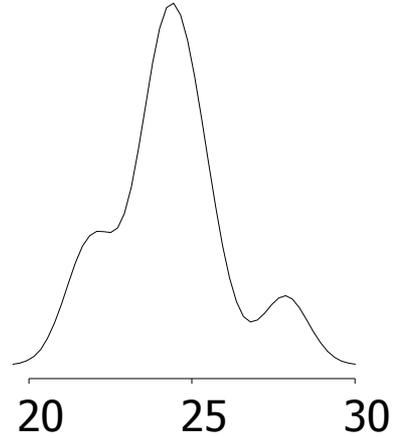
Distribution of mean dose of the active intervention in ten studies



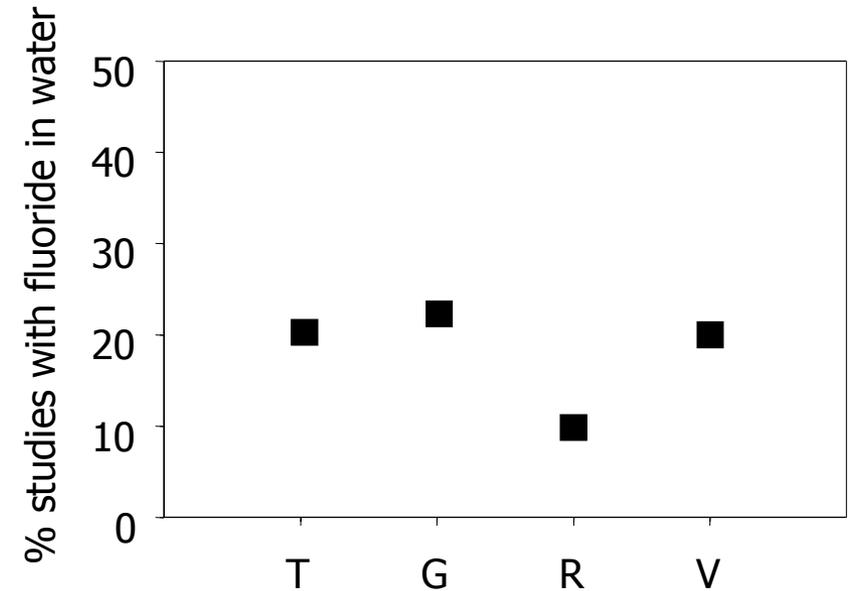
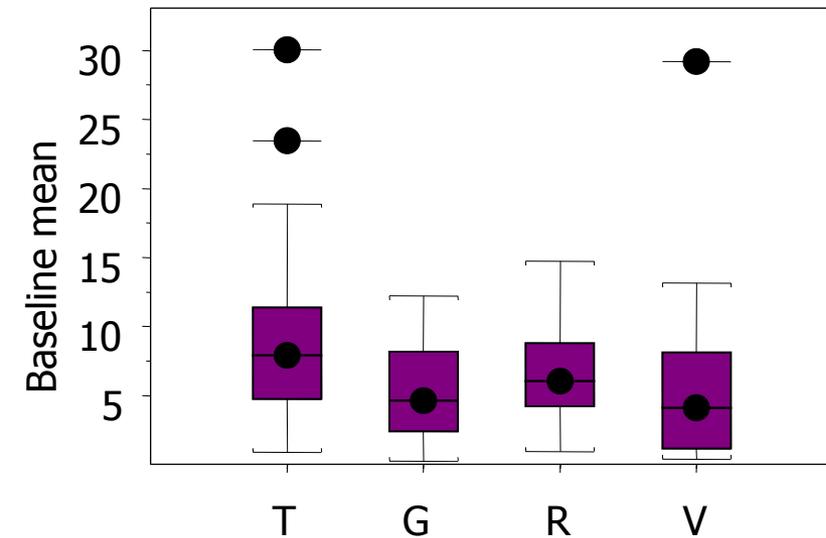
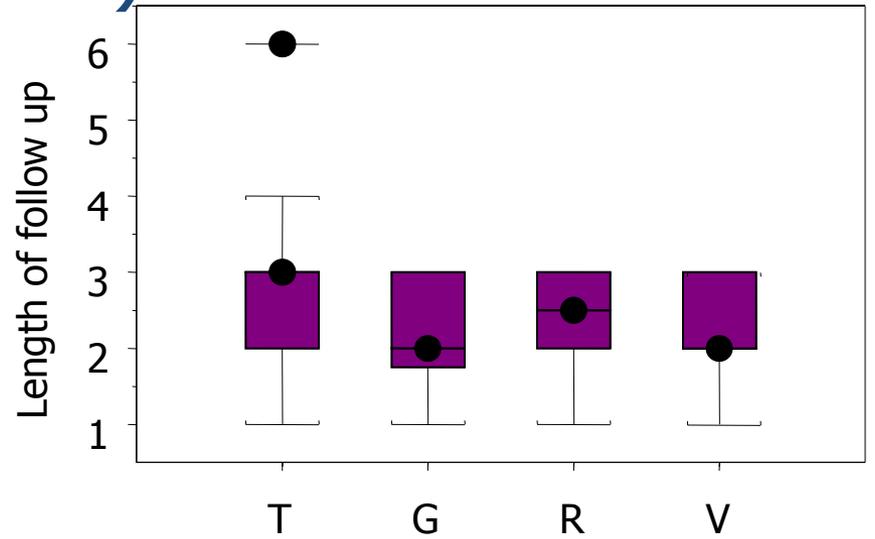
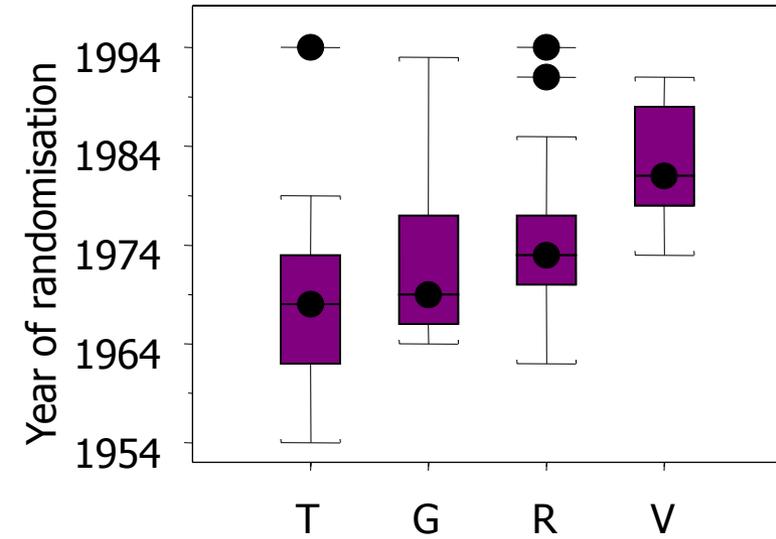
Placebo vs A



Placebo vs B

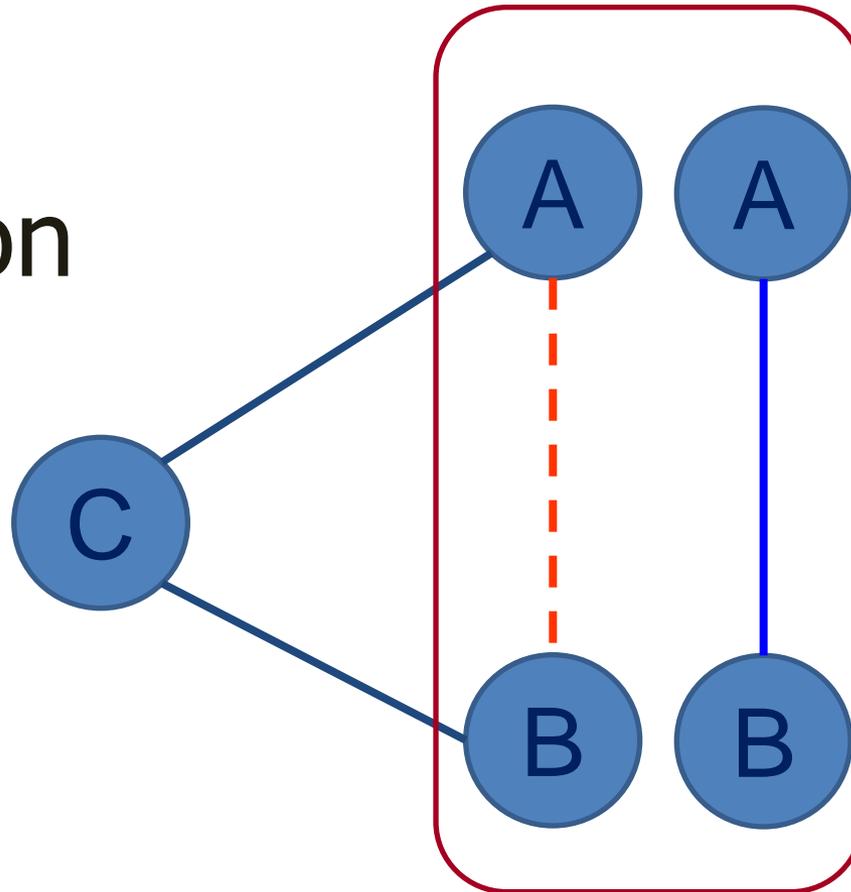


Compare the distribution of important characteristics across treatments (Salanti et al 2009)



