# Individual participant data meta-analysis

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# Acknowledgements

- Thomas Debray, UMC Utrecht
- Richard Riley, Keele University
- Tony Marson, University of Liverpool
- Paula Williamson, University of Liverpool

# Outline

- What is IPD?
- Why IPD?
- How to get and process IPD
- How to analyse IPD
   (i) treatment effect
   (ii) treatment enveriets interv
  - (ii) treatment-covariate interaction
- Further issues
- Practical session (using R)

## Aggregate Data (AD) published

Table 4. Summary of Efficacy Results: Overall Survival and           Progression-Free Survival					
	No. of	%			
	Patients	GemCis	Gem	HR	Log-Rank P
Median OS					
All patients	190	7.5	6.0	0.80	.15
Locally advanced	39	10.3	10.4	0.68	.29
Metastatic	151	7.2	4.7	0.82	.23
KPS 70%-80%	76	4.9	4.8	1.13	.64
KPS 90%-100%	84	10.7	6.9	0.62	.051*
6-month survival		59.0	50.5		.45
12-month survival		25.3	24.7		.21
Median PFS					
All patients	190	5.3	3.1	0.75	.053
Locally advanced	39	8.6	3.2	0.30	.0053
Metastatic	151	4.2	3.1	0.84	.31
KPS 70%-80%	76	2.8	2.9	0.91	.69
KPS 90%-100%	84	7.7	2.8	0.54	.013†

Abbreviations: GemCis, gemcitabine plus cisplatin; Gem, gemcitabine alone; HR, hazard ratio; OS, overall survival; KPS, Karnofsky performance status; PFS, progression-free survival.

\*Peto-Wilcoxon-Test P = .0079.

†Peto-Wilcoxon-Test P = .0020.

Journal of clinical oncology 2006, 24:3946-3952.

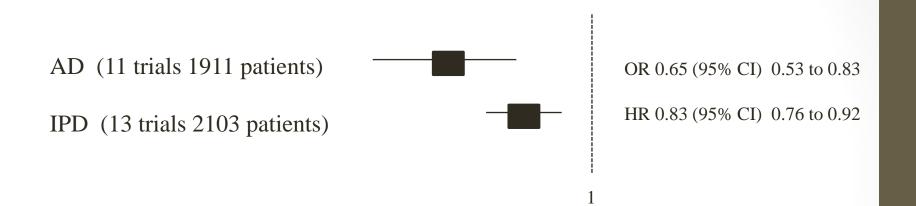
## Individual participant data (IPD)

Patient Number	Treatment	Survival Time (Days)	Status	Age	Sex	Stage
1	E	44	Dead	67	m	IV
2	E	54	Dead	64	m	ш
3	E	67	Alive	55	f	ш
4	С	43	Dead	79	f	IV
5	С	70	Alive	62	m	IV
6	E	88	Dead	60	f	IV
7	С	99	Alive	57	m	Ш
8	С	45	Dead	66	m	
9	E	90	Alive	59	f	
10	С	23	Dead	53	m	IV

## IPD vs AD

- IPD and AD meta-analysis can be equivalent
  - if data are equivalent
  - If treatment effect measure are equivalent
- Discrepancies usually arise because IPD data sets include different data to AD
  - IPD may reinstate patients originally excluded
  - IPD may include additional follow-up data
  - IPD may use more appropriate effect measure

# IPD vs AD



#### Pignon JP and Arriagada R. Lancet 1993.

## IPD vs AD

- Empirical evidence precision and size of effect varies compared to AD but no systematic pattern
- Further empirical evidence is needed : Individual patient data meta-analyses compared with meta-analyses based on aggregate data. Clarke MJ, Stewart L, Tierney J, Williamson PR
   Protocol for methodology review – Cochrane Library
- "..the balance of gains and losses of the approach will vary according to the disease, treatment, and therapeutic questions explored" Stewart and Tierney 2002



Reinstate patients into the analysis who were originally excluded

- Tierney and Stewart (2005) IPD meta-analysis in soft tissue sarcoma
- 99% of the 344 patients that had been <u>excluded</u> from published individual trial analyses were recovered