Consistency

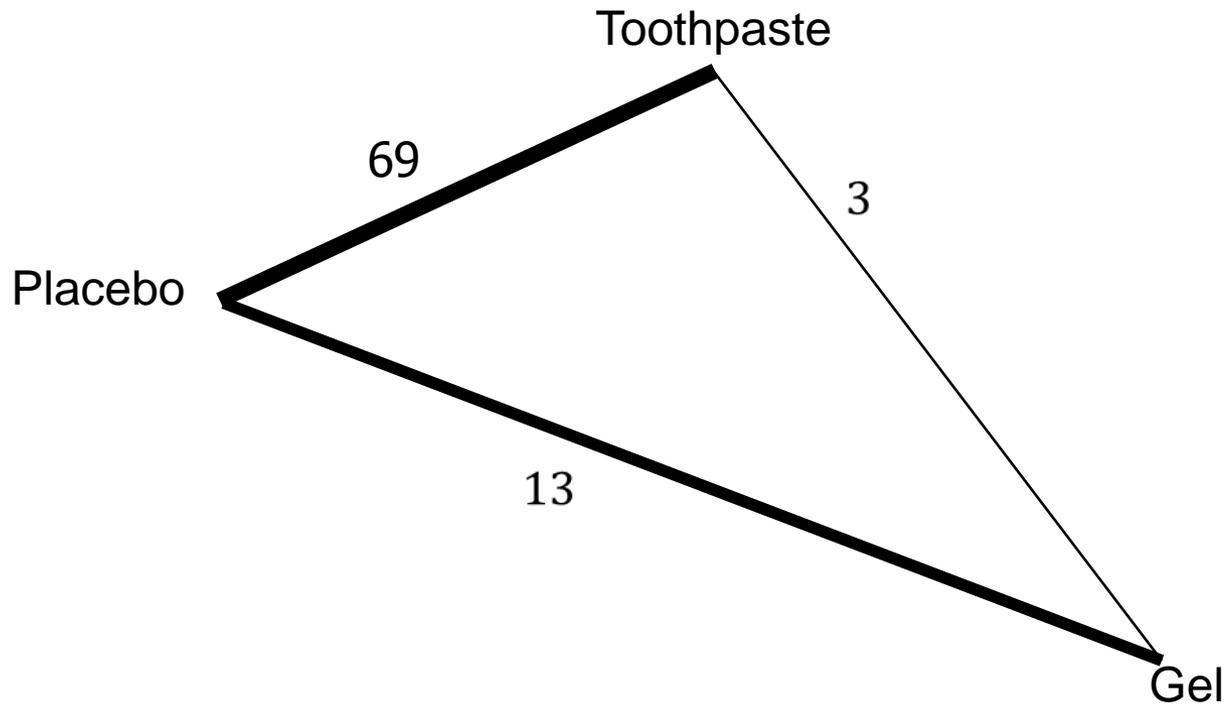
Testable
assumption



Direct and
indirect
evidence are
in agreement

If all three A, B and C are transitive then the loop is consistent

Consistency Equation



Inconsistency Factor

Indirect $SMD_{GvST}^{ind} = -0.15$

$$var(SMD_{GvST}^{ind}) = 0.004$$

Direct $SMD_{GvST}^{dir} = 0.04$

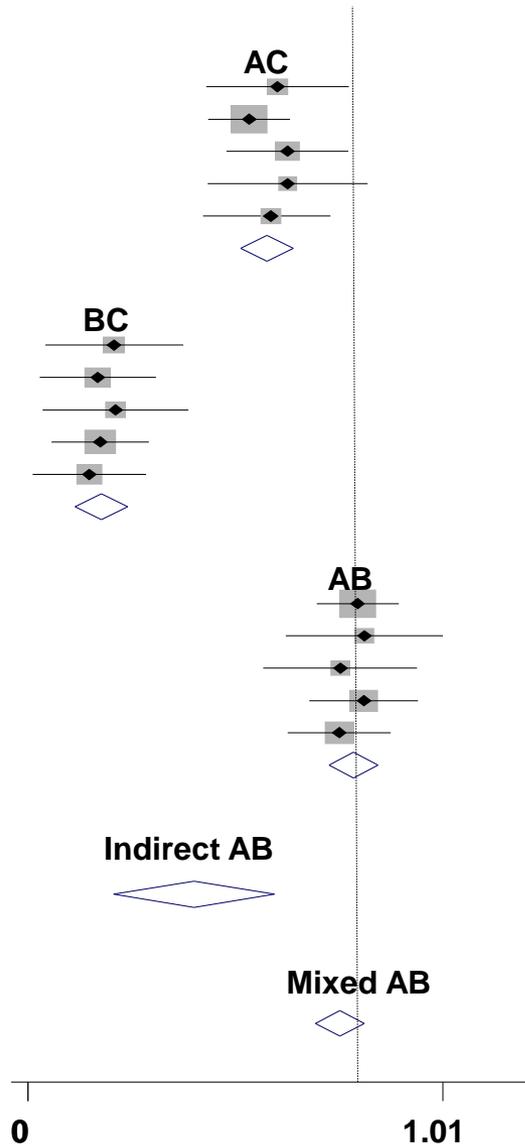
$$var(SMD_{GvST}^{dir}) = 0.011$$

$$IF = |SMD_{GvST}^{dir} - SMD_{GvST}^{ind}|$$
$$= |0.04 - (-0.15)| = 0.19$$

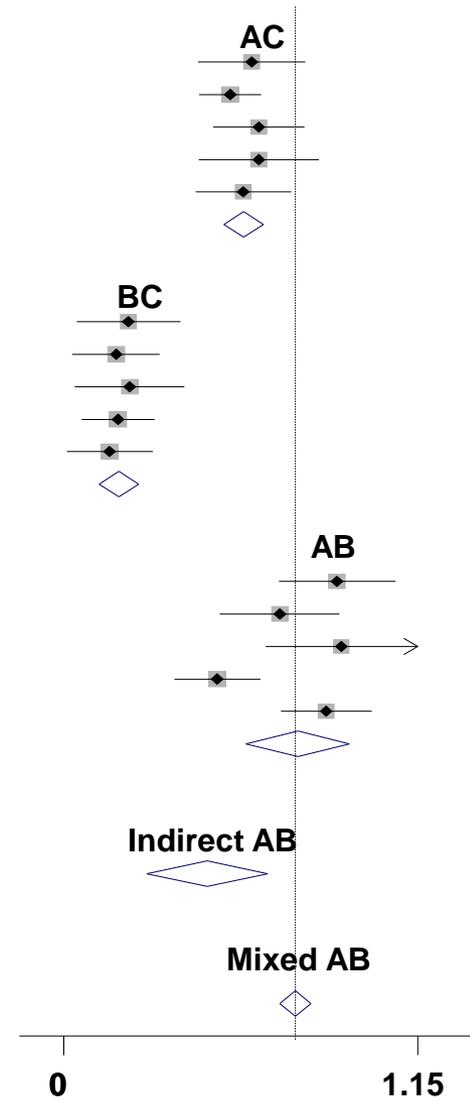
You can do this with any measure... InOR, InRR, RD, mean difference, HR
e.t.c

Consistency and heterogeneity

a) Fixed effects analysis



b) Random effects analysis



Fit a network meta-analysis model

- Meta-analysis is a weighted regression with no covariates
- Network meta-analysis is a weighted regression with dummy variables for the treatments
- You should take into account correlations in multi-arm trials

Network and meta-regression

- Meta-regression using the treatments as ‘covariates’ and without intercept
- With 3 treatments and AC, AB, BC studies, chose C as *reference*, so AC and BC are *basic parameters*

Effect size Summary effect AC Random effects

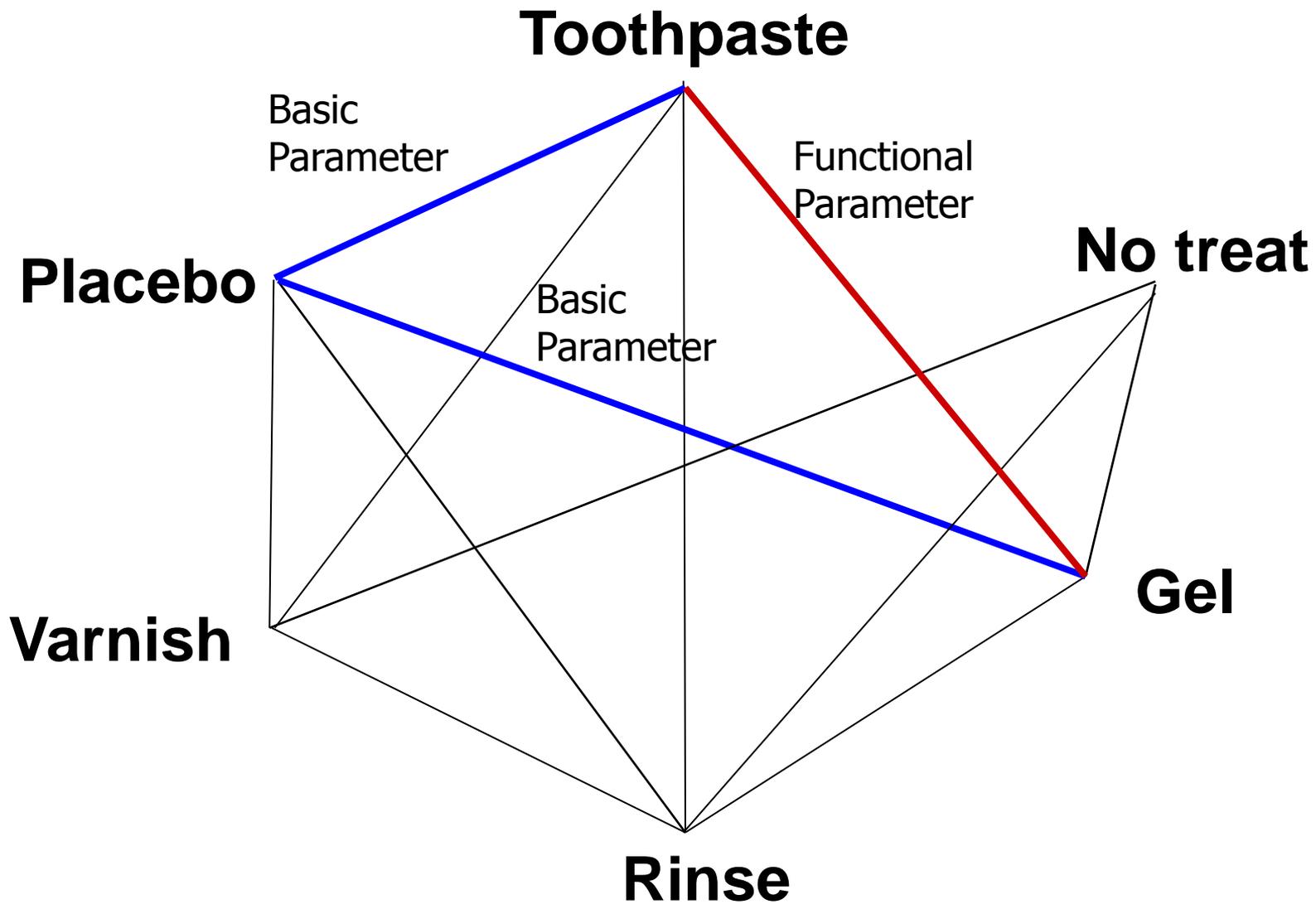
↓ ↓ ↓

$$y_i = \mu_{AC} I_{iAC} + \mu_{BC} I_{iBC} + \delta_i + \varepsilon_i$$

↑ ← Random errors

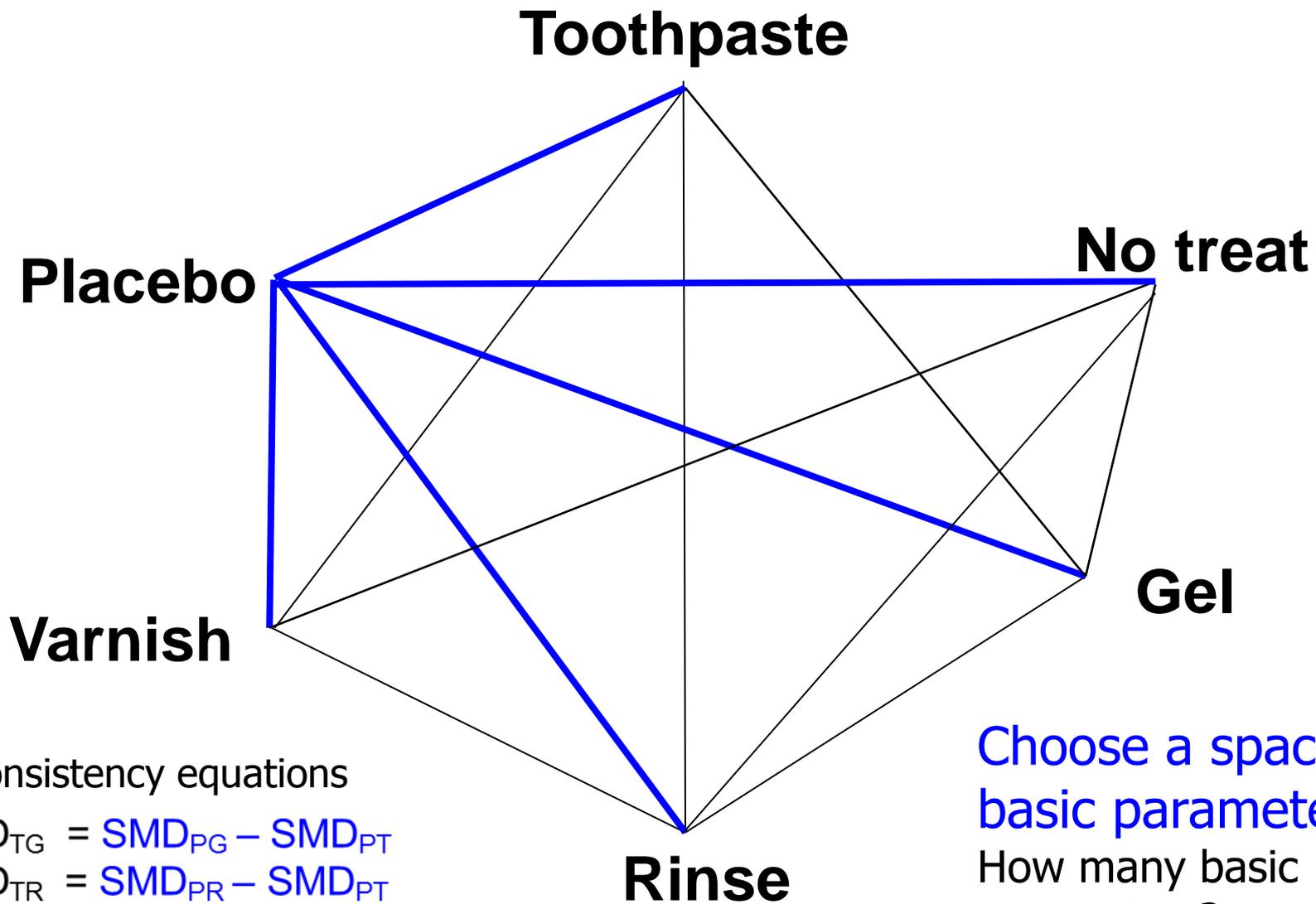
Summary effect BC

- The AC studies have $(I_{iAC}, I_{iBC}) = (1, 0)$, the BC studies $(I_{iAC}, I_{iBC}) = (0, 1)$ [*basic*]
- AB studies have $(I_{iAC}, I_{iBC}) = (1, -1)$ [*functional*] because $AB = AC - BC$



$$SMD_{TG} = SMD_{PG} - SMD_{PT}$$

Consistency equation



Consistency equations

$$\begin{aligned}
 \text{SMD}_{\text{TG}} &= \text{SMD}_{\text{PG}} - \text{SMD}_{\text{PT}} \\
 \text{SMD}_{\text{TR}} &= \text{SMD}_{\text{PR}} - \text{SMD}_{\text{PT}} \\
 \text{SMD}_{\text{TV}} &= \text{SMD}_{\text{PV}} - \text{SMD}_{\text{PT}} \\
 \text{SMD}_{\text{RG}} &= \text{SMD}_{\text{PG}} - \text{SMD}_{\text{PR}}
 \end{aligned}$$

⋮

Choose a space of
basic parameters
How many basic
parameters?

$T - 1$

$$y_i = \mu^{PT} T_i + \mu^{PG} G_i + \mu^{PR} R_i + \mu^{PV} V_i + \mu^{PN} N_i$$

Use as 'covariates'

No. studies	Placebo	Toothpaste	Gel	Rinse	Varnish	NoTreatment
69	-1	1		0	0	0
13	-1	0	1	0	0	0
31	-1	0	0	1	0	0
3	-1	0	0	0	1	0
4	0	0	0	-1	0	1
4	0	0	0	0	-1	1
9	0	0	-1	0	0	1
4	0	0	0	-1	1	0
6	0	-1	0	1	0	0

$$\mathbf{y} = X (\mu^{PT}, \mu^{PG}, \mu^{PR}, \mu^{PV}, \mu^{PN})' + \boldsymbol{\delta} + \boldsymbol{\varepsilon}$$

Matrix of all observations Design matrix Vector of summary effects Random effects Random errors

$$\boldsymbol{\varepsilon} \sim N(\mathbf{0}, \text{diag}(v_i))$$

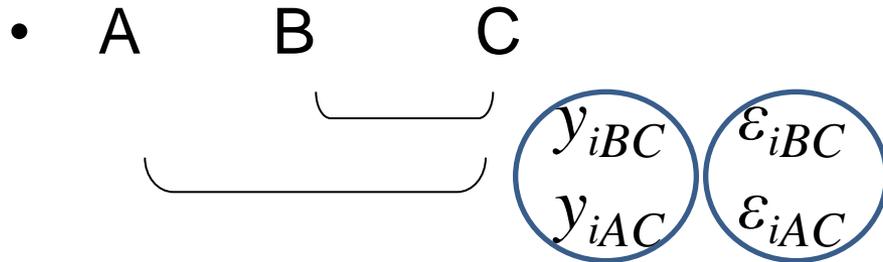
↑
 Variances matrix (for the observed SMD)

$$\boldsymbol{\delta} \sim N(\mathbf{0}, \text{diag}(\tau^2))$$

↑
 We assume equal heterogeneities for all comparisons

What's the problem with multi-arm trials?

- We need to take into account the correlations between the estimates that come from the same study



- The random effects that refer to the same trial are correlated as well
- You have to built in *the correlation matrix for the observed effects*, **and** *the correlation matrix for the random effects*

$$\boldsymbol{\varepsilon} \sim N(\mathbf{0}, S)$$

$$\boldsymbol{\delta} \sim N(\mathbf{0}, \Delta)$$

Study	No. arms	#	Data	Contrast
i=1	$T_1=2$	1	$y_{1,1}, V_{1,1}$	AB
i=2	$T_2=2$	1	$y_{2,1}, V_{2,1}$	AC
i=3	$T_3=2$	1	$y_{3,1}, V_{3,1}$	BC
i=4	$T_4=3$	2	$y_{4,1}, V_{4,1}$ $y_{4,2}, V_{4,2}$ $\text{COV}(y_{4,1}, y_{4,2})$	AB AC

Meta-regression

$$\begin{pmatrix} y_{1,1} \\ y_{2,1} \\ y_{3,1} \\ y_{4,1} \\ y_{4,2} \end{pmatrix} = \begin{pmatrix} 1 & 0 \\ 0 & 1 \\ -1 & 1 \\ 1 & 0 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} \mu_{AB} \\ \mu_{AC} \end{pmatrix} + \begin{pmatrix} \delta_{1,1} \\ \delta_{2,1} \\ \delta_{3,1} \\ \delta_{4,1} \\ \delta_{4,2} \end{pmatrix} + \begin{pmatrix} \varepsilon_{1,1} \\ \varepsilon_{2,1} \\ \varepsilon_{3,1} \\ \varepsilon_{4,1} \\ \varepsilon_{4,2} \end{pmatrix}$$

Study	No. arms	#	Data	Contrast
i=1	T ₁ =2	1	y _{1,1} , v _{1,1}	AB
i=2	T ₂ =2	1	y _{2,1} , v _{2,1}	AC
i=3	T ₃ =2	1	y _{3,1} , v _{3,1}	BC
i=4	T ₄ =3	2	y _{4,1} , v _{4,1} y _{4,2} , v _{4,2} COV(y _{4,1} , y _{4,2})	AB AC

$$\begin{pmatrix} y_{1,1} \\ y_{2,1} \\ y_{3,1} \\ y_{4,1} \\ y_{4,2} \end{pmatrix} = \begin{pmatrix} 1 & 0 \\ 0 & 1 \\ -1 & 1 \\ 1 & 0 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} \mu_{AB} \\ \mu_{AC} \end{pmatrix} + \begin{pmatrix} \delta_{1,1} \\ \delta_{2,1} \\ \delta_{3,1} \\ \delta_{4,1} \\ \delta_{4,2} \end{pmatrix} + \begin{pmatrix} \varepsilon_{1,1} \\ \varepsilon_{2,1} \\ \varepsilon_{3,1} \\ \varepsilon_{4,1} \\ \varepsilon_{4,2} \end{pmatrix}$$

Take into account correlation
in observations

$$\begin{pmatrix} \varepsilon_{1,1} \\ \varepsilon_{2,1} \\ \varepsilon_{3,1} \\ \varepsilon_{4,1} \\ \varepsilon_{4,2} \end{pmatrix} \sim N \left(\begin{pmatrix} 0 \\ 0 \\ 0 \\ 0 \\ 0 \end{pmatrix}, \begin{pmatrix} v_{1,1} & 0 & 0 & 0 & 0 \\ 0 & v_{2,1} & 0 & 0 & 0 \\ 0 & 0 & v_{3,1} & 0 & 0 \\ 0 & 0 & 0 & v_{4,1} & \text{COV}(y_{4,1}, y_{4,2}) \\ 0 & 0 & 0 & \text{COV}(y_{4,1}, y_{4,2}) & v_{4,2} \end{pmatrix} \right)$$

Study	No. arms	#	Data	Contrast
i=1	T ₁ =2	1	y _{1,1} , v _{1,1}	AB
i=2	T ₂ =2	1	y _{2,1} , v _{2,1}	AC
i=3	T ₃ =2	1	y _{3,1} , v _{3,1}	BC
i=4	T ₄ =3	2	y _{4,1} , v _{4,1} y _{4,2} , v _{4,2} cov(y _{4,1} , y _{4,2})	AB AC

$$\begin{pmatrix} y_{1,1} \\ y_{2,1} \\ y_{3,1} \\ y_{4,1} \\ y_{4,2} \end{pmatrix} = \begin{pmatrix} 1 & 0 \\ 0 & 1 \\ -1 & 1 \\ 1 & 0 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} \mu_{AB} \\ \mu_{AC} \end{pmatrix} + \begin{pmatrix} \delta_{1,1} \\ \delta_{2,1} \\ \delta_{3,1} \\ \delta_{4,1} \\ \delta_{4,2} \end{pmatrix} + \begin{pmatrix} \varepsilon_{1,1} \\ \varepsilon_{2,1} \\ \varepsilon_{3,1} \\ \varepsilon_{4,1} \\ \varepsilon_{4,2} \end{pmatrix}$$

Take into account correlation
in random effects

$$\begin{pmatrix} \delta_{1,1} \\ \delta_{2,1} \\ \delta_{3,1} \\ \delta_{4,1} \\ \delta_{4,2} \end{pmatrix} \sim N \left(\begin{pmatrix} 0 \\ 0 \\ 0 \\ 0 \\ 0 \end{pmatrix}, \begin{pmatrix} \tau_{AB}^2 & 0 & 0 & 0 & 0 \\ 0 & \tau_{AC}^2 & 0 & 0 & 0 \\ 0 & 0 & \tau_{BC}^2 & 0 & 0 \\ 0 & 0 & 0 & \tau_{AB}^2 & \text{cov}(\delta_{4,1}, \delta_{4,2}) \\ 0 & 0 & 0 & \text{cov}(\delta_{4,1}, \delta_{4,2}) & \tau_{AC}^2 \end{pmatrix} \right)$$

Multivariate meta-analysis

- Studies typically report many outcomes
 - Efficacy and acceptability in antidepressants
- **Multivariate meta-analysis** allows a joint synthesis of the multiple end points
- Different between-treatment contrasts are viewed as different outcomes
- White et al estimate NMA models by expressing them as multivariate random-effects meta-regressions (mvmeta in STATA)

Data: n studies with 2 outcomes

Efficacy/AB

Acceptability/AC

$$\text{Study 1: } y_{11}, y_{12}, \begin{pmatrix} s_{11}^2 & S_{112} \\ S_{112} & s_{12}^2 \end{pmatrix}$$

$$\text{Study } i: y_{i1}, y_{i2}, \begin{pmatrix} s_{i1}^2 & S_{i12} \\ S_{i12} & s_{i2}^2 \end{pmatrix}$$

$$\text{Study } n: y_{n1}, y_{n2}, \begin{pmatrix} s_{n1}^2 & S_{n12} \\ S_{n12} & s_{n2}^2 \end{pmatrix}$$

$$S_{i12} = \rho_i s_{i1} s_{i2}$$

Network meta-analysis and multivariate approaches

- We can look at network meta-analysis as either a multivariate meta-regression or a multivariate meta-analysis
- Multivariate meta-regression:
 - extends the meta-regression approach to allow for multi-arm trials
 - dummy 1, -1 and 0 codes for treatments (with a reference in mind)
 - assumes a common heterogeneity variance
- Multivariate meta-analysis:
 - no covariates required
 - Flexible modelling of the between-study variance matrix
 - requires a common reference arm for every study
 - a problem that is surmountable using *data augmentation*

How to fit network meta-analysis?