Meta-analysis with exclusions:HIMeta-analysis reinstating all exclusions:HI

HR=0.85 (p=0.06) HR=0.90 (p=0.16)

# Why IPD?

#### **Overcome outcome reporting bias (ORB)**

• Definition: Selection of a subset of the original recorded outcomes, on the basis of the results, for inclusion in publication

### The impact of outcome reporting bias in randomised controlled trials on a cohort of systematic reviews

Jamie J Kirkham,<sup>1</sup> Kerry M Dwan,<sup>1</sup> Douglas G Altman,<sup>2</sup> Carrol Gamble,<sup>1</sup> Susanna Dodd,<sup>1</sup> Rebecca Smyth,<sup>3</sup> Paula R Williamson<sup>1</sup>

- ORB suspected in at least one trial in 34% of 283 Cochrane reviews
- 42 significant meta-analyses
  - 8 (19%) would not have remained significant
  - 11 (26%) would have overestimated the treatment effect by > 20%

[ 10 ]

*BMJ* (2010); **340**:c356

# Why IPD ?

#### Detailed exploration of participant level covariates' influence on treatment effect

- Meta-analysis of 5 RCTs of anti-lymphocyte antibody induction therapy vs control for renal transplant patients (Berlin et al., 2002)
- Difference in treatment effect between patients with elevated antibodies compared to non-elevated?
  - Aggregate Data to estimate across-trials interaction: estimated difference in log odds ratio between elevated and nonelevated patients = -0.01 (p = 0.68)
  - IPD to estimate the pooled within-study interaction: estimated difference in log odds ratio between elevated and nonelevated patients = -1.33 (p = 0.01)

# Why IPD?

Data checking & standardisation of analysis	Outcome definition can be standardised across trials
More complete analysis	<ul> <li>Include follow-up beyond initial publication</li> <li>Reinstate patients into the analysis who were originally excluded</li> <li>May be able to overcome outcome reporting bias</li> </ul>
Detailed exploration of participant level covariates influence on treatment effect	<ul> <li>Maximum information using patient as unit of analysis - more power to identify clinically moderate interaction</li> <li>Direct interpretation for individual patient</li> <li>No reporting bias of subgroup analyses</li> <li>No ecologic bias</li> </ul>
More thorough analysis of time-to-event data	<ul> <li>Check model assumptions eg proportional hazards</li> <li>More accurate (if published AD restricted)</li> </ul>

But the IPD approach will be more resource intensive!

- Eligible trials identified by search as in an AD review
- Identify contact author eg email address published in journal
- Response to request can vary



• Variation in data format and supporting material

Initiatives to encourage data sharing and clinical trial transparency



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The BMJ requires data sharing on request for all trials





All Trials Registered | All Results Reported

← → C A https://ctu-web.lshtm.ac.uk/freebird/index.php/about/
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Sandercock et al. Trials 2011, 12:101 http://www.trialsjournal.com/content/12/1/101



#### RESEARCH

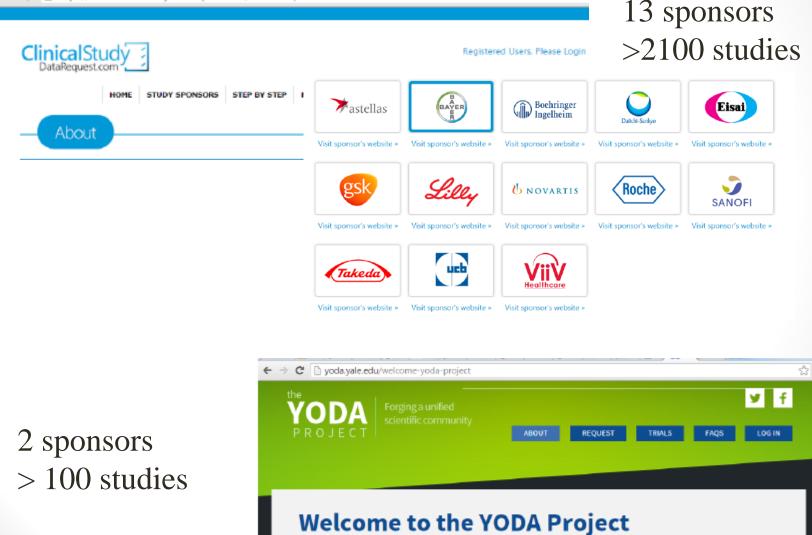
**Open Access** 

#### The International Stroke Trial database

Peter AG Sandercock<sup>1\*</sup>, Maciej Niewada<sup>2,3</sup>, Anna Członkowska<sup>2,3</sup> and for the International Stroke Trial Collaborative Group