- R mvmeta, metasem, netmeta
- STATA using metareg (no multi-arm studies)
- STATA mvmeta
- To my knowledge only netmeta in R and mvmeta in STATA model properly the matrix Δ
- Using MCMC (WinBUGS)

Presenting results from network meta-analysis

- With many treatments judgments based on pairwise effect sizes are difficult to make

Antidepressants

 Efficacy (response rate) (95% CI)
 Comparison
 Acceptability (dropout rate) (95% CI)

BUP	1.00 (0.78-1.28)	0.75 (0.55-1.01)	1.06 (0.86-1.32)	0.89 (0.74-1.08)	0.73 (0.53-1.00)	0.87 (0.58-1.24)	0.87 (0.66-1.14)	0.81 (0.65-1.00)	<u>0.62</u> (0.45-0.86)	1.01 (0.82-1.27)	0.84 (0.68-1.02)
0.98 (0.78-1.23)	CIT	0.75 (0.55-1.02)	1.07 (0.86-1.31)	0.90 (0.73-1.09)	<u>0.73</u> (0.54-0.99)	0.87 (0.60-1.24)	0.87 (0.66-1.15)	0.81 (0.65-1.01)	<u>0.62</u> (0.45-0.84)	1.02 (0.81-1.28)	0.84 (0.67-1.06)
1.09 (0.83-1.43)	1.12 (0.87-1.44)	DUL	<u>1.43</u> (1.09-1.85)	1.19 (0.91-1.57)	0.98 (0.67-1.41)	1.16 (0.77-1.73)	1.16 (0.83-1.61)	1.08 (0.84-1.40)	0.83 (0.57-1.22)	<u>1.36</u> (1.01-1.83)	1.12 (0.84-1.50)
0.82 (0.67-1.01)	0.84 (0.70-1.01)	<u>0.75</u> (0.60-0.93)	ESC	0.84 (0.70-1.01)	<u>0.69</u> (0.50-0.94)	0.81 (0.55-1.15)	0.81 (0.62-1.07)	<u>0.76</u> (0.62-0.93)	<u>0.58</u> (0.43-0.81)	0.95 (0.77-1.19)	<u>0.78</u> (0.64-0.97)
1.08 (0.90-1.29)	1.10 (0.93-1.31)	0.99 (0.79-1.24)	<u>1.32</u> (1.12-1.55)	FLU	0.82 (0.62-1.07)	0.97 (0.69-1.32)	0.97 (0.77-1.21)	0.91 (0.79-1.05)	<u>0.70</u> (0.53-0.92)	1.14 (0.96-1.36)	0.94 (0.81-1.09)
1.10 (0.83-1.47)	1.13 (0.86-1.47)	1.01 (0.74-1.38)	<u>1.35</u> (1.02-1.76)	1.02 (0.81-1.30)	FX3	1.18 (0.76-1.75)	1.18 (0.87-1.61)	1.10 (0.84-1.47)	0.85 (0.57-1.26)	<u>1.38</u> (1.03-1.89)	1.14 (0.86-1.54)
1.07 (0.77-1.48)	1.09 (0.78-1.50)	0.97 (0.69-1.38)	1.30 (0.95-1.78)	0.99 (0.74-1.31)	0.97 (0.68-1.37)	MIL	0.99 (0.69-1.53)	0.94 (0.68-1.31)	0.72 (0.48-1.10)	1.17 (0.84-1.72)	0.97 (0.69-1.40)
0.79 (0.72-1.00)	0.80 (0.63-1.01)	<u>0.72</u> (0.54-0.94)	0.96 (0.76-1.19)	<u>0.73</u> (0.60-0.88)	<u>0.71</u> (0.55-0.92)	0.74 (0.53-1.01)	MIR	0.93 (0.75-1.17)	0.72 (0.51-1.03)	1.17 (0.91-1.51)	0.97 (0.76-1.23)
1.06 (0.87-1.30)	1.08 (0.90-1.30)	0.97 (0.78-1.20)	<u>1.30</u> (1.10-1.53)	0.98 (0.86-1.12)	0.96 (0.76-1.23)	1.00 (0.74-1.33)	<u>1.35</u> (1.11-1.64)	PAR	0.77 (0.56-1.05)	<u>1.25</u> (1.04-1.52)	1.03 (0.86-1.24)
<u>1.60</u> (1.20-2.16)	<u>1.63</u> (1.25-2.14)	<u>1.46</u> (1.05-2.02)	<u>1.95</u> (1.47-2.59)	<u>1.48</u> (1.16-1.90)	<u>1.45</u> (1.03-2.02)	<u>1.50</u> (1.03-2.18)	<u>2.03</u> (1.52-2.78)	<u>1.50</u> (1.16-1.98)	REB	<u>1.63</u> (1.19-2.24)	1.34 (0.99-1.83)
0.87 (0.72-1.05)	0.88 (0.72-1.07)	0.79 (0.62-1.01)	1.06 (0.88-1.27)	<u>0.80</u> (0.69-0.93)	0.79 (0.61-1.01)	0.81 (0.60-1.11)	1.10 (0.90-1.36)	<u>0.82</u> (0.69-0.96)	<u>0.54</u> (0.41-0.71)	SER	0.82 (0.67-1.00)
0.85 (0.70-1.01)	0.86 (0.71-1.05)	<u>0.77</u> (0.60-0.99)	1.03 (0.86-1.24)	<u>0.78</u> (0.68-0.90)	<u>0.77</u> (0.59-0.99)	0.79 (0.58-1.08)	1.08 (0.87-1.33)	<u>0.79</u> (0.67-0.94)	<u>0.53</u> (0.40-0.69)	0.98 (0.82-1.16)	VEN

OR > 1 means the treatment in top-left is better

Probabilities

- Estimate for each treatment ***the probability of being the best***
- Rankings are constructed by drawing the coefficients a large number of times from their approximate posterior density
- For each draw, the effect sizes are estimated and the largest effect size is noted

12 new generation antidepressants

paroxetine	————	reboxetine	paroxetine	0%
duloxetine	————	mirtazapine	sertraline	7%
escitalopram	————	fluvoxamine	citalopram	0%
milnacipran	————	citalopram	escitalopram	26%
sertraline	————	venlafaxine	fluoxetine	0%
bupropion	————	fluoxetine	fluvoxamine	0%
milnacipran	————	paroxetine	milnacipran	1%
sertraline	duloxetine	venlafaxine	11%
bupropion	————	escitalopram	reboxetine	0%
fluvoxamine	————	milnacipran	bupropion	0%
			mirtazapine	54%
			duloxetine	0%

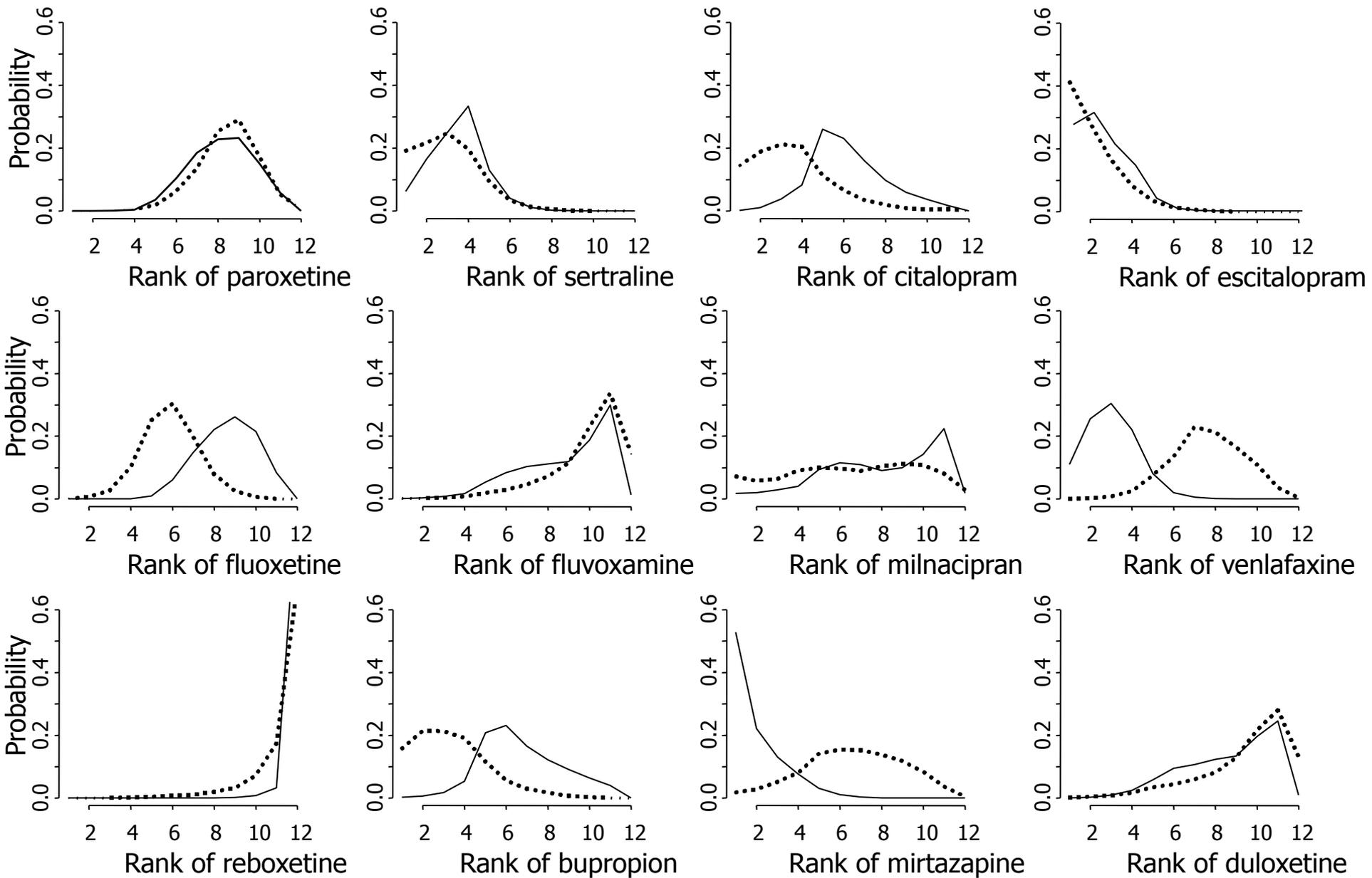
Probability of
being the best

The probability of being the best does not convey the spread of the rank probabilities....

% probability	A	B	C	D
<i>j=1</i>	0.25	0.50	0.25	0.00

% probability	A	B	C	D
<i>j=1</i>	0.25	0.50	0.25	0.00
<i>j=2</i>	0.25	0.25	0.50	0.00
<i>j=3</i>	0.25	0.25	0.25	0.25
<i>j=4</i>	0.25	0	0	0.75

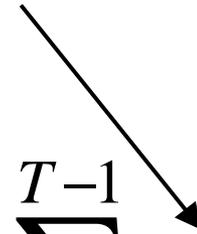
i the treatment
j the rank



Ranking for efficacy (solid line) and acceptability (dotted line). Ranking: probability of being the best treatment, of being the second best, the third best and so on, among the 12 comparisons).