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C A ttps://www.clinicalstudydatarequest.com/Default.aspx



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## What to do when you get the IPD

- 1. Understand the data (need to check the trial protocol and decipher the variable codes)
- 2. Replicate published results (to help with 1 and identify queries)
- 3. Check the data (e.g. check chronological randomisation sequence, are there any missing patients?)
- 4. Raise queries if possible
- 5. 'Clean' data
- 6. Recode to a consistent format across trials (depends on analysis approach)
- 7. Define outcomes consistently across trials
- 8. Analyse data good practice to have a pre-specified statistical analysis plan
- 9. May need to share results with data provider

## **Reporting IPD meta-analysis**

Special Communication

Preferred Reporting Items for a Systematic Review and Meta-analysis of Individual Participant Data The PRISMA-IPD Statement

Lesley A. Stewart, PhD; Mike Clarke, DPhil; Maroeska Rovers, PhD; Richard D. Riley, PhD; Mark Simmonds, PhD; Gavin Stewart, PhD; Jayne F. Tierney, PhD; for the PRISMA-IPD Development Group

JAMA. 2015;313(16):1-1665. doi:10.1001/jama.2015.3656

# Meta-analysis of IPD

### Meta-Analysis of IPD – two stage

Stage 1: Fit model to IPD in each trial e.g for time to event data:

$$\lambda_{k(i)} = \lambda_{0(i)}(t) \exp(\beta_{(i)} x_{k(i)})$$

Treatment effect (logHR) in trial (*i*)

where  $x_{k(i)} = 1$  for treatment and 0 for control for patient k in trial i

Stage 2: combine treatment effects ( $\hat{\beta}_{(i)}$ ) and variance using standard meta-analysis method

$$\hat{\beta} = \frac{\sum_{i} w_{i} \hat{\beta}_{(i)}}{\sum_{i} w_{i}}$$

• either fixed effect or random effects

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### Meta-Analysis of IPD - one stage

combine all patient data from all studies in one single model *taking into account the clustering of patients within study e.g. for time to event data* 

#### Fixed effect

Treatment effect (logHR) – assumed common 'fixed'

 $\lambda_{ik} = \lambda_{0i}(t) \exp(\beta x_{ik})$  where  $x_{ik} = 1$  for treatment and 0 for control for patient *k* in trial *i* 

**Random effects**   $\lambda_{ik} = \lambda_{0i}(t) \exp(\beta_i x_{ik})$  $\beta_i = \beta + b_i$  and  $b_i \sim N(0, \tau^2)$ 

Average treatment effect for a population of possible effects

Degree of heterogeneity

## Meta-Analysis of IPD - one stage

Outcome data type	Basic Model (assuming random effects)
Continuous	$y_{ik} = \propto_i + \beta_i x_{ik} + e_{ik}$ $e_{ik} \sim N(0, \sigma_i^2)$ $\beta_i \sim N(\beta, \tau^2)$
Binary	$y_{ik} \sim Bernoulli(p_{ik})$ $logit(p_{ik}) = \propto_i + \beta_i x_{ik}$ $\beta_i \sim N(\beta, \tau^2)$
Ordinal	$y_{ijk} \sim Bernoulli(q_{ijk})$ $logit(p_{ijk}) = \propto_{ij} + \beta_i x_{ik}$ $\beta_i \sim N(\beta, \tau^2)$
Count	$y_{ik} \sim Poisson(\mu_{ik})$ $ln(\mu_{ik}) = \propto_i + \beta_i x_{ik}$ $\beta_i \sim N(\beta, \tau^2)$