Surface under the cumulative ranking curve

Use posterior probabilities for each treatment to be among the n -best options



$$\sum_{j=1}^{T-1} P_{ji}$$

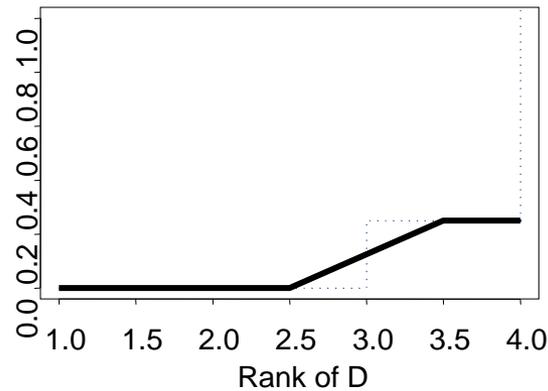
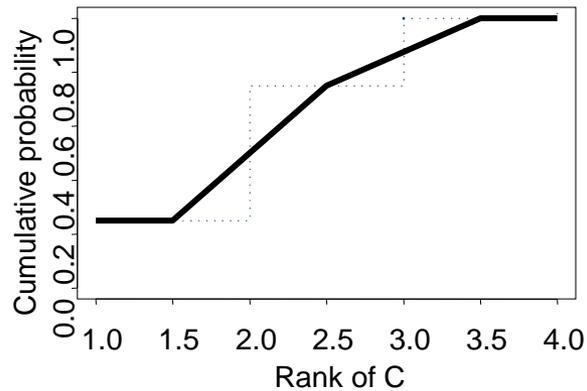
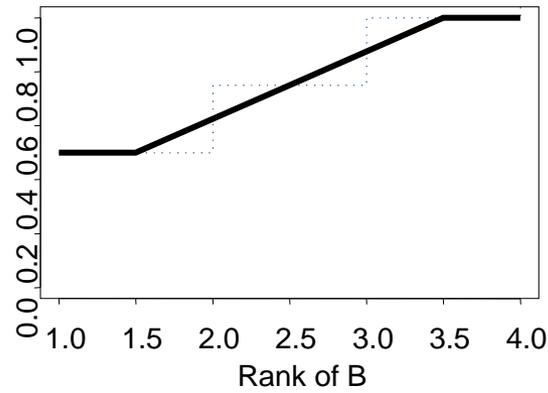
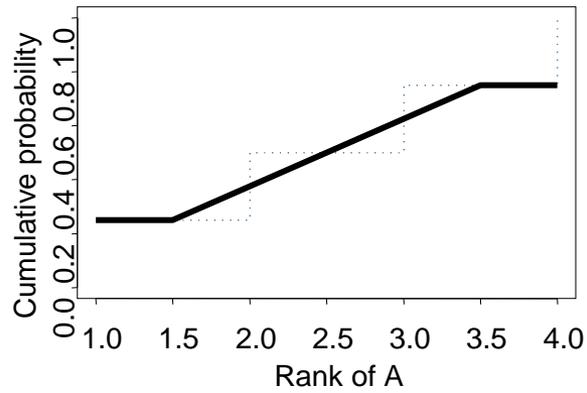
$$\text{Cumulative ranking curve}_i = \frac{\sum_{j=1}^{T-1} P_{ji}}{T-1}$$

$$T-1$$

T Total number of treatments

% probability	A	B	C	D
<i>j=1</i>	0.25	0.50	0.25	0.00
<i>j=2</i>	0.50	0.75	0.75	0.00
<i>j=3</i>	0.75	1.00	1.00	0.25
<i>j=4</i>	1.00	1.00	1.00	1.00

i the treatment
j the rank



The areas under the cumulative curves for the four treatments of the example above are

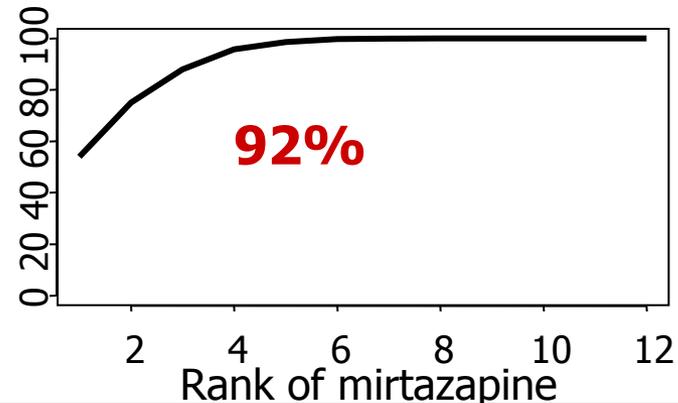
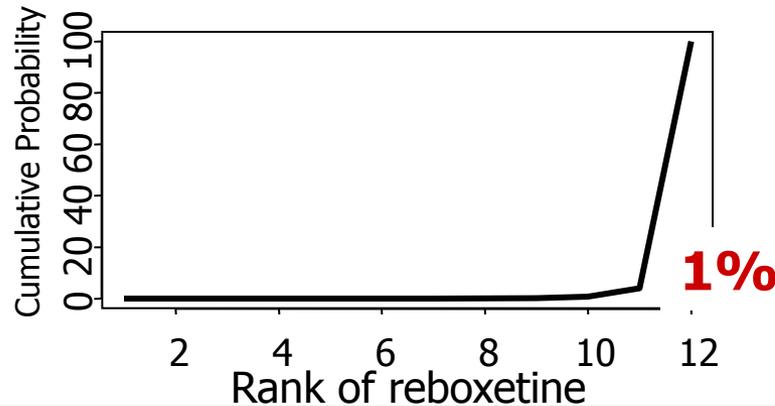
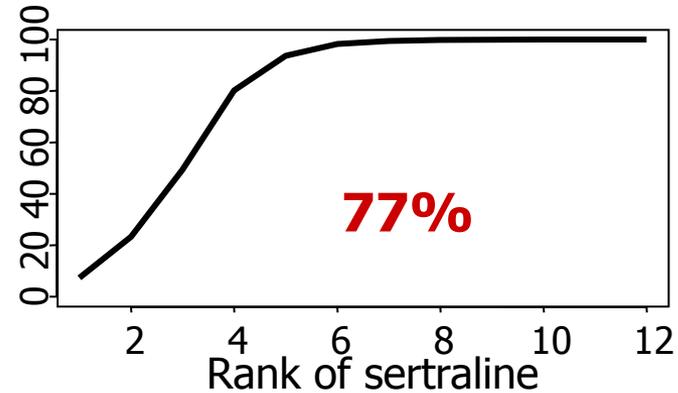
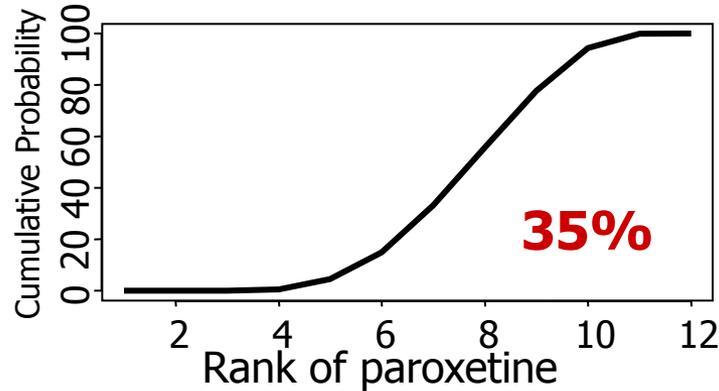
A=0.5

B=0.75

C=0.67

D=0.08

Surface under the cumulative ranking curve

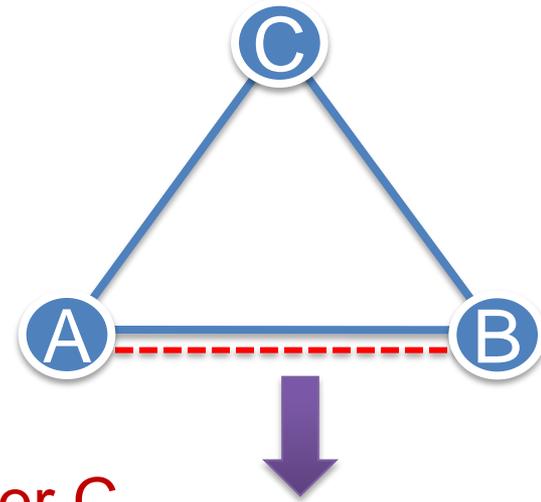


Warning: measures based on probabilities are attractive, but can be unstable and should be presented along with the effect sizes!

INCONSISTENCY

Validity of network meta-analysis

- The validity of a network meta-analysis depends on *transitivity* of effect size parameters:
- For any pair A and B,
**typical (or mean) advantage of A over B =
advantage of A over C – advantage of B over C**
- In a simple indirect comparison, we cannot test this assumption empirically.
- In a network meta-analysis, we sometimes can.
- We call this looking at *inconsistency*.



Evaluate the
assumption of
consistency

What is inconsistency?

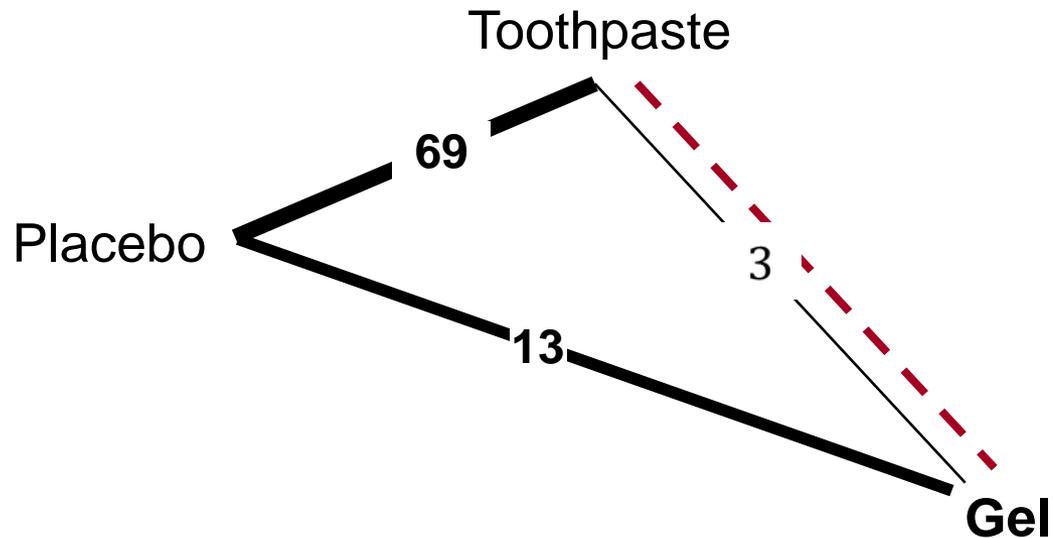
- *Consistency* = The data fit together according to the laws of transitivity
- i.e.
 - for each pair of interventions A and B, all sources of evidence about A vs B agree with each other
 - (this means direct evidence (if available) and different routes to indirect evidence)

- *Inconsistency* = Lack of consistency

- Only *closed loops* can tell us about (in)consistency

Example: a simple loop of treatments

Direct Evidence	Summary Treatment effect	Variance	Confidence Interval
SMD_{GvsT}	0.04	0.011	(-0.17, 0.25)



Indirect Evidence	Summary Treatment effect	Variance	Confidence Interval
SMD_{PvsT}	-0.34	0.002	(-0.43, -0.25)
SMD_{PvsG}	-0.19	0.002	(-0.28, -0.10)
Indirect comparison			
SMD_{GvsT_ind}	-0.15	0.004	(-0.27, -0.03)

How much inconsistency?