#### **One-stage models**

- 1. Time to event outcomes (see Tudur Smith et al Statist. Med. 2005; 24:1307–1319)
  - Fixed effect Stratified Cox PH model
  - Random effects SAS macro
- 2. Continuous Outcomes (see Higgins JPT. et al. Stat Med 2001)
  - Fixed effect standard ANOVA model
  - Random effects SAS PROC MIXED, MLwiN, Stata xtmixed, winBUGS
  - 3. Binary Outcomes (see Turner RM. et al. Stat Med 2000)
    - Generally based on logistic regression models
    - Fixed effect models standard stats software eg SAS, R, STATA
    - Random effect models MLwiN, Stata gllamm, winBUGS
  - 4. Ordinal Outcomes (see Whitehead A. et al. Stat Med 2001)
    - Based on proportional odds models

#### **Common practice**

- Simmonds et al (2005), n=44, 1999-2001
- 65% with <=10 trials
- two-stage methods most common
- poor reporting
- **Pignon et al (2007)**, lung cancer, n=9, -2006
- two-stage methods most common
- Kolamunnage-Dona (2008), n=79 (62 with data on number of trials), IPDMWG
- median 10 trials, range 2-63
- two-stage methods most common

#### **Two-stage vs One-stage**

- Two-stage :
  - More accessible to non-statisticians
  - More in the spirit of traditional meta-analysis (can use RevMan) : Forest Plot and Heterogeneity statistics output
  - Random effects easy (not the case for one-stage time to event data)
  - Can easily incorporate both IPD and AD estimates
- But,
  - Less flexibility and more long winded
  - Lower power for detecting nonlinear associations between continuous exposures and the outcome(s) of interest
  - May lead to bias in pooled effects, standard errors, between-study heterogeneity, and correlation between random effects when few studies or few participants (or events) per study are available, when statistical models cannot fully account for follow-up times or for the time between recurrent events (see Debray et al 2015).
- Both approaches give similar (if not identical) results most of the time! Discrepancies can largely be explained by different assumptions rather than the number of stages (Morris and Fisher)

## **Software for Two Stage Approach**

• Using Revman (free)

#### Stage 1:

Use standard statistical analysis software to obtain  $\hat{\beta}_{(i)}$  - estimates of treatment effect and variance within each trial

#### Stage 2:

Input data using Generic Inverse Variance Method in Revman

### **Software for Two Stage Approach**

The Stata Journal (2015) **15**, Number 2, pp. 369–396

# Two-stage individual participant data meta-analysis and generalized forest plots

David J. Fisher MRC Clinical Trials Unit at University College London London, UK d.fisher@ucl.ac.uk

Stata command ipdmetan for two-stage IPD meta-analysis of any measure of effect

- estimates random effects and heterogeneity statistics
- can include additional covariates and interactions
- can combine IPD and AD
- produces detailed and flexible forest plots

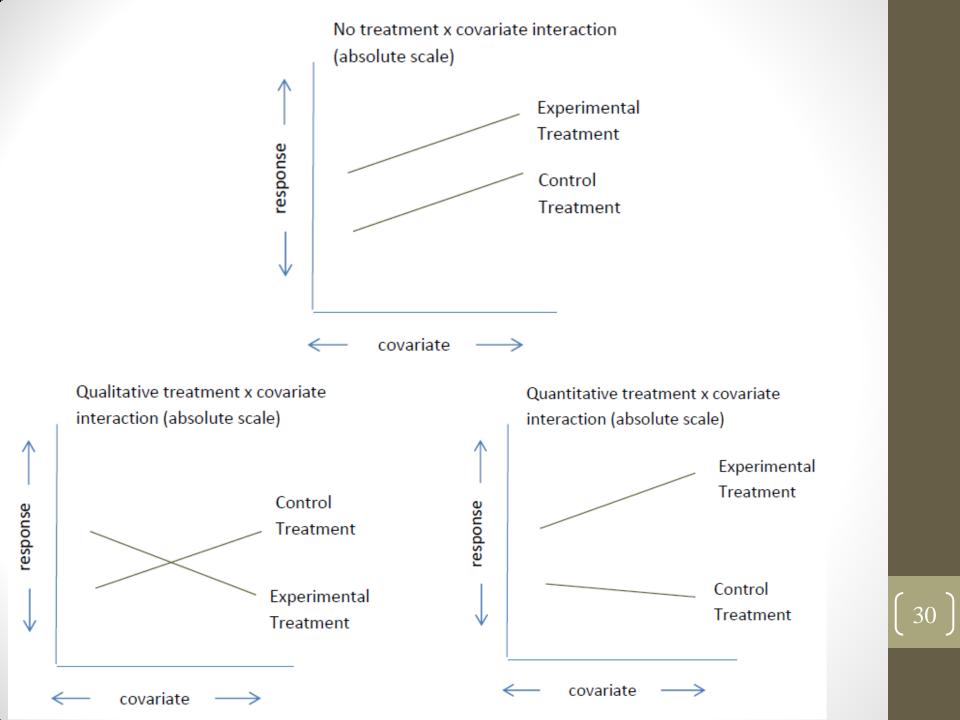
#### Software examples for one-stage meta-analysis