- Taking into account the previous evidence,
- the difference between direct and indirect estimates is

$$IF = |SMD_{GvST}^{dir} - SMD_{GvST}^{ind}| = |0.04 - (-0.15)| = 0.19$$

- and we add the variances (since the sources of evidence are independent):

Var(difference between direct and indirect) =

$$\begin{aligned} var(IF) &= var(SMD_{GvST}^{dir}) + var(SMD_{GvST}^{ind}) = 0.004 + 0.011 \\ &= 0.015 \end{aligned}$$

How much inconsistency?

$$Z = \frac{IF}{\sqrt{\text{var}(IF)}} \sim N(0,1)$$

95% Confidence Interval for Inconsistency

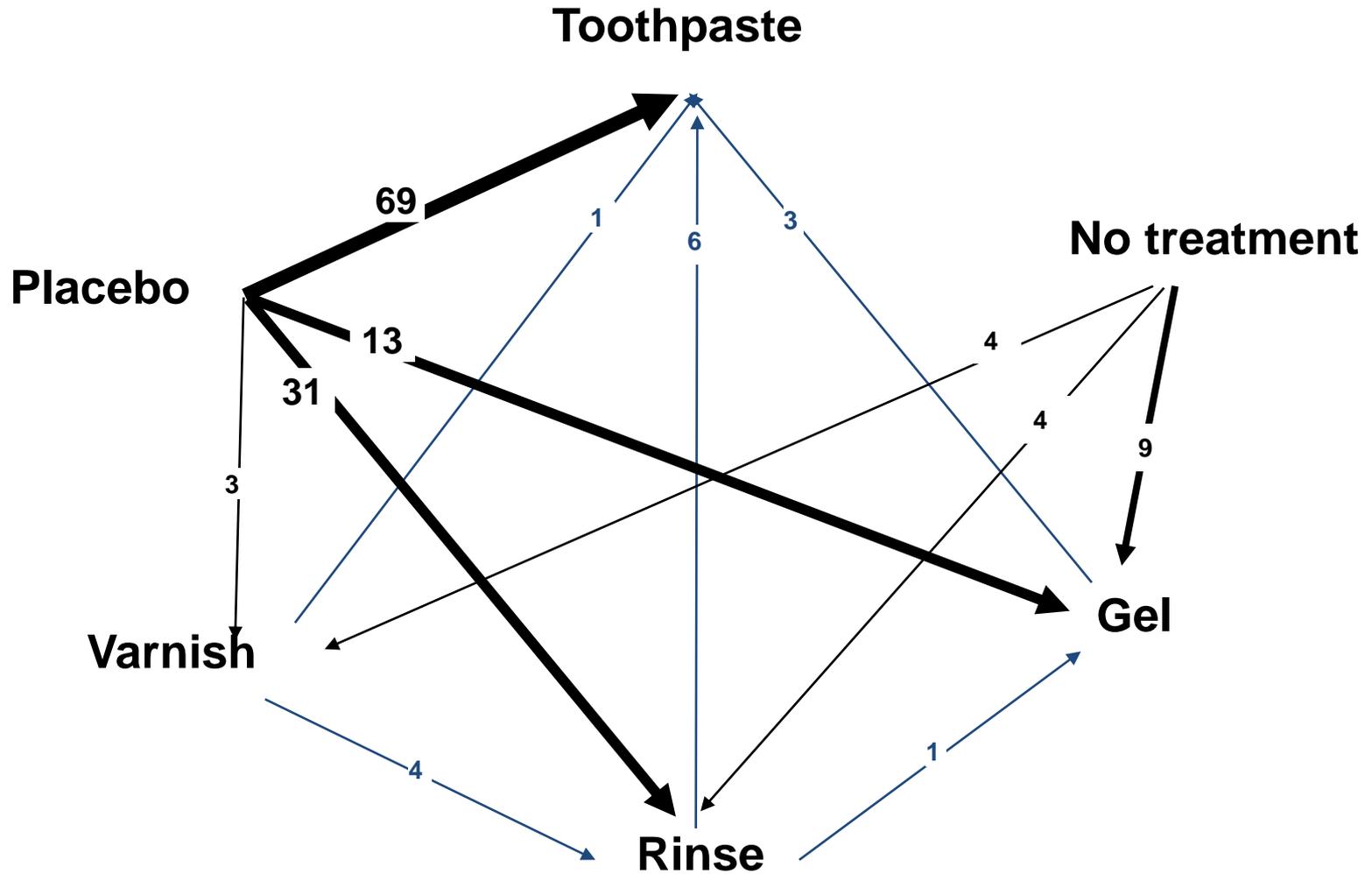
$$IF \pm 1.96\sqrt{\text{var}(IF)}$$

$$0.19 \pm 1.96\sqrt{0.015}$$

$$0.19 \pm 0.24$$

$$(-0.05, 0.43)$$

Example: fluoride treatments

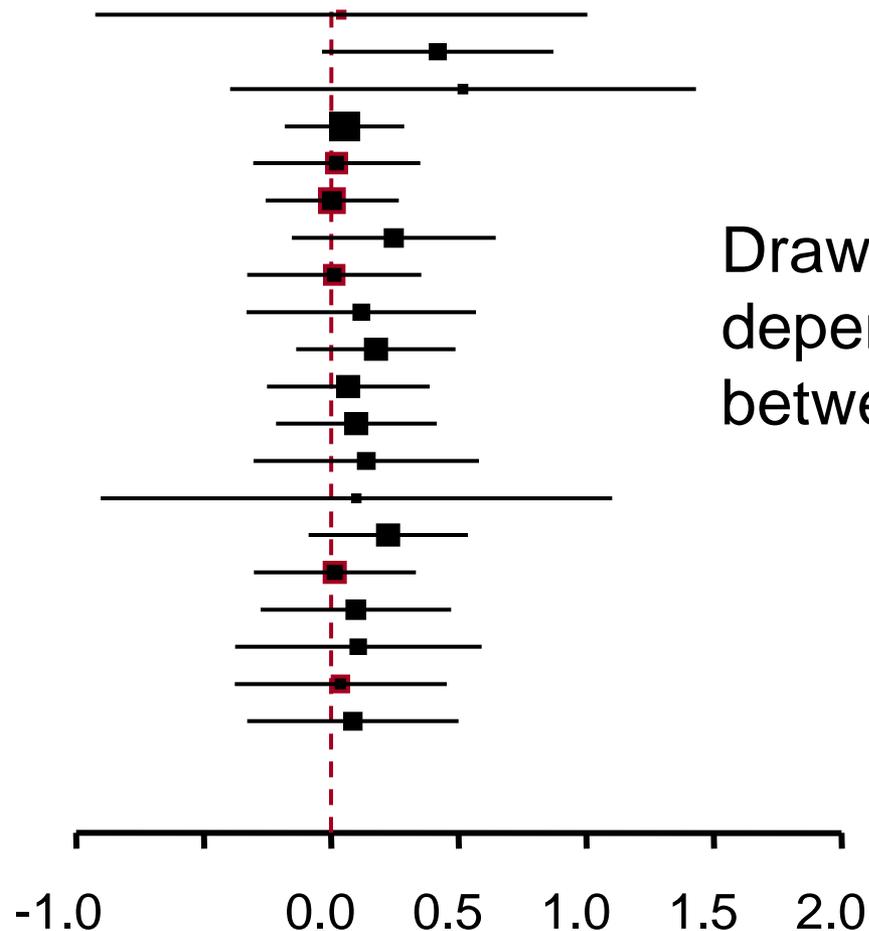


Evaluation of consistency within closed loops

Estimates with 95% confidence intervals

Closed loops

NGV
NGR
NRV
PTG
PTV
PTR
TGV
TGR
TRV
PGV
PGR
PRV
GRV
AGRV
PTGV
PTGR
PTRV
TGRV
PGRV
PTGRV



Drawback:
dependence
between loops

R routine in www.mtm.uoi.gr/howotodoanmtm.html

[Clin Epidemiol 2009, Salanti et al]

Are networks typically inconsistent?

Triangular networks

- Song et al/ BMJ 2011 found 16/112 (14%) inconsistent triangles
 - The same authors evaluated the assumption of consistency in Cochrane Reviews separately (Xiong et al/ JCE 2013) and found 16/94 (17%) triangles inconsistent

Complex networks

- Veroniki et al (IJE 2013) published network meta-analyses with binary data that involve at least 4 treatments and at least one closed loop
 - so far 40 networks, 303 loops
 - Inconsistency was detected in between 2% and 10% of the tested loops, depending on the effect measure and heterogeneity estimation method
 - About one eighth of the networks was found to be inconsistent.

Approaches for exploring inconsistency

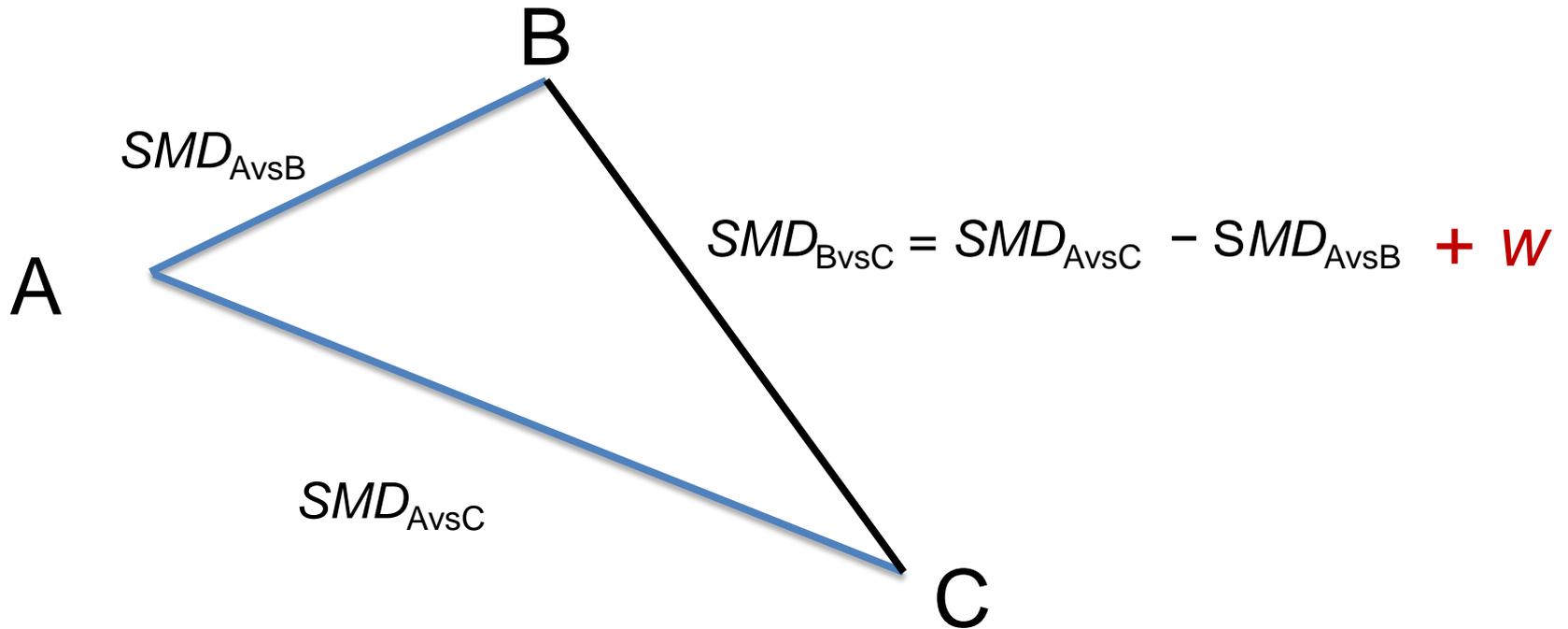
Evaluation of local inconsistency

- Loop-Specific : examine each closed loop separately
- Node-splitting (Dias et al Stat Med 2010)

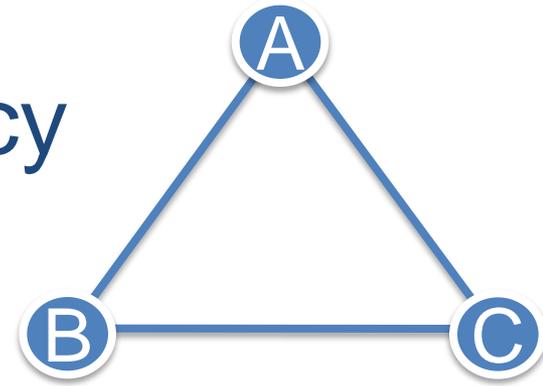
Evaluation of global inconsistency

- Use a network meta-analysis model that allows for inconsistency (Lu & Ades JASA 2005)
- Compare model fit between consistency and inconsistency models
- Apply a 'design by treatment' interaction model (White et al RSM 2012, Higgins et al RSM 2012)