Any software that estimates multilevel mixed-effects linear models (also known as mixed-effects, multilevel, or hierarchical models)

Software	command	model
R	lme4 coxme	GLMM using ML and REML (mixed linear models) Mixed effects Cox PH model
SAS	PROC MIXED	Mixed linear models using ML, REML or MOM
stata	Gllamm mixed	GLMM using ML GLMM using ML, REML and EM
MLWin	-	GLMM and survival using ML, REML and EM

For further details see Debray et al Res. Syn. Meth. 2015, 6 293-309

# Interactions between treatment and covariate



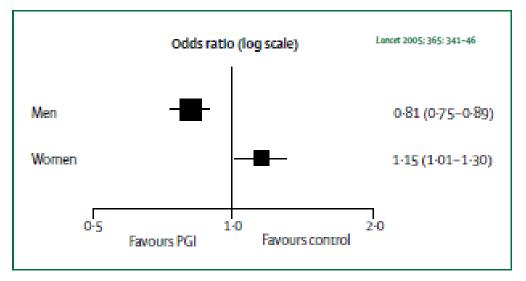
### **Investigating interactions**

• Does treatment effect differ according to particular patient level characteristics?

e.g. Is carbamazepine more effective for focal seizures and valproate more effective for generalised seizures?

- Can we explain heterogeneity in treatment effects?
- To explore this we need to examine treatment covariate interactions (also referred to as treatment effect modifier or subgroup analyses)

# **Investigating interactions**



Interaction p<0.0001

Figure 3: Odds ratios (95% CI) of death or myocardial infarction in men and women based on individual patient data

Platelet glycoprotein IIb/IIIa inhibitors in acute coronary syndromes: a meta-analysis of all major randomised clinical trials

Lancet 2002; 359: 189–98

# Why not AD?

Detailed exploration of participant level covariates influence on treatment effect

- Meta-regression based on AD can only tell us about the across trial relationships between treatment effect and aggregated trial level covariate (eg mean age)
  - Will only identify differences if large variation in aggregated trial level covariate values
  - Ecological bias (relationship across trials doesn't necessarily reflect within trial relationship)
  - Confounding (eg an observed relationship between treatment effect and mean age may be due to higher dose of treatment given to older patients)

# Why not AD?

Detailed exploration of participant level covariates influence on treatment effect

- Lambert et al., 2004 simulated 1000 meta-analyses, each with 5 trials and treatment effective for high risk patients but ineffective for low risk patients
- Each meta-analysis analysed first using IPD, and then using meta-regression; treatment-covariate interactions estimated in both cases
  - IPD approach has a power of 90.8% to detect interactions
  - AD approach (meta-regression) has a power of 10.8% detect interactions



#### Investigating interactions: two stage approach

#### Simmonds and Higgins, 2007

# Estimate the treatment effect (and variance) and interaction between covariate and treatment effect, (and variance), in each trial separately

$$y_{k(i)} = \propto_{(i)} + \beta_{(i)} x_{k(i)} + \mu_{(i)} z_{k(i)} + \gamma_{(i)} x_{k(i)} z_{k(i)} + e_{k(i)} e_{k(i)} \sim N(0, \sigma_{(i)}^{2})$$

 $x_{k(i)}$ : treatment indicator variable (1: treated, 0: control)

 $z_{k(i)}$ : covariate value (eg 1: male, 0: female)

Stage 1:

 $\gamma_{(i)}$ : Interaction between treatment and covariate (change in treatment effect for male compared to female)

#### **Investigating interactions: two stage approach** Simmonds and Higgins, 2007

 $y_{k(i)} = \alpha_{(i)} + \beta_{(i)} x_{k(i)} + \mu_{(i)} z_{k(i)} + \gamma_{(i)} x_{k(i)} z_{k(i)} + e_{k(i)} e_{k(i)} \sim N(0, \sigma_{(i)}^{2})$ 

#### Stage 2:

- i. Take the treatment effect estimates  $(\hat{\beta}_{(i)})$  and variance for each trial and combine them in a usual fixed-effect or random-effects meta-analysis
- ii. Take the interaction estimates  $(\hat{\gamma}_{(i)})$  and variance for each trial (within trial estimates), and combine them in a usual fixed-effect or random-effects meta-analysis

#### Investigating interactions: one stage approach

#### Simmonds and Higgins, 2007

$$y_{ik} \neq \alpha_i + \beta_i x_{ik} + \mu_i z_{ik} + \gamma_i x_{ik} z_{ik} + e_{ik}$$

Important:

(i) Account for clustering within trial  $e_{ik} \sim N(0, \sigma_i^2)$  $\beta_i \sim N(\beta, \tau^2)$ 

Assumptions about  $\gamma_i$ 

i) Fixed (separate in each trial) ii) Common ( $\gamma_i = \gamma$ ) iii) Random ( $\gamma_i \sim N(\gamma, \theta^2)$ )

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#### Investigating interactions: one stage approach

Riley et al. Statist. Med. 2008; 27:1870–1893

$$y_{ik} \neq \alpha_i + \beta_i x_{ik} + \mu_i z_{ik} + \gamma_W x_{ik} (z_{ik} - m_i) + \gamma_A x_{ik} m_i + e_{ik}$$
$$e_{ik} \sim N(0, \sigma_i^2)$$
$$\beta_i \sim N(\beta, \tau^2)$$

Important:

(i) Account for clustering within trial

(ii) Separate the within and across trial interaction

# Further topics

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## IPD unavailable....?

- Could studies with IPD represent a biased sample?
  - Yes if reason is related to treatment effect e.g. if IPD denied from all studies that favour control
- Can suitable AD be extracted from studies with missing IPD?
  - Undertake separate analysis of AD and compare to IPD
  - Combine if reasonable

STATISTICS IN MEDICINE Statist. Med. 2008; 27:1870–1893 Published online 11 December 2007 in Wiley InterScience (www.interscience.wiley.com) DOI: 10.1002/sim.3165

Meta-analysis of continuous outcomes combining individual patient data and aggregate data

Richard D. Riley<sup>1,\*,†</sup>, Paul C. Lambert<sup>2</sup>, Jan A. Staessen<sup>3</sup>, Jiguang Wang<sup>4</sup>, Francois Gueyffier<sup>5</sup>, Lutgarde Thijs<sup>3</sup> and Florent Boutitie<sup>6</sup>

## NMA of IPD

#### Combining individual patient data and aggregate data in mixed treatment comparison meta-analysis: Individual patient data may be beneficial if only for a subset of trials <u>Stat Med.</u> 2013 Mar 15;32(6):914-30.

Sarah Donegan,<sup>a\*†</sup> Paula Williamson,<sup>a</sup> Umberto D'Alessandro,<sup>b</sup> Paul Garner<sup>c</sup> and Catrin Tudur Smith<sup>a</sup>

# Network meta-analysis of individual and aggregate level data<sup>‡</sup>

Jeroen P. Jansen\*<sup>†</sup>

Res. Syn. Meth. 2012, 3 177-190

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## Practical

 Undertake a two-stage and one-stage meta-analysis of IPD in R (see separate worksheet)

Please do contact me for further information <u>cat1@liv.ac.uk</u>