Inconsistency models: introduction



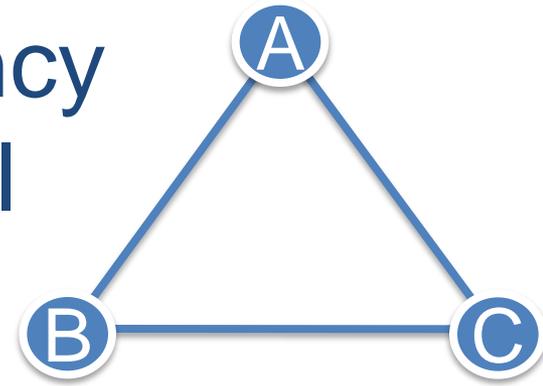
Model for consistency



Modelled log odds ratios
(basic parameters μ_{AB} and μ_{AC});
 δ_i is the heterogeneity random effect

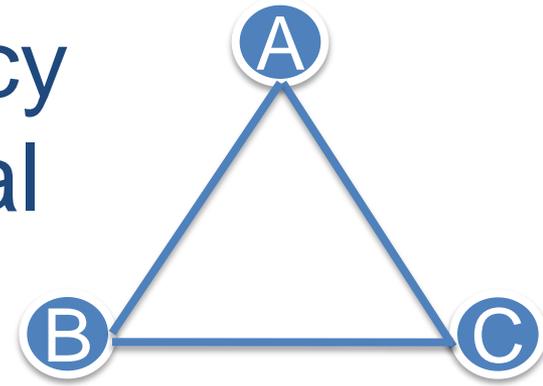
<i>Trial</i>	<i>A</i>	<i>B</i>	<i>C</i>
AB	<i>ref</i>	$\mu_{AB} + \delta_i$	
AC	<i>ref</i>		$\mu_{AC} + \delta_i$
BC		$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i$

Model for inconsistency Lu and Ades model



Modelled log odds ratios (basic parameters μ_{AB} and μ_{AC}); δ_i is the heterogeneity random effect			
<i>Trial</i>	<i>A</i>	<i>B</i>	<i>C</i>
AB	<i>ref</i>	$\mu_{AB} + \delta_i$	
AC	<i>ref</i>		$\mu_{AC} + \delta_i$
BC		$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i + w$

Model for consistency with a three-arm trial



Modelled log odds ratios (basic parameters μ_{AB} and μ_{AC}); δ_i is the heterogeneity random effect			
<i>Trial</i>	<i>A</i>	<i>B</i>	<i>C</i>
ABC	<i>ref</i>	$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i$
AB	<i>ref</i>	$\mu_{AB} + \delta_i$	
AC	<i>ref</i>		$\mu_{AC} + \delta_i$
BC		$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i$

Issues with the Lu and Ades model

- In the presence of multi-arm trials, the Lu and Ades inconsistency model is not uniquely defined
- Problems arise because multi-arm trials *must* be consistent, so a network with multi-arm trials will have a mixture of **consistent** and **inconsistent** loops

Lu and Ades model

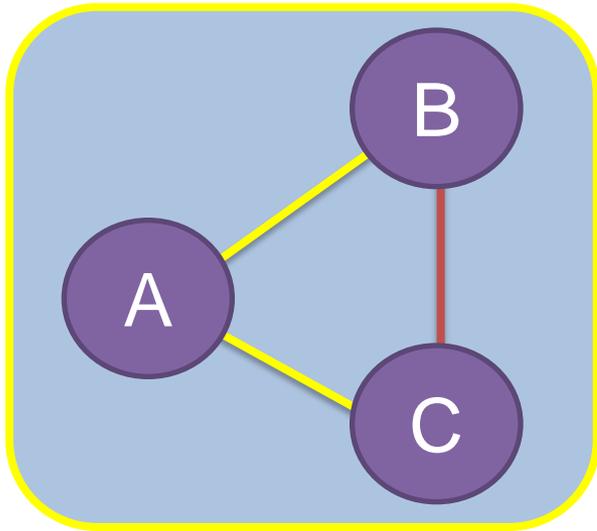
Modelled log odds ratios (basic parameters μ_{AB} and μ_{AC}); δ_i is the heterogeneity random effect			
<i>Trial</i>	<i>A</i>	<i>B</i>	<i>C</i>
ABC	<i>ref</i>	$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i$
AB	<i>ref</i>	$\mu_{AB} + \delta_i$	
AC	<i>ref</i>		$\mu_{AC} + \delta_i$
BC		$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i + w$

Design by treatment interaction model

- A model that is completely general is one that allows for all types of inconsistency
 - inconsistency within loops made up of different trials
 - inconsistency between two-arm and three-arm trials
 - and beyond...
- Such a model has been termed a design-by-treatment interaction model

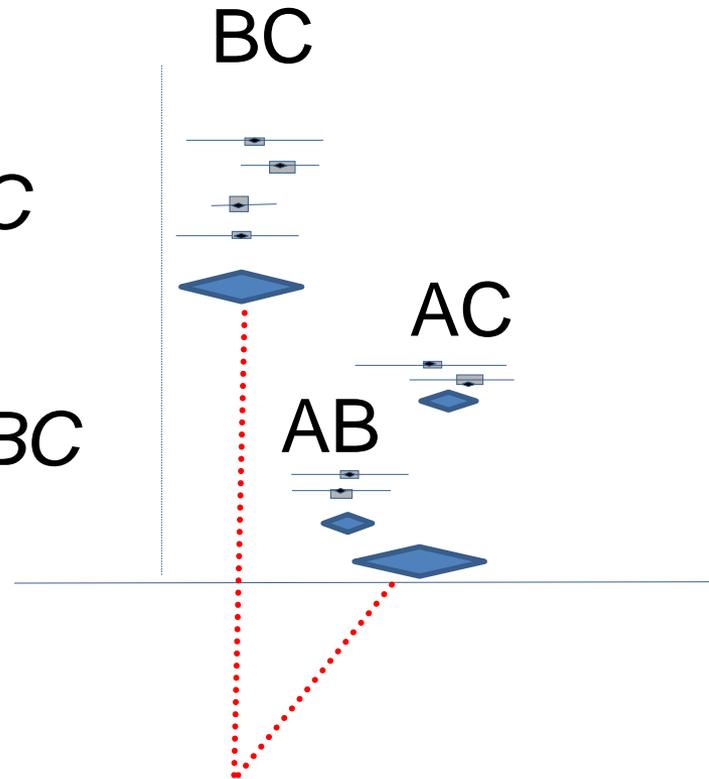
Forms of Inconsistency

Loop Inconsistency



Direct BC

Indirect BC

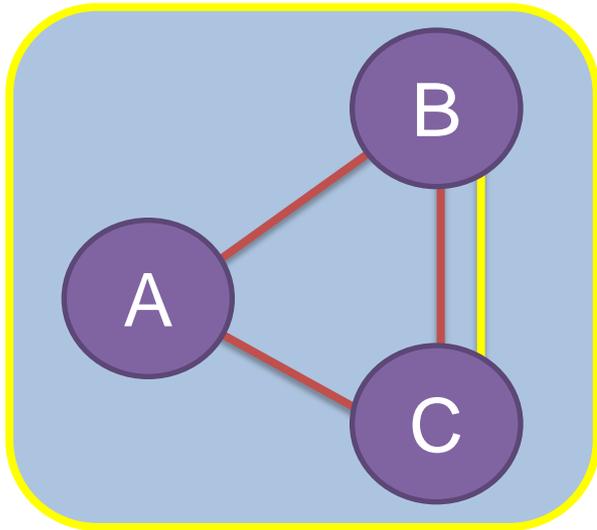


If they statistically differ :

Inconsistency!

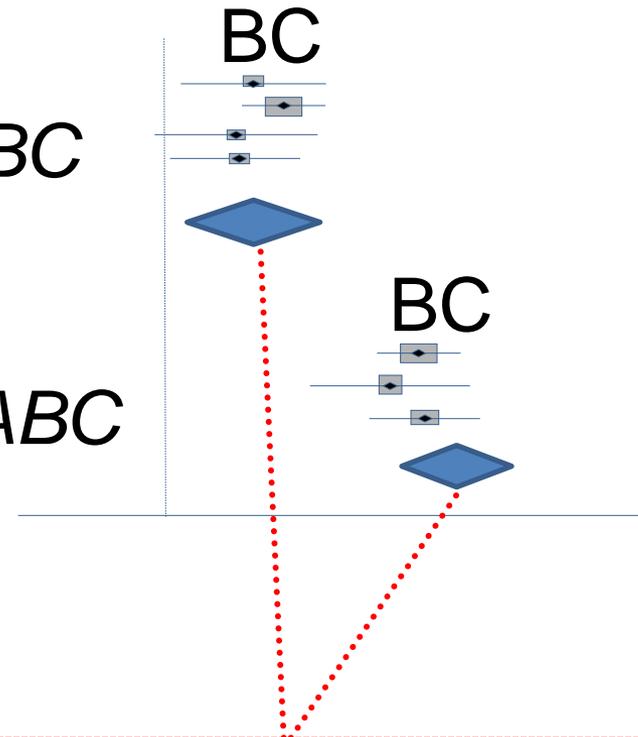
Forms of Inconsistency

Design Inconsistency



Design BC

Design ABC



If they statistically differ :

Inconsistency!

Design-by-treatment interaction model

Modelled log odds ratios (basic parameters μ_{AB} and μ_{AC}); δ_i is the heterogeneity random effect			
<i>Trial</i>	<i>A</i>	<i>B</i>	<i>C</i>
ABC	<i>ref</i>	$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i$
AB	<i>ref</i>	$\mu_{AB} + \delta_i + w_{AB}$	
AC	<i>ref</i>		$\mu_{AC} + \delta_i + w_{AC}$
BC		$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i + w_{BC}$

[Higgins et al/ RSM 2012], [White et al/ RSM 2012]

Lu and Ades model for inconsistency with a three-arm trial

Modelled log odds ratios (basic parameters μ_{AB} and μ_{AC}); δ_i is the heterogeneity random effect			
<i>Trial</i>	<i>A</i>	<i>B</i>	<i>C</i>
ABC	<i>ref</i>	$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i$
AB	<i>ref</i>	$\mu_{AB} + \delta_i$	
AC	<i>ref</i>		$\mu_{AC} + \delta_i$
BC		$\mu_{AB} + \delta_i$	$\mu_{AC} + \delta_i + w$

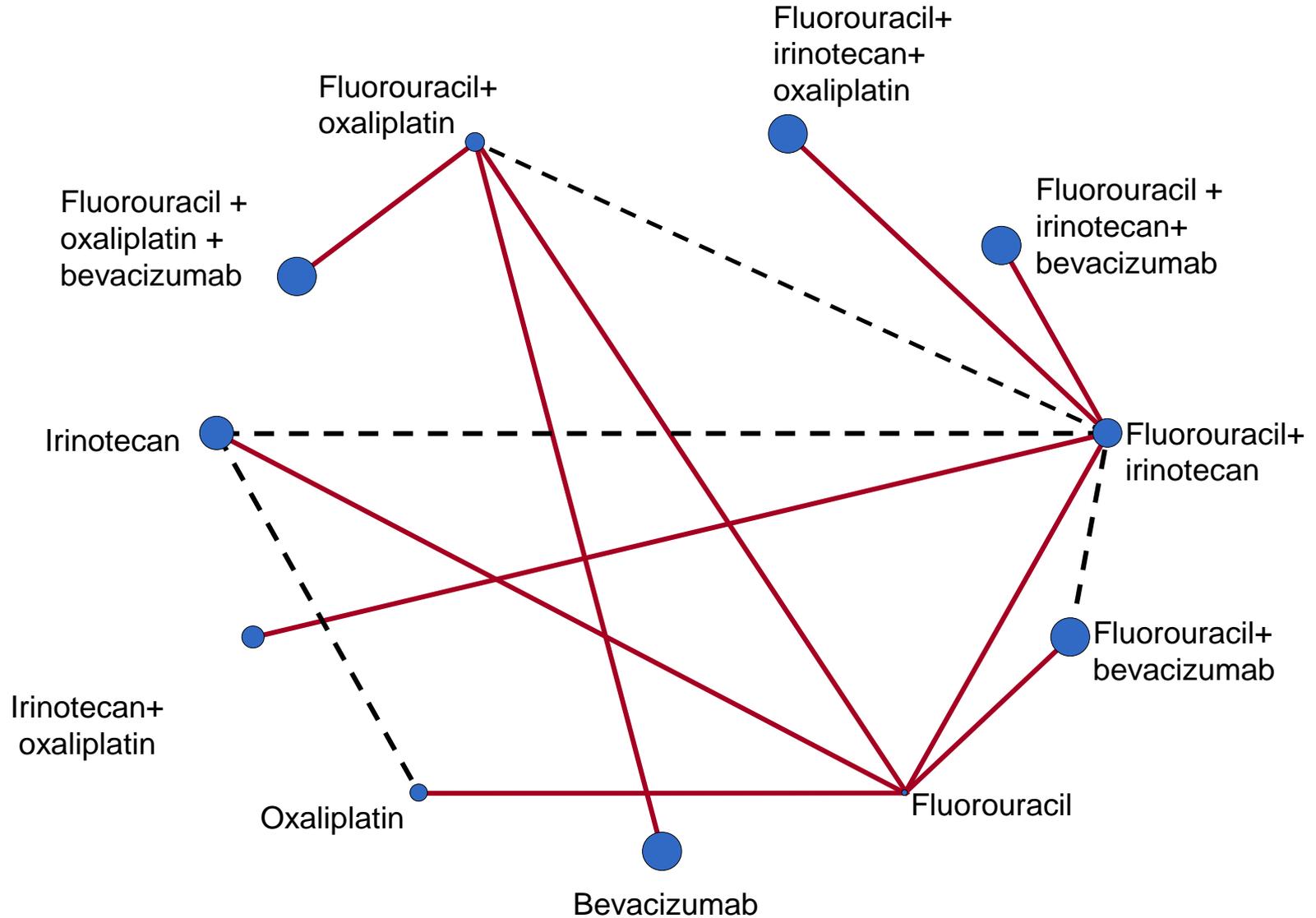
Modelling the w parameters

- When we have several inconsistency (w) parameters, we could let them have a random-effects distribution across comparisons

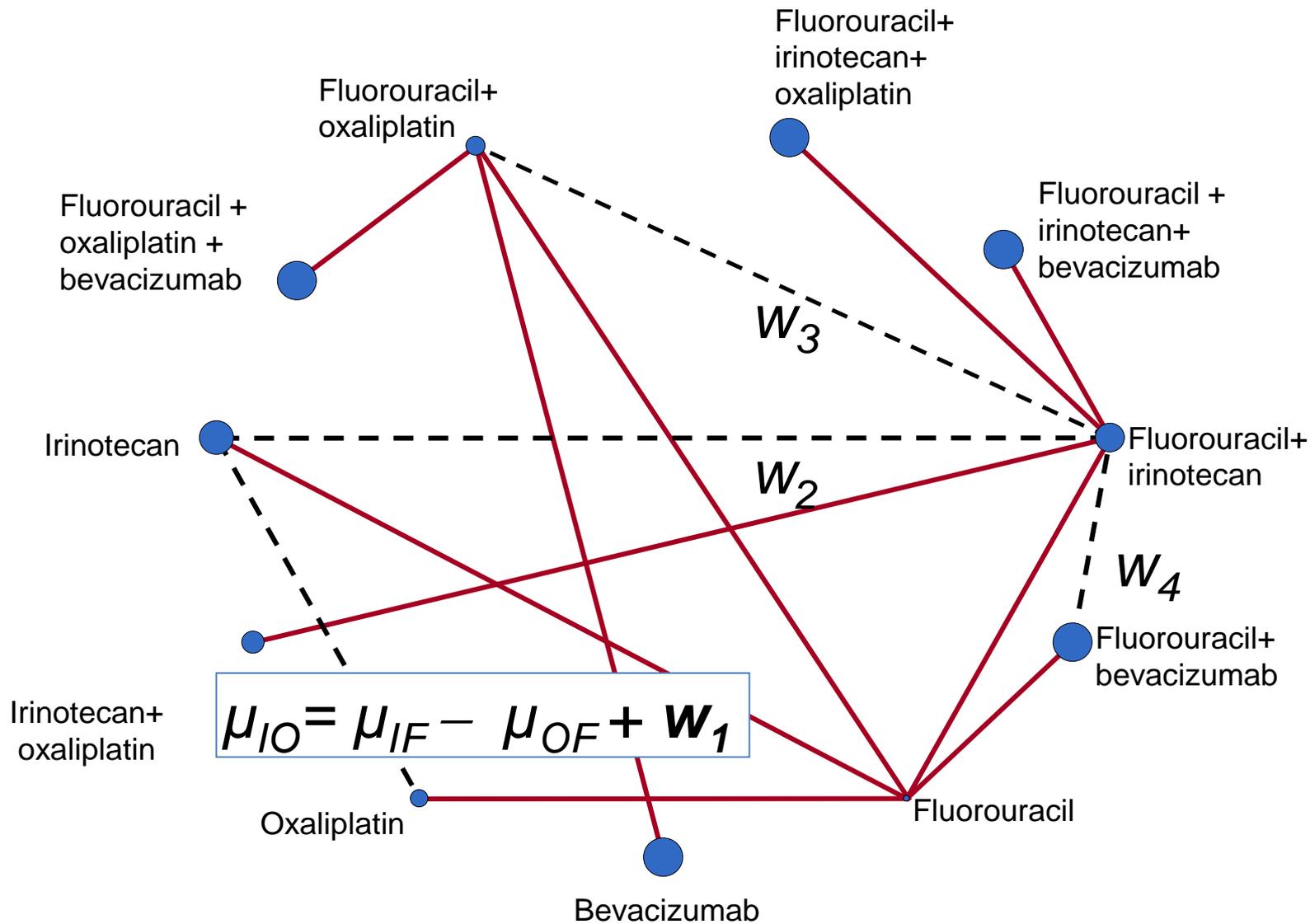
$$w_j \sim N(0, \sigma^2)$$

- Comparing σ^2 with τ^2 (*heterogeneity*) allows us to assess the magnitude of the inconsistency
- I prefer to use fixed effects for the w parameters
 - can interpret them individually
 - and it's easier to fit the model using Stata

Example: Survival with 11 chemotherapy regimens in colorectal cancer



Lu and Ades model for colorectal cancer



Results: colorectal cancer network

- $w_1 = -0.08$, $w_2 = -0.07$, $w_3 = -0.06$, $w_4 = -0.03$
 - No loop is remarkably inconsistent
- $\sigma^2 = 0.11$ (SD 0.04), $\tau^2 = 0.19$ (SD 0.18)
- $P(\sigma^2 > \tau^2) = 0.41$
 - No important changes in posterior HRs or fit

What if we find inconsistency?

- Try to explain inconsistency!
- Use network meta-regression
- Might consider
 - presenting results from the inconsistency model
 - presenting a variety of separate direct, indirect and mixed comparisons
- Be careful! Selective inclusion of evidence pieces might lead to bias

Comparison of assumptions (random effects models)

Meta-analysis

Similarity of participants, interventions and outcomes

Appropriate modelling of study data (within-study variances often assumed known, uncorrelated with effects)

Normal distribution for random effects

Possibly covariates to explain heterogeneity

Network meta-analysis

Similarity of participants, outcomes; **'random selection' of interventions**

Appropriate modelling of study data (within-study variances often assumed known, uncorrelated with effects)

Normal distribution for random effects

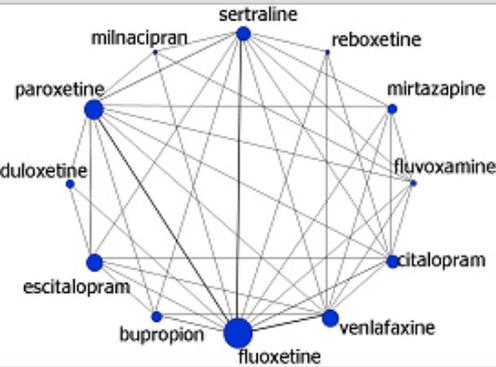
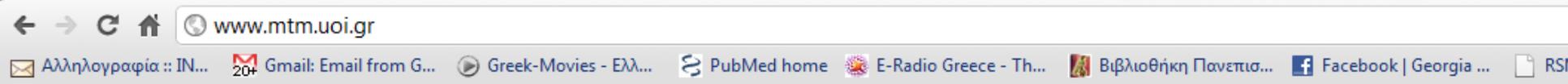
Possibly covariates to explain heterogeneity **and/or inconsistency**

Possible assumptions about different τ values for different comparisons

Possible extra parameters to allow for inconsistency across comparisons

Hands on

www.mtm.uoi.gr



Multiple-Treatments Meta-Analysis

A Framework for Evaluating and Ranking Multiple Healthcare Technologies

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Multiple-Treatments Meta-analysis (MTM)

Meta-analysis is the statistical technique used to synthesize evidence from experiments addressing the same research question. It is often used to combine data from clinical trials regarding the relative effectiveness of two interventions in order, for example, to infer about whether antihypertensives A and B are equally effective in lowering blood pressure.

The main drawback of the current state of the art is that meta-analysis focuses on comparing only two alternatives. However, clinicians and patients need to know the relative ranking of a set of alternative options and not only whether option A is better than B.

The statistical methodology applied to synthesize information over a network of comparisons involving all alternative treatment options for the same condition is called **Multiple-Treatments Meta-Analysis**.

This site provides

- an introduction to statistical and methodological issues related to MTM
- links to training material
- support to statisticians with the analysis of networks of interventions

Hands on

- www.mtm.uoi.gr
- Go to 'how to do an MTM' tab
- Use R routine `mtmnetwork.plot` to plot a network
- Use the R routine `ifplot.fun` to plot inconsistency in all closed loops
- In WinBUGS: read the description of models (e.g. www.mtm.uoi.gr/3.binarymodeldescription.pdf) download the data and the WinBUGS code
- Use the R routine `sucraplot.fun` to get rankograms and SUCRA
- Go to 'STATA routines for Network Meta-Analysis' tab for an implementation of network meta-analysis



Research Synthesis Methods

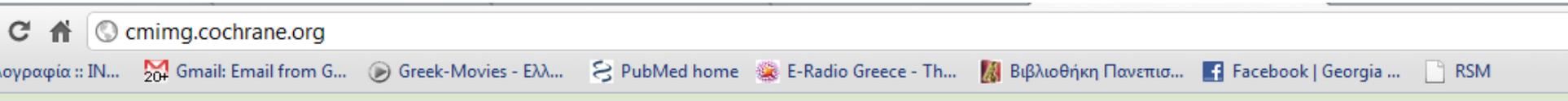
The official journal of the Society for Research
Synthesis Methodology

<http://www.srsm.org/>

*A special issue for Network Meta-analysis
published in 2012*

The Cochrane Collaboration

A new methods group has been recently established to support reviews that aim to compare multiple interventions cmimg.cochrane.org



Comparing Multiple Interventions Methods Group

Welcome

The Comparing Multiple Interventions Group focuses on methodology for comparing multiple interventions in the context of both Cochrane systematic reviews on the effects of intervention and on Cochrane Overviews of reviews. We consider how to best meet the needs of a healthcare decision-maker approaching The Cochrane Library asking "which intervention should I use for this condition?"

Cochrane Overviews were developed by the Collaboration's 'Umbrella Reviews Working Group', and aim to summarize the findings of multiple standard Cochrane reviews, for example when different reviews address different interventions for a single clinical condition. A key aim of the Methods Group is to consider how the aims, methods and processes for Overviews might evolve over time.

The Methods Group also brings together expertise in multiple treatments meta-analysis (also known as network meta-analysis, and mixed treatment comparisons meta-analysis). We are exploring issues around the validity

Search

Our news

[Report from Milan CMIM Available](#)

[First Meeting of the Cochrane Multiple Interventions Methods Group](#)



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Welcome

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Who's Involved

Workshops and Presentations

Keystone 2010

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Relevant Publications and Links

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Thank you!
Questions?